

NJ Women's Road-MT Achievements 2021 YTD

Age Grade % calculated using WMA 2015 tables and based on actual age in years on the day of the race. Your PB time this year, better described as Year Best (YB) or Season Best (SB), over each distance, will take precedence over your best age grade for the year, e.g. if you record a slightly slower time after your birthday for a particular distance, it could earn a slightly higher age grade %, although the difference would be small. The faster time will remain as your best performance for that year, along with its age grade %. If you equal or beat your YB time, the new best age grade % will be calculated. This is to avoid the need to maintain two separate databases of YB time and age grade % and keep the table as a simple way to check your best times over all distances during the year. Calculator downloaded from: <http://www.howardubb.co.uk/athletics/wmalokup15.html> and freely available online. All queries to: chris.aymer@newmarkejoggers.co.uk

First Name	Surname	Age Group	5K Winter Wcap 2021	5K SB	5K KH	5K park/run SB	All 5K SB	ref	5K AG%	5M SB	ref	5M AG%	10K SB	ref	10K AG%	10M SB	ref	10M AG%	HM SB	ref	HM AG%	20M SB	ref	20M AG%	MAR SB	ref	MAR AG%	ULTRA Dist (ref)	Ultra time	Ultra AG%	Other Dist (ref)	Other Time	Other AG%	SB AG%	CLUB STANDARD		
Claire	Acklam	60-64	0:25:01	0:25:03		0:25:01	73.22																											73.22	Platinum		
Sophie	Adams	40-44		0:28:33	0:28:33	0:28:33	53.77																												53.77	Tungsten	
Rachel	Allen	40-44		0:37:31	0:40:07	0:37:31	40.43	1:04:29	15	38.61																								40.43	Iron		
Vanessa	Allen	45-49		0:23:52		0:23:52	69.97	0:41:10	67.00					1:21:47	14	69.45																			69.97	Gold	
Wendy	Ancill	50-54		0:28:21		0:28:13	63.38	0:48:17	61.41	1:00:18	62.00																								63.38	Silver	
Suzanne	Bailey	55-59		0:28:00	0:31:19		0:28:00	54.17		0:58:05	54.12																								54.17	Tungsten	
Angela	Barnes	40-44		0:21:34		0:21:34	68.47	0:42:59	56.30	0:51:29	19	58.92	1:31:46	53.78	1:54:53	56.92																			56.92	Gold	
Troi	Baxter	25-29		0:26:42	0:25:03		0:25:03	62.21		0:54:12	59.32	1:45:28	49.89																						62.21	Silver	
Ruth	Bell	25-29		0:25:38	0:24:47	0:35:00	0:24:47	59.72		0:56:53	16	53.56																							59.72	Bronze	
Ellie	Bithell	40-44		0:30:01	0:30:54	0:30:01	59.58			0:49:53	43	68.69																							68.69	Gold	
Joanne	Boneham	50-54		0:23:14	0:23:09		0:23:09	63.79		1:12:27	43	51.60																							59.58	Bronze	
Joanne	Bouttell	55-59		0:23:14	0:23:09		0:23:09	63.79		1:17:23	8	39.24																							68.69	Gold	
Angela	Brennan	30-34		0:23:14	0:23:09		0:23:09	63.79		1:19:46	14	61.87																							59.58	Bronze	
Olivia	Carter	25-29		0:23:14	0:23:09		0:23:09	63.79		1:19:46	14	61.87																							68.69	Gold	
Louise	Cooper	50-54		0:23:14	0:23:09		0:23:09	63.79		1:19:46	14	61.87																							59.58	Bronze	
Roslyn	Crawford	35-39		0:23:14	0:23:09		0:23:09	63.79		1:19:46	14	61.87																								68.69	Gold
