

Insert non scoring results at the bottom					
EMAC Track & Field League			Central Division - Match 4		Teams = 8
Sandy		Wed	02 August 2023		Overall Match Scores
O/A	Pos	Men's Teams	Bib	Match 4 Points	Final Pos
x	2	Bedford & County AC	1	144	608
x	1	Marshall Milton Keynes AC	5	147	604
x	3	Cambridge & Coleridge AC	3	125	433
x	4	Fairlands Valley Spartans/NHRR	4	77	309
x	7	Wellingborough	7	4	198
x	5	Newmarket Joggers	6	32	145
x	6	Biggleswade AC/Luton AC	2	26	134
x	8	Spare 8	8	0	0

Highest Track Age Graded % = 86.5			
Athlete	Daniel Halapciuc	RDA	40
Club	Marshall Milton Keynes AC		
Event	200m M35-49 - [M35+]		
Result	23.4		
format Result to suit the result (NN.n, NN.nn or NN:NN)			

Highest Field Age Graded % = 68.4			
Athlete	Philip Bowers	RDA	55
Club	Bedford & County AC		
Event	Long Jump M50-59 [M50+]		
Result	4.69		

Single numbers (0-8) RDA = Race Day Age
Do not insert athlete data in Results section - use "Declarations" tab only

2003	200m	200m M35-49 - [M35+]	RDA	Team	Pts	Wind
5	1	Daniel Halapciuc	40	Marshall Milton Keynes AC	23.4	8
3	2	Chung Tu	39	Cambridge & Coleridge AC	25.1	7
1	3	David Olusanya	50	Bedford & County AC	26.6	6
4	4	Anton McCalla	46	Fairlands Valley Spartans/NHRR	29.5	5
7	5	Richard Rauchenberg	47	Wellingborough	30.1	4
2	6	Richard Bevan	38	Biggleswade AC/Luton AC	31.9	3
	7					2
6	8	Daniel Tee	-	Newmarket Joggers	See N/S	-

Records						2023	EA No
M35-49	M50-59	M60+	AG %	EA No			
-	x	x	86.5	3904685			
-	x	x	80.1	3181559			
x	-	x	81.2	2754898			
-	x	x	71.3	3180094			
-	x	x	70.4	4086849			
-	x	x	62.6	2708001			
x	x	x	-	-			
-	-	-	-	-			
-	x	x	76.6	2746604			
-	x	x	78.3	3979201			
-	x	x	73.0	2775197			

2005	200m	200m M50-59 [M50+]	RDA	Team	Pts	Wind
3	1	Stuart Dunlop	50	Cambridge & Coleridge AC	28.2	8
5	2	Conrad Salthouse	56	Marshall Milton Keynes AC	28.7	7
1	3	Lance Croft	57	Bedford & County AC	31.0	6
	4					5
	5					4
	6					3
	7					2
	8					1

2006	200m	200m M60+	RDA	Team	Pts	Wind
1	1	Tennyson James	65	Bedford & County AC	28.1	8
2	2	David Brown	65	Biggleswade AC/Luton AC	31.1	7
6	3	Ian Butcher	65	Newmarket Joggers	34.0	6
5	4	Alasdair Gibson	71	Marshall Milton Keynes AC	35.2	5
3	5	Martin Kilduff	74	Cambridge & Coleridge AC	38.0	4
4	6	Charles Arnold	67	Fairlands Valley Spartans/NHRR	52.7	3
	7					2
	8					1

M35-49	M50-59	M60+	AG %	EA No
-	x	x	83.0	2724349
-	x	x	79.0	2685908
-	x	x	79.4	2991924
-	x	x	75.2	3259465
-	x	x	67.9	2708001
-	x	x	65.4	4050893

1Mile3	1Mile	1 Mile M35-49 [M35+]	RDA	Team	Pts	Wind
4	1	Andrew Patterson	41	Fairlands Valley Spartans/NHRR	04:44.7	8
3	2	John Morley	44	Cambridge & Coleridge AC	05:05.3	7
5	3	Mark Dowson	48	Marshall Milton Keynes AC	05:12.8	6
1	4	Adam Hills	46	Bedford & County AC	05:25.1	5
2	5	Richard Bevan	38	Biggleswade AC/Luton AC	05:40.9	4
6	6	Shane McAndrew	36	Newmarket Joggers	05:49.7	3
	7					2
	8					1

