Newmarket Joggers: Men's Grand Prix Championship 2019

Age Grade % calculated using WMA 2015 tables and based on actual age in years on the day of the race.
Age Grade % (rounded down to nearest whole number) = points awarded per person per race.
Calculator downloaded from http://www.howardgrubb.co.uk/athletics/wmalookup15.html and freely available online.
All queries to: chris.aylmer@newmarketjoggers.co.uk

	Newmarket Jogger			Event: dist:	Stowmarket XC 5.3m			Bury St Eds XC 5.1m			Fritton Lake XC 4.2m			Haverhill XC 5.0m			KH CTC Cambridge 5K			KH Ely Witchford 5K			KH Saffron Walden 5K			KH HRC Kedington 5K			KH C&C Cambridge 5K			Framlingham XC 5.6m			Wild Cards				
				Date:	Sun 20/01/2019			Sun 17/02/2019			Sun 10/03/2019			Sun 24/03/2019			Thurs 18/04/2019			Thurs 09/05/2019			Thurs 11/07/2019			Thurs 01/08/2019			Thurs 05/09/2019			Sun 03/11/2019							
Place	First Name	Surname. played wild card*	Age Band	Total Pts	Time	Age Grade %	Pts	Time	Age Grade %	Pts	Time	Age Grade %	Pts	Time	Age Grade %	Pts	Time	Age Grade %	Pts	Time	Age Grade %	Pts	Time	Age Grade %	Pts	Time	Age Grade %	Pts	Time	Age Grade %	Pts	Time	Age Grade %	Pts	Date	Event	Time	Age Grade %	Pts
1	Neville	Clarke*	65-69	813	42:12	69.04	69	38:00	73.68	73	31:42	72.13	72	38:01	72.12	72	20:36	80.83	80	21:42	76.73	76	21:06	78.91	78	22:37	73.62	73	21:05	78.97	78	46:46	66.61	66	17/11/2019	Hadleigh 10M	1:14:41	76.43	76
2	Malcolm	Osbourn*	70-74	693	50:10	61.76	61	47:10	63.07	63	37:53	64.14	64	47:55	60.83	60	26:03	67.88	67	27:04	66.19	66	26:25	67.82	67	32:34	55.02	55	26:43	67.06	67	59:02	56.32	56	06/10/2019	Abington 10K	54:31	67.96	67
3	Chris	Aylmer*	65-69	627	55:38	53.89	53	49:10	58.58	58	43:04	54.57	54	49:48	56.63	56	27:09	62.98	62	29:06	58.76	58	27:47	61.55	61	30:51	55.43	55	28:02	61.00	61	63:40	49.90	49	06/10/2019	Abington 10K	58:10	60.86	60
4	Jeremy	Reader*	45-49	623	48:39	50.43	50	43:33	54.15	54	34:50	55.60	55	41:48	55.30	55	23:23	60.8	60	23:50	59.65	59	23:18	61.02	61	23:37	60.20	60	23:10	61.37	61	51:08	50.75	50	06/10/2019	Abington 10K	49:22	58.41	58
5	Jim	Withers*	65-69	585	54:28	53.00	53	51:09	54.22	54				49:44	54.62	54	26:37	62.05	62	26:37	62.05	62	25:27	64.90	64	26:38	62.02	62	25:57	63.64	63	61:22	50.30	50	29/09/2019	Grantchester 10K	55:34	61.88	61
6	Sam	Sadler	30-34	472	35:37	63.92	63	31:23	69.73	69				34:39	61.86	61				19:09	68.58	68	18:45	70.40	70	19:13	68.69	68	17:53	73.81	73									
7	Marc	Drury	45-49	471				36:58	63.80	63							20:43	69.11	69	20:25	70.12	70	20:06	71.23	71	20:27	70.01	70	20:10	70.99	70	44:41	58.52	58					
8	Alan	Thornhill*	70-74	459							44:06	54.42	54	52:44	54.61	54	30:06	58.03	58	30:41	56.93	56	29:29	59.98	59	29:30	59.94	59	28:47	61.44	61				06/05/2019	Breckland 10K	1:01:56	58.37	58
9	Mark	Hayward	35-39	426	39:52	58.03	58	33:17	66.85	66							17:15	77.78	77	18:12	73.72	73	17:52	75.09	75				17:13	77.93	77									
10	Jon	Brooker	50-54	424	39:34	66.76	66	36:32	69.48	69				36:30	68.17	68	19:51	76.66	76				20:24	74.59	74	21:20	71.33	71												
11	Brian	Munns	55-59	423							36:31	57.42	57	43:55	57.12	57	25:18	60.61	60	24:16	63.19	63				23:59	64.42	64	23:02	67.08	67	51:02	55.72	55					
12	Chris	Howell	45-49	350				33:47	70.94	70				34:57	67.72	67	22:10	65.56	65	19:58	72.79	72							18:54	76.90	76									