Mandy	Davis	55-59		0:23:14	0:23:09		0:23:09	63.79		1:19:46	14	61.87																								59.58	Bronze
Orla	Dockery	35-39		0:23:14	0:23:09		0:23:09	63.79		1:19:46	14	61.87																								68.69	Gold
Ruth	Eberhardt	45-49		0:23:14	0:23:09		0:23:09	63.79		1:19:46	14	61.87																								59.58	Bronze
Pearl	Fay	60-64		0:23:14	0:23:09		0:23:09	63.79		1:19:46	14	61.87																								68.69	Gold
Rebecca	Fordham	50-54		0:23:14	0:23:09		0:23:09	63.79		1:19:46	14	61.87																								59.58	Bronze
Lisa Ann	Garrard	30-34		0:23:14	0:23:09		0:23:09	63.79		1:19:46	14	61.87																								68.69	Gold
Claire	Gaskell	35-39		0:23:14	0:23:09		0:23:09	63.79		1:19:46	14	61.87																								59.58	Bronze
Karyn	Gillen/Smith	50-54		0:23:14	0:23:09		0:23:09	63.79		1:19:46	14	61.87																								68.69	Gold
Gillian	Green	60-64		0:23:14	0:23:09		0:23:09	63.79		1:19:46	14	61.87																								59.58	Bronze
Jackie	Hall	40-44		0:23:14	0:23:09		0:23:09	63.79		1:19:46	14	61.87																								68.69	Gold
Rebecca	Hannah	35-39		0:23:14	0:23:09		0:23:09	63.79		1:19:46	14	61.87																								59.58	Bronze
Elke	Hausler	55-59		0:23:14	0:23:09		0:23:09	63.79		1:19:46	14	61.87																								68.69	Gold
Jackie	Henley	50-54		0:23:14	0:23:09		0:23:09	63.79		1:19:46	14	61.87																								59.58	Bronze
Jan	Holmes	55-59		0:23:14	0:23:09		0:23:09	63.79		1:19:46	14	61.87																								68.69	Gold
Jill	Howard	50-54		0:23:14	0:23:09		0:23:09	63.79		1:19:46	14	61.87																								59.58	Bronze
Daphne	Hurley	60-64		0:23:14	0:23:09		0:23:09	63.79		1:19:46	14	61.87																								68.69	Gold
Lisa	Jennings	45-49		0:23:14	0:23:09		0:23:09	63.79		1:19:46	14	61.87																								59.58	Bronze
Lisa	Johnson	25-29		0:23:14	0:23:09		0:23:09	63.79		1:19:46	14	61.87																								68.69	Gold
Danielle	Jones	25-29		0:23:14	0:23:09		0:23:09	63.79		1:19:46	14	61.87																								59.58	Bronze
Elizabeth	King	50-54		0:23:14	0:23:09		0:23:09	63.79		1:19:46	14	61.87																								68.69	Gold
Claire	Kingsley	50-54		0:23:14	0:23:09		0:23:09	63.79		1:19:46	14	61.87																								59.58	Bronze
Sarah	Kinston	45-49		0:23:14	0:23:09		0:23:09	63.79		1:19:46	14	61.87																								68.69	Gold
Sarah	Last	50-54		0:23:14	0:23:09		0:23:09	63.79		1:19:46	14	61.87																								59.58	Bronze
Rachael	Maltpress	40-44		0:23:14	0:23:09		0:23:09	63.79		1:19:46	14	61.87																								68.69	Gold
Kate	Manning	30-34		0:23:14	0:23:09		0:23:09	63.79		1:19:46	14	61.87																								59.58	Bronze
Ellie	Margetts	40-44		0:23:14	0:23:09		0:23:09	63.79		1:19:46	14	61.87																								68.69	Gold
Mary	Marsh	65-69		0:23:14	0:23:09		0:23:09	63.79		1:19:46	14	61.87																								59.58	Bronze
Sarah	Martin	40-44		0:23:14	0:23:09		0:23:09	63.79		1:19:46	14	61.87																								68.69	Gold
Anna	Mayhew	50-54		0:23:14	0:23:09		0:23:09	63.79		1:19:46	14																										