

Newmarket Joggers: Men's Grand Prix 2021

Age Grade % calculated using WMA 2015 tables and based on actual Age 11 years on the day of the race.
 Age Grade % rounded down to nearest whole number + points awarded per person per race.
 Calculator downloaded from <http://www.howajogger.co.uk/hletics/wmatoolcup15.html> freely available online.
 All queries to: chris.lymer@newmarketjoggers.co.uk

Place	First Name	Surname	Age Band	Event		1st-31st April				1st-31st May				1st-31st June				1st-31st July				1st-31st August				1st-31st September				1st-31st October				Wild Card: double points for one of the 4 multi-choice races; must be declared in advance to Stanic Painter.										
				Total	Pts	Time	Age Grade %	Pts	Time	Age Grade %	Pts	Time	Age Grade %	Pts	Time	Age Grade %	Pts	Time	Age Grade %	Pts	Time	Age Grade %	Pts	Time	Age Grade %	Pts	Time	Age Grade %	Pts	Time	Age Grade %	Pts	Date	Event	Time	Wild Card Pts	Multi-choice Bonus Pts							
1	Paul	Holroyd	55-59	967	0.1743	85.55	86	0.1741	85.71	86	0.1750	85.70	82	0.1755	85.58	85	*HM	4:19:29	85.70	85	0.2839	87.55	87	0.1803	85.11	85	0.1756	89.87	89	0.1758	85.34	85	20M	2:10:00	82.51	82	16/09/2021	Hertfordshire HM	01:19:29	85	30			
2	James	Gemm	40-44	950	0.2653	83.90	81	0.1644	82.71	82	HM	5:17:51	77.63	77	0.1656	81.50	81	10M	6:38:31	78.42	78	0.2808	79.87	79	0.1658	81.38	81	0.2651	82.49	82	0.1753	81.52	81	*HM	2:08:45	75.71	75	17/09/2021	Worcestershire 20M	02:08:45	75	30		
3	Mickelton	Osborn	70-74	866	0.2856	62.79	62	0.2547	72.97	72	SM	0:52:05	88.37	58	0.2949	61.88	61	10M	1:02:53	80.64	60	0.4744	63.89	63	0.3007	61.20	61	0.2813	65.39	65	0.2438	76.41	75	10M	1:45:25	69.40	59							
4	Chris	Wilmetts	40-44	858	0.2657	82.34	82	0.2627	83.73	83	10M	0:52:50	85.52	85	0.2705	82.00	82	10M	1:03:03	82.89	82	0.4223	62.37	62	0.2650	82.61	82	0.2247	85.35	83	0.2529	85.89	85	30M	0:44:24	82.91	82							
5	Chris	Waters	70-74	855	0.3103	66.23	58	0.2831	69.18	58	MAAR	4:53:30	58.54	55	0.3134	55.81	55	*HM	1:00:51	85.98	59	0.2920	82.22	57	0.3047	66.74	56	0.2931	81.94	56	0.2626	85.90	85	20M	1:42:11	58.07	55	13/06/2021	Putnamborough 10M	01:00:53	59	30		
6	Mark	Hayward	35-39	845				0.1710	79.32	79	MAAR	7:42:53	77.15	77	0.1731	77.74	77	10M	4:00:20	74.74	74	0.2883	76.46	76	0.1804	75.37	75		0.1713	79.09	79	20M	2:08:24	78.07	78					16/09/2021	Putnamborough 10M	01:00:53	59	30
7	Alex	Thearrell	20-24	840	0.2040	88.42	58	0.2813	81.28	81		0.2809	89.65	89	*SM	0:52:12	88.55	58	0.2921	88.63	88	0.3028	85.63	85	0.2124	87.86	87	0.2864	85.82	84	*HM	1:03:36	60.03	60	20/06/2021	Fleming Lane HM	01:03:36	60	30					
8	Richard	Dixon	40-44	836	0.2355	88.95	58				SM	0:40:28	86.65	56	0.2743	80.87	56	*HM	4:46:59	87.89	57	0.3832	58.01	58	0.2338	85.66	58	0.2743	65.87	60	0.2346	89.33	89	10M	1:22:45	66.00	56	20/06/2021	Fleming Lane HM	01:56:59	67	30		
9	Shant	Sowley	45-49	830	0.2031	70.27	70	0.1847	72.87	72	10M	1:11:56	80.73	66	0.2006	71.72	71	10M	0:41:31	70.52	70	0.3311	70.77	70	0.1937	73.48	73	0.2010	71.53	71														
10	Brian	Munro	55-59	828	0.2355	69.10	69	0.2350	65.58	65	10M	0:46:28	87.86	67	0.2342	86.32	66	10M	1:10:56	65.84	65	0.3830	66.74	66				0.2220	71.44	71	0.2141	72.48	72											
11	Janne	Rule	35-39	815	0.1931	67.88	67	0.1954	67.60	67	10M	0:43:09	80.73	62	0.1905	69.87	69	10M	1:07:41	85.60	65	0.3409	62.28	62	0.1832	71.94	71	0.1925	68.62	68														
12	John	Palmer	45-49	810	0.2412	67.86	67	0.2400	61.31	61	SM	0:56:51	87.95	62	0.2406	53.22	51	*HM	1:05:48	81.27	51				0.3046	63.17	51	0.2206	61.16	51	0.2310	60.20	51	10M	1:07:08	60.35	50	Jun-21	vM	01:07:08	61	20		