M35-49	M50-59	M60+	AG %	EA No
-	x	x	86.0	3440310
-	x	x	77.8	3534571
x	-	-	77.7	3228708

1Mile5	1Mile	1 Mile M50-59 [M50+]	RDA	Team	Pts	Wind
4	1	Christopher Westcott	50	Fairlands Valley Spartans/NHRR	05:01.3	8
1	2	Andrew Leach	59	Bedford & County AC	05:15.8	7
5	3	Christopher Finister	50	Marshall Milton Keynes AC	05:24.2	6
3	4	Jim Stocker	74	Cambridge & Coleridge AC	06:45.3	5
	5					4
	6					3
	7					2
	8					1

1Mile6	1Mile	1 Mile M60+	RDA	Team	Pts	Wind
5	1	John Skelton	72	Marshall Milton Keynes AC	05:58.7	8
3	2	Peter Thompson	65	Cambridge & Coleridge AC	06:07.4	7
6	3	Ian Butcher	65	Newmarket Joggers	06:52.0	6
4	4	Charles Arnold	67	Fairlands Valley Spartans/NHRR	07:23.0	5
	5					4
	6					3
	7					2
	8					1

M35-49	M50-59	M60+	AG %	EA No
-	x	x	78.0	2721070
-	x	x	47.7	3561026

400H3	LH	400mH M35-49 (91.4cm) [M35+]	RDA	Team	Pts	Wind
3	1	Steven Green	40	Cambridge & Coleridge AC	62.9	8
5	2	George Gavriel	41	Marshall Milton Keynes AC	103.7	7
	3					6
	4					5
	5					4
	6					3
	7					2
	8					1

400H5	LH	400mH M50-59 (84.0cm) [M50+]	RDA	Team	Pts	Wind
1	1	Stephen Bass	50	Bedford & County AC	79.1	8
3	2	Stephen Vandermark	57	Cambridge & Coleridge AC	83.5	7
5	3	Conrad Salthouse	56	Marshall Milton Keynes AC	110.4	6
	4					5
	5					4
	6					3
	7					2
	8					1

