



April 2022

Sun	Mon	Tuesday	Wed	Thursday	Fri	Sat
					1	2
3	4	5 5K handicap (Rowley Mile 5K course)	6	7 Golden Gates 7M Shorter route 4M SR8	8	9
10	11	12 Boys Grave 8M Shorter routes 6M & 4M SR1	13	14 Dalham Dash 7M Shorter route 5.5M SR11	15	16
17	18	19 Track Only	20	21 Wooditton Road/Duchess Drive 7.5m & 4.5m SR4	22	23
24	25	26 Golf Course 6.5M Shorter route 4M SR3	27	28 Histon & CTC Hockeys 5K	29	30