13	Tom	Ilton	50-54	810	0.2647	56.38	56	0.2244	66.42	66				0.2424	61.89	61				0.3822	64.20	64	0.2332	64.58	64	0.2200	68.64	68	0.2514	59.84	59													
14	Walan	Rice	55-59	807	0.2907	53.06	53	0.2807	53.06	53	10M	1:09:00	50.21	50	0.3071	51.41	51				0.6228	50.33	50	0.2816	54.66	54		0.2813	53.53	53	10M	1:38:07	49.95	43										
15	Jonathan	Doe	30-34	801				0.1809	73.16	72		0.2923	67.76	67	HM	1:29:47	65.10	65				0.1801	71.63	71	0.1855	69.43	69	0.1846	68.96	69														
16	Alex	Dand	45-49	800	0.2629	63.44	63	0.2345	65.24	65	SM	0:53:58	81.30	51	0.2846	58.48	58				0.4739	58.10	58	0.2342	65.17	56		0.2618	63.20	63														
17	Jon	Booth	55-59	800	0.2430	60.59	60	0.2155	70.40	70	SM	0:59:11	64.51	64	0.2339	63.33	63				0.3640	68.72	68				0.2150	70.76	70															
18	Greg	Davis	55-59	797	0.2150	73.80	71				SM	0:37:38	88.48	88	0.2059	74.90	74				0.3558	72.20	72	0.2153	72.95	72																		
19	Mark	Walker	50-54	786	0.2347	62.02	62				0.2737	53.41	53	10M	0:44:01	88.19	68				0.2534	67.89	67				0.2627	66.21	66	10M	0:49:51	69.78	60											
20	Alan	Mulligan	45-49	786				0.2358	69.47	69	10M	0:52:05	87.46	63				10M	1:20:25	67.74	67	0.3830	69.41	69				0.2407	66.73	66														
21	Anderson	Mitchell	35-39	784	0.2434	56.29	56	0.2339	56.56	56	10M	1:08:50	50.25	50	0.2436	54.67	54	10M	0:48:53	54.81	54	0.3965	54.30	54																				
22	Bar	Colby	50-54	782	0.2509	68.58	69				0.2753	53.74	53							0.2945	60.86	60	0.2651	65.80	65	0.2927	50.88	50	10M	0:59:24	51.43	51												
23	Paul	Roberts	40-44	782	0.2509	68.58	69	0.2325	58.53	58	10M	1:47:38	43.47	42	0.2858	46.61	46	SM	0:47:37	47.68	47				0.2518	54.40	54																	
24	Adam	Orpin	30-34	781	0.2615	43.03	43	0.2827	45.73	45	10M	1:04:56	41.14	41	0.2900	46.89	46	SM	0:01:17	43.65	43	0.4741	44.74	44	0.2724	47.53	47																	
25	Aaron	Breton	35-39	781				0.2610	46.12	46		0.2137	71.72	71							0.2720	56.53	56	0.2036	65.53	65	0.2110	62.60	62															
26	Robert	Hawkins	55-59	781	0.2713	56.77	56				0.2307	54.31	54							0.3620	66.46	66	0.2138	68.81	68		0.2768	48.20	48															
27	Andy	Hayward	35-39	781							SM	0:44:23	49.12	49				10M	0:54:30	49.91	49																							
28	Alan	Giddie	50-54	781							0.2307	54.31	54							0.3620	66.46	66	0.2138	68.81	68																			
29	Bob	Griggley	45-49	781							0.2307	54.31	54							0.3620	66.46	66	0.2138	68.81	68																			
30	Chris	Howell	50-54	781				0.2205	66.79	66				0.2250	66.13	66										0.2027	72.13	72																
31	Jonathan	Clifton	50-54	781				0.2219	67.66	67				0.2250	66.13	66																												
32	James	Thompson	35-39	781	0.2029	64.44	64																			0.1913	67.58	67																
33	Jeremy	Booth	45-49	781	0.2708	53.13	53	0.2616	51.85	51				0.2514	54.69	54	HM	1:46:14	56.90	56				0.6401	43.47	43																		
34	Chris	Combs	40-44	781																																								
35	Wayne	Hargreaves	50-54	781							SM	1:02:00	38.82	38				10M	1:04:00	47.34	47																							
36	Jon	Combs	35-39	781	0.2822	51.26	51	0.2613	51.62	51																																		
37	Phil	Blundell	45-49	781	0.3042	46.93	45				0.2859	54.27	54																															
38	Nell	Polard	40-44	781				0.1835	83.82	83																																		
39	Simon	Harris	45-49	781																						0.1912	74.05	74																
40	Stephen	Edwards	55-59	781	0.2710	69.70	69																																					
41	Andrew	Zabli	45-49	781				0.2121	68.07	68																																		
42	Richard	Boyle	55-59	781	0.2654	66.17	66																																					