Newmarket Joggers: Men's Grand Prix 2021

Age Grade % calculated using WMA 2015 tables and based on actual age in years on the day of the race.
Age Grade % (rounded down to nearest whole number) = points awarded per person per race.
Calculator downloaded from http://www.howardgrubb.co.uk/athletics/wmalookup15.html and freely available online.
All queries to: chris.aylmer@newmarketjoggers.co.uk

	Newmarket Jogger			Event: dist:	KH CTC Cambridge virtual 5K			KH Ely Runners virtual 5K			Multi-choice Race 1				KH Newmarket J. virtual 5K			Multi-choice Race 2				NJ virtual Friday 5M Series: Best Time			KH Saffron Striders virtual 5K			KH Haverhill RC virtual 5K			KH C&C/Royston R virtual 5K			Multi-choice Race 3				Multi-choice Race 4				Wild Card: double points for one of the 4 multi-choice races; must be declared in advance to secretary@newmarketjoggers.co.uk			
				Date:	15th-18th April			13th-16th May			1st-31st May				10th-13th June			1st-30th June				July			8th-11th July			5th-8th August			2nd-5th September			1st-30th September				1st-31st October								
Place	First Name	Surname. played wild card*	Age Band	Total Pts	Time	Age Grade %	Pts	Time	Age Grade %	Pts	Dist	Time	Age Grade %	Pts	Time	Age Grade %	Pts	Dist. wild card*	Time	Age Grade %	Pts	Time	Age Grade %	Pts	Time	Age Grade %	Pts	Time	Age Grade %	Pts	Time	Age Grade %	Pts	Dist	Time	Age Grade %	Pts	Dist	Time	Age Grade %	Pts	Date	Event	Wild Card Pts	Multi-choice Bonus Pts
1	Paul	Holley*	55-59	1062	0:17:43	86.55	86	0:17:41	86.71	86	10K	0:37:55	82.73	82	0:17:55	85.58	85	*HM	1:19:29	85.70	85	0:28:39	87.55	87	0:18:01	85.11	85	0:17:06	89.67	89	0:17:58	85.34	85	20M	2:10:00	82.51	82	5M	0:29:30	85.03	85	Jun-21	Hertfordshire HM	85	40
2	James	Smith*	40-44	989	0:16:51	81.90	81	0:16:41	82.72	82	HM	1:17:35	77.92	77	0:16:56	81.50	81	10M	0:58:18	78.42	78	0:28:04	79.87	79	0:16:58	81.34	81	0:16:51	82.49	82	0:17:03	81.52	81	*20M	2:06:43	75.71	75	MAR	2:46:30	77.05	77	Sep-21	Wymondham 20M	75	40
3	Mark	Hayward*	40-44	807				0:17:10	79.32	79	MAR	2:42:53	77.15	77	0:17:31	77.74	77	10M	1:00:20	74.72	74	0:28:53	76.46	76	0:18:04	75.37	75				0:17:13	79.09	79	20M	2:00:22	78.07	78	*HM	1:18:53	76.10	76	Oct-21	St Ed's HM	76	40
4	Malcolm	Osbourn*	70-74	802	0:28:56	62.79	62	0:25:17	72.97	72	5M	0:52:05	58.37	58	0:29:49	61.88	61	10K	1:02:53	60.64	60	0:47:44	63.69	63	0:30:07	61.26	61	0:28:13	65.39	65	0:24:28	75.41	75	10M	1:43:25	59.40	59	*5M	0:44:08	68.88	68	Oct-21	v5M	68	30
5	Jim	Withers*	65-69	780	0:26:57	62.34	62	0:26:22	63.72	63	10K	0:52:59	65.52	65	0:27:05	62.03	62	10M	1:33:45	60.89	60	0:44:23	62.37	62	0:26:50	62.61	62	0:25:47	65.16	65	0:25:29	65.93	65	5M	0:44:24	62.91	62	*10M	1:34:09	61.25	61	Oct-21	Fen Ten 10M	61	30
6	Chris	Aylmer*	70-74	723	0:31:03	56.25	56	0:29:31	59.18	59	MAR	4:53:39	56.54	56	0:31:34	55.33	55	*10K	1:00:53	59.38	59	0:50:20	57.22	57	0:30:47	56.74	56	0:29:38	58.94	58	0:30:55	56.50	56	20M	3:42:14	55.87	55	HM	2:17:11	57.48	57	Jun-21	Peterborough 10K	59	40
