



October 2021

Sun	Mon	Tuesday	Wed	Thursday	Fri	Sat
					1	2
3	4	5 5K handicap	6	7 WR 2 Exning, Studlands, Fordham Road, Smilers Hill. c 6M	8	9
10	11	12 WR 5 Bury Rd, Wellington pub, St John's, Crockfords Rd Ave, Edinburgh Road C 6.5M .	13	14 ED Centre Drive efforts	15	16
17	18	19 Track Only	20	21 WR 9 Scaltback, Hamilton Road Avenue, Wellington pub Duchess Drive, Ashley Rd Clocktower c6.5M	22	23
24	25	26 WR 12 Clocktower, Wellington pub, Duchess Drive, Ashley Road, Avenue c6M	27	28 EI Out and Back (5K handicap course)	29	30