



# January 2024

Sun	Mon	Tuesday	Wed	Thursday	Fri	Sat
	1	<b>2 EI</b> Top of the hill efforts (Top of Centre Drive)	3	<b>4 WR 4</b> Bury Rd, Granby St, St John's Ave, Crockfords Road, Avenue	5	6
7	8	<b>9 EH</b> 5K Handicap	10	11  Track Only	12	13
14	15	<b>16</b> Marks 1 mile effort session Hi Viz essential Head Torch's recommended Meet at Racing Centre	17	<b>18 WR1</b> Exning, Studlands, Fordham Road, Welly, Avenue.	19	20
21	22	<b>23 EA</b>  Yassoo (Scalback)	24	<b>25 WR 12</b> Clocktower, Wellington pub, Duchess Drive, Ashley Road, Avenue c6M	26	27
28	29	<b>30 ED</b>  Centre Drive efforts	31			