300H6	LH	300mH M60-69 (76.2cm) [M60+]	RDA	Team	(N.n)	Pts	Wind	M60+	AG %	EA No		
1	1	Tennysen James	65	Bedford & County AC		59.8	8	-	69.6	2775264		
2	2	David Brown	65	Biggleswade AC/Luton AC		60.1	7	-	69.3	2708007		
5	3	Richard Pownall	64	Marshall Milton Keynes AC		70.8	6	-	58.2	2690593		
	4						5					
	5						4					
	6						3					
	7						2					
	8						1					
JT3	JT	Javelin M35-49 (800gm) [M35+]	RDA	Team	(N.n)	Pts		M35-49	M50-59	M60+	AG %	EA No
1	1	Roy Chambers	37	Bedford & County AC		45.07	8	-	x	x	49.1	2667991
5	2	Jack Huddleston	35	Cambridge & Coleridge AC		21.35	7	-	x	x	22.6	2685910
5	3	Darren O'Leary	55	Marshall Milton Keynes AC		21.21	6	x	-	x	-	3678206
4	4	Anton McCalla	46	Fairlands Valley Spartans/NHRR		19.09	5	-	x	x	23.9	3180094
	5						4					
	6						3					
	7						2					
	8	Daniel Tee	-	Newmarket Joggers		See N/S	-	x	x	x	-	-
JT5	JT	Javelin M50-59 (700gm)	RDA	Team	(N.n)	Pts		M50-59	M60+	AG %	EA No	
5	1	Gwynn Wallace	58	Marshall Milton Keynes AC		32.44	8	-	x	46.8	2798456	
1	2	Darren Kerr	53	Bedford & County AC		23.41	7	-	x	30.8	2669225	
4	3	Steve Mayfield	57	Fairlands Valley Spartans/NHRR		22.94	6	-	x	32.5	2811721	
3	4	Stephen Vandermark	57	Cambridge & Coleridge AC		20.47	5	-	x	29.0	3965462	
6	5	Wayne Hargreaves	53	Newmarket Joggers		15.82	4	-	x	20.8	3983726	
	6						3					
	7						2					
	8						1					
JT6	JT	Javelin M60-69 (600gm) [M60+]	RDA	Team	(N.n)	Pts		M60+	AG %	EA No		
3	1	Ian Slack	62	Cambridge & Coleridge AC		27.88	8	-	40.3	3021705		
5	2	Bunt Scott	72	Marshall Milton Keynes AC		25.20	7	-	-	3273763		
1	3	Graeme Packman	68	Bedford & County AC		16.30	6	-	26.9	2774981		
4	4	Charles Arnold	67	Fairlands Valley Spartans/NHRR		14.27	5	-	23.0	3371952		
	5						4					
	6						3					
	7						2					
	8						1					
DT3	DT	Discus M35-49 (2Kg) [M35+]	RDA	Team	(N.n)	Pts		M35-49	M50-59	M60+	AG %	EA No
1	1	Gavin Fordham	44	Bedford & County AC		31.85	8	-	x	x	46.1	2774968
3	2	Jack Huddleston	35	Cambridge & Coleridge AC		21.40	7	-	x	x	28.9	2685910
4	3	Andrew Patterson	41	Fairlands Valley Spartans/NHRR		19.35	6	-	x	x	26.9	2724349
6	4	Shane Mcandrew	36	Newmarket Joggers		18.77	5	-	x	x	25.3	4050893
5	5	Darren O'Leary	55	Marshall Milton Keynes AC		18.40	4	x	-	x	-	3678206
	6						3					
	7						2					
	8						1					
DT5	DT	Discus M50-59 (1.5Kg) [M50+]	RDA	Team	(N.n)	Pts		M50-59	M60+	AG %	EA No	
1	1	Darren Kerr	53	Bedford & County AC		33.09	8	-	x	47.1	2669225	
3	2	Ali Bajwa	52	Cambridge & Coleridge AC		32.64	7	-	x	45.7	2952884	
5	3	Gwynn Wallace	58	Marshall Milton Keynes AC		30.02	6	-	x	46.3	2798456	
4	4	Steve Mayfield	57	Fairlands Valley Spartans/NHRR		20.43	5	-	x	31.0	2811721	
6	5	Wayne Hargreaves	53	Newmarket Joggers		15.63	4	-	x	22.2	3983726	
	6						3					
	7						2					
	8						1					
DT6	DT	Discus M60+ (1Kg)	RDA	Team	(N.n)	Pts		M60+	AG %	EA No		
5	1	Bunt Scott	72	Marshall Milton Keynes AC		31.90	8	-	52.9	3273763		
1	2	Graeme Packman	68	Bedford & County AC		27.03	7	-	41.1	2774981		
3	3	Ian Slack	62	Cambridge & Coleridge AC		23.67	6	-	32.0	3021705		
2	4	Dave Faulkner	71	Biggleswade AC/Luton AC		23.61	5	-	38.3	3020243		
4	5	Charles Arnold	67	Fairlands Valley Spartans/NHRR		16.72	4	-	24.9	3371952		
	6						3					
	7						2					
	8						1					
LJ3	LJ	Long Jump M35-49 [M35+]	RDA	Team	(N.n)	Pts	Wind	M35-49	M50-59	M60+	AG %	EA No
1	1	Roy Chambers	37	Bedford & County AC		4.56	8	-	x	x	54.1	2667991
5	2	John Watkinson	46	Marshall Milton Keynes AC		4.35	7	-	x	x	57.1	4058934
4	3	Anton McCalla	46	Fairlands Valley Spartans/NHRR		4.04	6	-	x	x	53.0	3180094
3	4	Alvaro Drake	55	Cambridge & Coleridge AC		3.42	5	x	-	x	49.9	2746322
6	5	Phil Blundell	47	Newmarket Joggers		2.95	4	-	x	x	39.1	3872653
	6						3					
	7						2					
	8						1					
LJ5	LJ	Long Jump M50-59 [M50+]	RDA	Team	(N.n)	Pts	Wind	M50-59	M60+	AG %	EA No	
1	1	Philip Bowers	55	Bedford & County AC		4.69	8	-	x	68.4	3797642	
3	2	Keith Clarke	56	Cambridge & Coleridge AC		4.06	7	-	x	59.9	3090049	
5	3	Anthony Moffat	53	Marshall Milton Keynes AC		3.86	6	-	x	55.0	3947745	
4	4	Michael O'Keefe	59	Fairlands Valley Spartans/NHRR		1.65	5	-	x	25.3	3597337	
	5						4					
	6						3					
	7						2					
	8						1					
LJ6	LJ	Long Jump M60+	RDA	Team	(N.n)	Pts	Wind	M60+	AG %	EA No		
1	1	Richard Phelan	61	Bedford & County AC		4.24	8	-	66.6	2871564		
3	2	Ian Slack	62	Cambridge & Coleridge AC		4.11	7	-	65.3	3021705		
5	3	Richard Pownall	64	Marshall Milton Keynes AC		3.58	6	-	58.4	2690593		
	4						5					
	5						4					
	6						3					
	7						2					
	8						1					