7	Brian	Munns*	55-59	694	0:23:55	65.16	65	0:23:50	65.38	65	10K	0:46:58	67.96	67	0:23:42	66.32	66	10M	1:19:06	66.84	66	0:38:35	66.74	66				0:22:00	71.44	71	0:21:41	72.48	72					*10M	1:16:41	68.94	68	Oct-21	Fen Ten 10M	68	20
8	Alan	Thornhill*	70-74	672	0:30:40	58.42	58	0:29:11	61.39	61					0:30:05	59.56	59	5M	0:52:12	56.55	56	0:50:21	58.62	58	0:30:28	59.63	59	0:31:24	57.86	57	0:28:55	62.82	62	*10K	1:02:36	60.01	60	5M	0:48:09	62.20	62	Sep-21	v10K	60	20
9	Richard	Groom*	40-44	647	0:23:55	58.95	58				5M	0:40:29	56.65	56	0:27:43	50.87	50	*HM	1:46:59	57.89	57	0:39:32	58.01	58	0:23:38	59.66	59	0:27:43	50.87	50	0:23:46	59.33	59	10M	1:22:45	56.60	56	10M	1:21:23	57.55	57	Jun-21	Flaming June HM	57	30
10	John	Bailey*	60-64	584	0:34:12	47.86	47	0:32:00	51.15	51	5M	0:56:51	47.35	47	0:30:45	53.22	53	*10K	1:05:48	51.27	51				0:30:40	53.37	53	0:32:00	51.15	51	0:31:28	52.01	52	10K	1:07:00	50.35	50	10M	1:56:13	48.16	48	Jun-21	v10K	51	30
11	Stuart	Sowerby	45-49	583	0:20:31	70.27	70	0:19:47	72.87	72	10M	1:11:56	66.73	66	0:20:06	71.72	71	10K	0:41:33	70.52	70	0:33:11	70.77	70	0:19:37	73.49	73	0:20:19	71.53	71															20
12	Jamie	Rule	35-39	551	0:19:31	67.98	67	0:19:54	67.00	67	10K	0:43:09	62.73	62	0:19:05	69.87	69	10M	1:07:44	65.60	65	0:34:49	62.28	62	0:18:32	71.94	71	0:19:25	68.67	68															20
13	Marc	Walker*	50-54	492	0:23:47	62.02	62								0:27:37	53.41	53	10K	0:44:04	68.19	68				0:25:34	57.69	57				0:26:27	56.21	56	10K	0:49:51	60.78	60	*HM	1:51:42	58.83	58	Oct-21	Cambridge HM	58	20
14	Tom	Elton	50-54	438	0:26:47	56.38	56	0:22:44	66.42	66					0:24:24	61.89	61					0:38:22	64.29	64	0:23:32	64.16	64	0:22:00	68.64	68	0:25:14	59.84	59													
15	Brian	Rice	55-59	427	0:29:07	53.06	53	0:29:07	53.06	53	10K	1:03:00	50.21	50	0:30:03	51.41	51					0:50:28	50.13	50	0:28:16	54.66	54				0:28:51	53.55	53	10M	1:58:07	43.95	43									20
16	Jonathan	Pye	30-34	424				0:18:09	72.36	72					0:19:23	67.76	67	HM	1:29:47	65.10	65				0:18:05	72.63	72	0:18:55	69.43	69	0:18:48	69.86	69													10
17	Alan	Shand	65-69	424	0:26:29	63.44	63	0:25:45	65.24	65	5M	0:53:58	51.30	51	0:28:46	58.40	58					0:47:39	58.10	58	0:29:42	56.57	56																		10
18	Jon	Brooker	55-59	407	0:25:30	60.59	60	0:21:55	70.49	70	5M	0:39:13	64.51	64	0:23:39	65.33	65	5M	0:36:49	68.72	68										0:21:50	70.76	70													10
19	Adam	Cinnis*	30-34	407	0:30:15	43.03	43	0:28:27	45.75	45	10K	1:04:56	41.14	41	0:29:00	44.89	44	10K	1:01:12	43.65	43	0:47:41	44.74	44	0:27:24	47.51	47											*HM	2:23:50	40.59	40	Oct-21	Cambridge HM	40	20
20	Greg	Davis	55-59	367	0:21:50	71.98	71				5M	0:37:36	68.48	68	0:20:59	74.90	74					0:35:58	72.20	72	0:21:53	72.35	72																		10
21	Clive	Purbrook	65-69	358				0:23:58	69.47	69	10K	0:50:58	67.46	67				10M	1:23:26	67.74	67	0:39:30	69.41	69							0:24:57	66.73	66													20
22	Anderson	McKeague	35-39	344	0:23:34	56.29	56	0:23:39	56.10	56	10M	1:28:08	50.25	50	0:24:16	54.67	54	10K	0:49:12	54.81	54	0:39:45	54.30	54																					20
