

# Newmarket Joggers - 2023 AGM Minutes

16<sup>th</sup> November 2023

7pm

The Racing Centre,  
Newmarket

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**Type of meeting:** Annual General Meeting

**Chair:** Kate Warboys

**Minutes Taken By:** James Smith

**Attendees** Kate Warboys (KW) Brian Munns (BM) Mark Hayward (MH) James Smith (JS) Phil Blundell (PB) Jim Withers (JW) Neil Pollard (NP) Sophie Adams (SA) Sarah Martin (SM) Angela Brennan (AB) Jeremy Reader Caroline McIntosh Chris Aylmer Helen Wass Jenny Osbourn Malcolm Osbourn Pearl Fay Wendy Ancill Stuart Janes Nicole Smith Jo Bouttell Jackie Henley Hannah Pollard Robert Dobson Alan Shand Elke Hausler Martin Smith Svitlana Zinchenko Francine Dasseville Andy Fryatt Ian Butcher Ellie Bithell

**Apologies** Sianie Painter Mark Geddie Bridget Wallwin Jan Holmes Paul Holley Stuart Sowerby Sarah Kinston Alan Thornhill Jonathan Ollington Ruth Eberhardt

## *Minutes*

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**Agenda item:** Introduction & Guest Speaker

**Presenter:** Kate Warboys

### **Discussion:**

KW opened 2023 AGM at 19:05 welcoming all attendees. KW then introduced guest speaker NP who gave a presentation on connections between his horse racing career and running ('Golden Thread') giving an overview of his jockey career and the coaching that he now does within the industry. This led into NP discussing how the nutrition and training side for racehorses is very similar to standard eating and training patterns for runners. This was followed by a Q&A session for attendees.

### **Conclusions:**

2023 AGM opened

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**Agenda item:** Minutes from 2022 & Matters Arising

**Presenter:** Kate Warboys

### **Discussion:**

KW asked attendees to read through and confirm if they had any matters arising from 2022 AGM minutes, none raised. KW highlighted that there were 2 action points from 2022 minutes which would be covered during the AGM (Membership Renewal reminders and club logo) Minutes approved by those present, proposed by Nicole Smith and seconded by Helen Wass.

### **Conclusions:**

2022 AGM minutes approved.

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**Agenda item:** Presentation of Directors' and Chair's Annual Report

**Presenter:** Kate Warboys

### **Discussion:**

Refer to pages 3 to 5 of NJ AGM 2023 Annual Report.

KW explained the current ethos of the club and how members have helped towards this in the past 12 months.

Refer to page 5 of NJ AGM 2023 Annual Report.

SA and KW went through a list of successful social events over the past 12 months and how this linked into the current club goal to be socially fun with social values.

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**Agenda item:** Annual Membership Report

**Presenter:** Angela Brennan

**Discussion:**

Refer to page 6 of NJ AGM 2023 Annual Report.

AB reported the following numbers on membership:

- 190 members (149 seniors, 41 juniors)
- 13 juniors and 19 seniors didn't renew for 2023/24 period.
- 185 members are 1<sup>st</sup> claim Newmarket Joggers
- 91 female members, 99 male members

AB asked members for support to create a welcoming environment for potential new members when they are trying out the club for the first time, as the subsequent uptake from potential new members was low. Steps towards this have been the creation of a new 'buddy' system WhatsApp group. AB welcomed other members to join this group.

**Conclusions:**

Anticipate club size to increase over last year's figure of 193 before April 2024 renewal.

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**Agenda item:** Event's Captain Report

**Presenter:** Brian Munns

**Discussion:**

Refer to pages 7 to 14 of NJ AGM 2023 Annual Report.

KW explained merger of 2 previous captain's roles to create Events Captain.

BM went through performances of Newmarket Joggers in the last 12 months, highlighting:

Cross Country – Highest placings in Suffolk Winter League in memory.

Suffolk road relays.

Heath Race – BM acknowledged SM & JW hard work in putting this event on successfully.

Arkwright's 5k – New highest league positions in the current 5k league format.

Newmarket 10k – BM acknowledged the club's hard work (in particular JW) in putting on this year's event which was also the Suffolk 10k Championships.

Ekiden

Round Norfolk Relay

BM highlighted Elke Hausler's age category world records in the Steeplechase. BM finished with thanking members for their dedication in attending races in the last 12 months.

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**Agenda item:** Training Captain's Report

**Presenter:** Phil Blundell

**Discussion:**

Refer to pages 7 to 14 of NJ AGM 2023 Annual Report.

PB presented on training including summary of current training sessions offered. PB gave updates on current coaches and informed members that the club really could do with more members training as either EA qualified LIRFs or coaches

(club would fund these courses for members). PB also updated on new competition disciplines being done by members and the investment in equipment to support this.

Stuart Janes gave members an update from a grass track coaching point of view, thanked various members of the coaching team for their hard work in the last 12 months and encouraged members to give track training a try and speak to the various coaches.

