Newmarket Joggers: Women's Grand Prix Championship 2019

Age Grade % calculated using WMA 2015 tables and based on actual age in years on the day of the race.
Age Grade % (rounded down to nearest whole number) = points awarded per person per race.
Calculator downloaded from http://www.howardgrubb.co.uk/athletics/wmalookup15.html and freely available online.
All queries to: chris.aylmer@newmarketjoggers.co.uk

	Newmarket Jogger			Event: dist:	Stowmarket XC 5.3m			Bury St Eds XC 5.1m			Fritton Lake XC 4.2m			Haverhill XC 5.0m			KH CTC Cambridge 5K			KH Ely Witchford 5K			KH Saffron Walden 5K			KH HRC Kedington 5K			KH C&C Cambridge 5K			Framlingham XC 5.6m			Wild Cards				
				Date:	Sun 20/01/2019			Sun 17/02/2019			Sun 10/03/2019			Sun 24/03/2019			Thurs 18/04/2019			Thurs 09/05/2019			Thurs 11/07/2019			Thurs 01/08/2019			Thurs 05/09/2019			Sun 03/11/2019								
Place	First Name	Surname played wild card*	Age Band	Total Pts	Time	Age Grade %	Pts	Time	Age Grade %	Pts	Time	Age Grade %	Pts	Time	Age Grade %	Pts	Time	Age Grade %	Pts	Time	Age Grade %	Pts	Time	Age Grade %	Pts	Time	Age Grade %	Pts	Time	Age Grade %	Pts	Time	Age Grade %	Pts	Date	Event	Time	Age Grade %	Pts
1	Sianie	Painter*	50-54	632	55:45	53.87	53	50:03	57.61	57	42:03	55.85	55	50:08	56.32	56	28:21	60.26	60	28:23	60.19	60	28:27	60.05	60	28:23	60.19	60	27:15	62.29	62	62:03	51.30	51	24/11/2019	Bass Belle 10M	1:38:56	58.84	58
2	Caroline	McIntosh*	65-69	546	62:18	57.17	57							56:09	59.54	59	32:51	60.88	60	32:03	62.40	62	29:44	67.26	67	32:01	62.47	62	31:18	63.90	63	76:37	50.05	50	06/07/2019	Gt Bentley Friday 5	50:35	66.10	66
3	Jenny	Osbourn*	70-74	518				63:20	57.18	57	52:52	55.45	55	63:02	56.24	56	33:53	62.32	62				36:23	58.82	58	36:58	57.89	57	34:11	62.60	62	84:28	48.22	48	06/10/2019	Abington 10K	71:22	63.97	63
4	Jan	Holmes*	55-59	448	54:46	56.21	56	47:19	62.45	62							26:08	66.84	66	26:46	65.26	65				27:10	65.09	65	26:11	67.54	67				06/10/2019	Abington 10K	54:38	67.54	67
5	Isabella	Soro (to 6/19)	20-24	329				38:27	64.24	64	31:57	63.22	63	37:36	64.36	64	21:06	69.40	69	21:14	69.54	69																	
6	Ruth	Eberhardt	45-49	314				43:12	61.07	61										24:30	64.69	64	23:07	68.57	68	23:25	67.69	67				54:06	54.31	54					
7	Rebecca	Fordham	45-49	291	52:06	54.38	54	48:32	56.04	56							25:31	63.36	63	26:40	60.63	60				27:26	58.93	58											
8	Claire	Acklam	55-59	285													25:14	70.87	70	25:14	70.87	70	24:12	73.90	73	24:50	72.89	72											
9	Hannah	Parsons	40-44	265				43:13	60.05	60										22:20	69.25	69				22:54	68.05	68	22:38	68.85	68								
10	Angela	Barnes	35-39	257													30:13	49.70	49	29:23	51.11	51	28:29	52.95	52	29:29	51.16	51	27:51	54.16	54								
11	Sarah	Sales	50-54	245													25:47	64.06	64	27:16	60.57	60				27:21	60.39	60	26:53	61.44	61								
12	Rachel	Allen	35-39	242													33:46	44.47	44	34:55	43.01	43	36:14	41.44	41	38:29	39.02	39	35:48	41.95	41	80:33	34.43	34					
13	Elke	Hausler	55-59	234													21:02	84.07	84	21:56	81.53	81										47:47	69.17	69					
14	Danielle	Jones	25-29	229	48:33	52.97	52										24:17	60.81	60	24:27	60.40	60				25:40	57.53	57											