PV3	PV	Pole Vault M35-49 [M35+]	RDA	Team	(N.nn)	Pts
1	1	Robert Kingman	50	Bedford & County AC	3.40	8
5	2	George Gavriel	41	Marshall Milton Keynes AC	1.35	7
	3					6
	4					5
	5					4
	6					3
	7					2
	8					1

PV5	PV	Pole Vault M50-59 [M50+]	RDA	Team	(N.nn)	Pts
1	1	Simon Eastwood	58	Bedford & County AC	2.50	8
5	2	Conrad Salthouse	56	Marshall Milton Keynes AC	1.75	7
	3					6
	4					5
	5					4
	6					3
	7					2
	8					1

R4224-35	MedR	Relay 4224 M35-49 [M35+]	Team	(N:NN.n)	Pts
5	1	Mark Dowson, John Watkinson, Anthony	Marshall Milton Keynes AC	02:54.2	8
3	2	Chung Tu, John Morley, Jack Huddleston,	Cambridge & Coleridge AC	02:59.4	7
4	3	Andrew Patterson, Anton McCalla,	Fairlands Valley Spartans/NHRR	03:08.2	6
1	4	Adam Hills, Darren Kerr, Philip Bowers, Roy	Bedford & County AC	03:11.4	5
	5				4
	6				3
	7				2
6	8	Shane Mcandrew, Phil Blundell, Ian Butcher,	Newmarket Joggers		N/S

R4224-50	MedR	Relay 4224 M50+	Team	(N:NN.n)	Pts
5	1	Steve Withers, Christopher Finister, Conrad Salthouse, Andrew McDonald	Marshall Milton Keynes AC	03:10.3	8
1	2	Andrew Leach, Stephen Bass, David Olusanya, Tennyson James	Bedford & County AC	03:20.1	7
3	3	Keith Clarke, Stephen Vandermark, Ian Slack, Stuart Dunlop	Cambridge & Coleridge AC	03:40.0	6
	4				5
	5				4
	6				3
	7				2
	8				1

M35-49	M50-59	M60+	AG %	EA No
x	-	x	66.1	2702171
-	x	x	23.5	3561026

M50-59	M60+	AG %	EA No
-	x	54.0	2774976
-	x	36.8	3979201

Rec
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Rec	Pts
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Enter Non-scoring athletes in the 'Non-Scorers' tab first

Non Scoring (enter bib no., event and result - formatted appropriately)

Bib No.	Event	Name	AG	1st Claim Club	Result
53	200m	John Watkinson	M45	Marshall Milton Keynes	27.0
29	200m	John Chapman	M65	Stopsley Striders	34.1
71	1 Mile	Andrew McDonald	M50	Marshall Milton Keynes	5:20.1
29	1 Mile	John Chapman	M65	Stopsley Striders	6:25.8
67	1 Mile	Martin Kilduff	M60	Cambridge & Coleridge	7:02.4
37	JT	Gavin Fordham	M40	Bedford & County	33.51
100	200m	Daniel Tee	M35	Newmarket Joggers	30.7
100	JT	Daniel Tee	M35	Newmarket Joggers	23.38
99	PV	Donncha Blake	MU17	Biggleswade AC	3.80
		-	-	-	
4224 Relay		Shane Mcandrew, Phil Blundell, Ian Butcher, Daniel Tee	M35-49	Newmarket Joggers	3:29.4
		-	-	-	
		-	-	-	
		-	-	-	
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Format Results to suit event