



September 2022

Sun	Mon	Tuesday	Wed	Thursday	Fri	Sat
				1 Dalham Dash 7M Shorter route 5.5M SR11	2	3
4	5	6 Wooditton, Duchess Drive 7.5M Shorter route 4M SR4	7	8 Race Course Efforts SE1	9	10
11	12	13 Track Only	14	15 Committee Meeting Gov Out & Back SE4	16	17
18	19	20 Devils Dyke SR5	21	22 Newmarket 5K Course	23	24
25	26	27 Golf Course 6.5M Shorter route 4M SR3	28	29 Golden Gates 7M Shorter route 4M SR8	30	1