



# December 2023

Sun	Mon	Tuesday	Wed	Thursday	Fri	Sat
					1	2
3 Wood Bridge XC	4	5  5K handicap	6	7 <b>WR4</b> Bury Rd, Granby St, St John's, Crockfords Rd, Avenue	8	9
10	11	12 <b>WR1</b> Exning, Studlands, Fordham Road, Welly, Avenue.	13	14  Track Only	15	16  Xmas party
17	18	19 <b>EE</b> Scalback efforts	20	21  Jingle Jog	22	23
24	25	26  Optional	27	28  Optional	29	30