23	Baz	Colley	50-54	328	0:25:09	59.58	59								0:27:53	53.74	53								0:29:45	50.36	50	0:26:51	55.80	55	0:29:27	50.88	50	10K	0:59:24	51.43	51									10
24	Paul	Roberts	40-44	322	0:24:56	55.35	55	0:23:25	58.93	58	10M	1:47:38	42.47	42	0:29:58	46.05	46	5M	0:47:37	47.08	47				0:25:16	54.62	54																			20
25	Jason	Beeton	35-39	264				0:20:10	66.12	66					0:21:37	71.72	71														0:20:36	65.13	65	0:21:26	62.60	62										
26	Robert	Hawkins	55-59	232	0:27:13	56.77	56																		0:27:20	56.52	56	0:25:35	60.39	60	0:25:36	60.35	60													
27	Andy	Hayward	35-39	203							5M	0:44:23	49.12	49				10K	0:54:30	49.91	49				0:36:00	37.27	37				0:27:50	48.20	48													20
28	Mark	Geddie	50-54	198				0:23:07	64.31	64												0:36:30	66.48	66	0:21:36	68.83	68																		
29	Rob	Kingsley	45-49	144																		0:50:10	47.57	47	0:30:33	47.90	47	0:29:11	50.14	50															
30	Chris	Howell	50-54	138				0:22:05	66.79	66																				0:20:27	72.13	72													
31	Jonathan	Ollington	50-54	133				0:22:19	67.66	67					0:22:50	66.13	66																													
32	James	Thomson	35-39	131	0:20:29	64.44	64																							0:19:32	67.58	67													
33	Jeremy	Reader	45-49	127	0:27:08	53.13	53	0:45:16	31.85	31												0:54:01	43.47	43																					
34	Dylan	Cunha	40-44	120											0:25:14	54.69	54	HM	1:46:14	56.90	56																									10
35	Wayne	Hargreaves	50-54	105							5M	1:02:00	38.82	38				10K	1:04:00	47.34	47																									20
36	Joe	Cormack	35-39	102	0:26:22	51.26	51	0:26:11	51.62	51																																				
37	Phil	Blundell	45-49	99	0:30:42	45.93	45								0:25:59	54.27	54																													
38	Neil	Pollard	40-44	83				0:16:35	83.82	83																																				
39	Simon	Harris	45-49	74																					0:19:12	74.05	74																		
40	Stephen	Edwards	55-59	69	0:22:10	69.70	69																																						
41	Andrew	Taylor	45-49	68				0:21:21	68.07	68																																				
42	Richard	Jones	55-59	60	0:25:54	60.17	60																																						
43	Matt	Askham	55-59	51																		0:49:03	51.58	51																					
44	Eliot	Bentley	50-54	0																																									
45	Neville	Clarke	65-69	0																																									
46	Stephen	Cousins	60-64	0																																									
47	Oliver	Daykin	20-24	0																																									
48	Dominic	Doe	55-59	0																																									
49	Marc	Drury	45-49	0																																									
50	John	Duke	55-59	0																																									
51	Miles	Johnson	65-69	0																																									
52	Craig	Ladley	35-39	0																																									
53	Adam	Maltpress	40-44	0																																									
54	Aaron	Self	30-34	0																																									