15	Rebecca	Hannah	30-34	219	61:20	41.98	41										30:52	47.89	47	33:21	44.33	44	31:01	47.72	47	36:49	40.20	40											
16	Sarah	Kinston	45-49	204													29:48	52.29	52	32:23	48.12	48	29:52	52.62	52				29:47	52.77	52								
17	Sara	Brown	30-34	203													29:30	50.11	50	28:52	51.21	51	28:53	51.18	51				28:52	51.21	51								
18	Svitlana	Zinchenko	40-44	200				50:03	50.52	50				51:49	48.05	48	29:22	51.65	51										29:18	51.76	51								
19	Kate	Warboys	45-49	199													32:29	49.26	49	31:35	50.66	50							29:11	54.83	54	64:36	46.47	46					
20	Emma	Newman	30-34	191				38:42	64.00	64																23:29	63.02	63	22:52	64.72	64								
21	Orla	Dockery	30-34	190													29:54	49.50	49	32:19	45.80	45	30:56	47.84	47				29:58	49.39	49								
22	Ellie	Bithell	40-44	187																24:13	63.36	63	23:28	65.41	65	25:41	59.77	59											
23	Belinda	Schofield	60-64	187	54:26	61.88	61				41:10	63.77	63	50:09	63.11	63																							
24	Meera	Mahadevan	40-44	170													27:00	57.72	57							28:14	55.19	55	26:26	58.95	58								
25	Jill	O'Grady	35-39	167				48:10	52.49	52							26:10	57.64	57	25:49	58.42	58																	
26	Daphne	Hurley	55-59	162													33:37	53.84	53				33:15	54.44	54				32:31	55.66	55								
27	Lisa	Jennings	45-49	155	58:46	47.67	47										28:39	55.85	55										29:59	53.36	53								
28	Pauline	Green	55-59	136																27:04	65.33	65	24:49	71.26	71													
29	Sharon	Woodroofe	55-59	109																			33:16	54.41	54				32:35	55.55	55								
30	Emma	Reader	35-39	106																						40:20	36.86	36	36:34	40.66	40	90:34	30.38	30					
31	Lisa	Johnson	25-29	105																28:27	51.90	51				27:08	54.42	54											
32	Jackie	Henley	50-54	96													33:48	49.95	49										35:49	47.14	47								
33	Lynda	McCormack	55-59	69													26:12	69.08	69																				
34	Olivia	Carter (to 9/19)	25-29	63																23:22	63.20	63																	
35	Wendy	Haynes	60-64	63													30:16	63.60	63																				
36	Hannah	Pollard	35-39	62																									23:58	62.66	62								
37	Helen	Wass	50-54	62																27:44	62.26	62																	
38	Jessica	Podd	20-24	60													24:16	60.85	60																				
39	Rebecca	Oettle	30-34	58																									25:09	58.78	58								
40	Joanne	Podd	50-54	55													30:10	55.36	55																				
41	Zoe	Dickson	25-29	54																27:11	54.32	54																	
42	Jane	Smith	60-64	54													34:03	54.43	54																				
43	Lisa	Winnington	40-44	50																						29:55	50.70	50											
44	Christine	Windsor	65-69	49																												78:24	49.64	49					
45	Sophie	Adams	40-44	48																						31:19	48.43	48											
46	Alexia	Smithson	35-39	48													30:42	48.32	48																				
47	Bridget	Wallwin	50-54	46																												67:08	46.30	46					
48	Gillian	Green	55-59	45	68:53	45.80	45																																
49	Alice	Greenwood	30-34	37																38:56	37.93	37																	