PB answered question on renewing your LIRF from Hannah Pollard (not required to take whole course again) then took question from Jenny Osborn on if club would be looking at holding a beginner's course, PB stated beginners was a congested market. However, if any members wished to offer a course to speak to him. Jackie Henley asked if walking training can be done on both training nights, SJ confirmed it can be. Helen Wass advised people can be encouraged to do Run Newmarket if starting or getting back into running.

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**Agenda item:** Welfare Officer's Report **Presenter:** Sarah Martin

**Discussion:**

Refer to page 20 of NJ AGM 2023 Annual Report.

SM presented on safeguarding and welfare.

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**Agenda item:** Treasurer's Report **Presenter:** Mark Hayward

**Discussion:**

Refer to pages 21 to 28 of NJ AGM 2023 Annual Report.

MH presented annual reports including loss of £339 this would have been higher if not for sponsorship (turnover has increased compared to previous year). Memberships subs account for 45% of income. MH presented financial figures for 2 races hosted by the club, leading to discussion of financial and personal consequences of hosting races. MH went through expenditure breakdown and current club financial position, increase of EA affiliation fee to be covered by club, member fees to increase by £2 to match increase of EA athlete membership fee. MH went through the full benefits of EA membership, and presented proposal for different levels of 2024 membership fees as follows:

First claim membership for 2024-2025 will be £58 (up from £56)

Second-claim subs will remain unchanged at £30

In light of increased cost-of-living pressures we will offer a "social" membership option without EA registration, saving £19 (net subs £39 for the year)

Family membership discount: any junior member whose parent/guardian is a first claim senior member will be charged the second-claim rate of £30, saving £28 per child

PB informed attendees that should know by January 2024 should if non-EA members can run in Arkwright's league.

Adopting proposed membership levels was put up for vote among attendees, decisive vote in favour of adopting new membership levels. Wendy Ancill proposed; Helen Wass seconded.

**Conclusions:**

New membership levels agreed

<b>Action items</b>	<b>Person responsible</b>	<b>Deadline</b>
✓ New membership levels for 2024/25 membership year	KW / AB	1 <sup>st</sup> April 2024

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**Agenda item:** New Club identity - 40th Anniversary **Presenter:** Kate Warboys

**Discussion:**

Refer to pages 29 to 31 of NJ AGM 2023 Annual Report.

KW went through next year's club goals which included members participation in training and races, increasing club diversity in activities and increasing the range of competition disciplines.

KW went through new logo design which was agreed via club working group and passed samples for members to look at, overall reaction was positive. KW also gave update on work on new website which should hopefully be ready next year. PB updated members that new kit is now available for ordering from Sigma Sports online now.

**Conclusions:**

Kit with new logo now available for members to order.

Action items	Person responsible	Deadline
✓ New website for 2024	KW / PB	March 2024

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**Agenda item:** Proposal of 2023/24 Committee **Presenter:** Kate Warboys

**Discussion:**

Refer to pages 32 to 33 of NJ AGM 2023 Annual Report.

The following members of the previous 12 months committee all decided to re-stand – there were no challenges. These members were proposed by Elke Hausler and seconded by Helen Wass.

- Chair – Kate Warboys
- Treasurer – Mark Hayward
- Welfare Officer – Sarah Martin
- Training Captain – Phil Blundell
- Events Captain – Brian Munns
- Race Captain – Jim Withers
- Membership Secretary – Angela Brennan
- Social Secretary – Sophie Adams
- Committee Members –Paul Holley & Neil Pollard

Due to JS standing down from role of Club Secretary there was one application from Wendy Ancill to fill this role, this was approved by members (Elke Hausler proposed, Sarah Martin seconded)

Also 2 other club members were elected onto committee as general committee members – Jo Bouttell (Angela Brennan proposed, Pearl Fay seconded) and Hannah Pollard (Nicole Smith proposed, Pearl Fay seconded)

**New 2023/24 Committee:**

- Chair – Kate Warboys
- Club Secretary – Wendy Ancill
- Treasurer – Mark Hayward
- Welfare Officer – Sarah Martin
- Training Captain – Phil Blundell
- Events Captain – Brian Munns
- Race Captain – Jim Withers
- Membership Secretary – Angela Brennan
- Social Secretary – Sophie Adams
- Committee Members – Paul Holley, Neil Pollard, Jo Bouttell and Hannah Pollard

KW thanked JS for his work over past 2 years of being club secretary including presentation of voucher on behalf of club.

**Conclusions:**

Committee for 2023/24 agreed

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**Agenda item:** Any Other Business

**Presenter:** Kate Warboys

**Discussion:**

Refer to page 34 of NJ AGM 2023 Annual Report.

KW asked members if they had any further questions under AOB, when none asked KW officially closed AGM at 9:02pm with NP thanking KW on behalf of the club.