



# May 2022

Sun	Mon	Tuesday	Wed	Thursday	Fri	Sat
1	2	3 3 Churches 6M Shorter route 3M SR2	4	5 Heath Race	6	7
8	9	10 Landwades 7M Shorter route 3M SR10	11	12 Race Course Efforts SE1	13	14
15	16	17 Track Only	18	19 Haverhill Hockeys 5K	20	21
22	23	24 Newmarket 10K Course SR6 (Stetchworth)	25	26 Hamilton Hill Efforts SE3	27	28
28	30	31 Devils Dyke SR5				