13	Clive	Purbrook	60-64	329	46:22	61.68	61	41:26	66.33	66	35:08	63.90	63				23:12	70.55	70	23:43	69.01	69																		
14	Henry	Hamilton-Gould	35-39	325	39:50	58.08	58	36:12	61.46	61							19:27	68.98	68	19:20	69.40	69	19:23	69.22	69															
15	James	Tweed	45-49	325										38:21	60.76	60	21:18	67.21	67	21:26	66.80	66	21:15	67.37	67	21:44	65.87	65												
16	Chris	Gay	35-39	304													16:44	78.88	78	17:40	74.72	74	17:13	76.67	76				17:24	76.25	76									
17	Greg	Davis	55-59	299	38:28	69.84	69	33:33	76.95	76	27:51	75.88	75							19:26	79.50	79																	
18	Joe	Cormack	35-39	273													23:39	56.38	56	23:21	57.10	57	25:40	51.95	51	25:20	52.63	52	23:13	57.43	57									
19	Jason	Bevan	30-34	262	36:39	61.80	61													20:18	64.04	64	18:49	69.18	69	18:54	68.87	68												
20	Paul	Holley	50-54	258																18:00	83.89	83	17:25	86.70	86				16:53	89.44	89									
21	James	Thomson*	30-34	253				35:21	61.76	61							19:14	68.02	68				20:02	65.31	65										06/10/2019	Standalone 10K	45:06	59.42	59
22	Jamie	Rule	30-34	238	39:48	57.20	57	35:46	61.18	61							19:58	66.11	66													44:31	54.29	54					
23	Craig	Ladley	35-39	236													20:59	63.54	63	22:11	60.11	60	23:06	57.72	57	23:56	56.06	56											
24	Giles	Macrow	50-54	236													23:05	64.4	64	27:37	53.83	53	24:25	60.89	60				25:12	59.46	59									
25	Neil	Pollard	40-44	236				29:12	77.74	77				30:00	74.17	74													16:11	85.27	85									
26	Baz	Colley	50-54	228										44:01	54.68	54	24:36	59.96	59	25:27	57.96	57				25:17	58.34	58											
27	Simon	Harris	40-44	224																18:50	74.34	74	18:41	74.93	74				18:13	76.85	76									
28	Stuart	Sowerby	45-49	207													20:33	69.18	69	20:27	69.52	69							20:34	69.61	69									
29	Jonathan	Ollington	50-54	201																21:39	68.67	68	22:39	66.15	66				22:09	67.64	67									
30	Mike	Sales	50-54	178													24:22	61.49	61	25:19	59.18	59				25:26	58.91	58											
31	Jamie	Sales	15-19	156																						17:21	74.83	74	15:44	82.52	82									
32	Nick	Acklam	60-64	141																						23:11	68.30	68	21:26	73.87	73									
33	Alan	Shand	60-64	132																25:50	63.94	63							23:44	69.59	69									
34	Phil	Blundell	40-44	128																						21:53	63.98	63	21:19	65.68	65									
35	Adam	Maltpress	40-44	124																21:47	62.97	62							21:52	62.73	62									
36	Dominic	Doe	55-59	121													25:03	61.21	61	25:29	60.17	60																		
37	Richard	Groom	40-44	119													23:01	60.39	60	23:27	59.28	59																		
38	Adrian	Whittle	50-54	110													31:03	49.01	49										24:46	61.44	61									
39	Rob	Kingsley	45-49	90																27:28	52.49	52	37:00	38.96	38															
40	Bertie	Tweed	15-19	75													17:31	75.64	75																					
41	Stephen	Cousins	60-64	70													22:44	70.82	70																					
42	Richard	Wilkinson	45-49	68																20:48	68.35	68																		
43	Andrew	Taylor	45-49	65													21:53	65.42	65																					
44	Paul	Dockerill	40-44	63	37:14	63.38	63																																	
45	Wayne	Hogg	30-34	63																20:49	63.41	63																		
46	Martyn	Taylor (to 03/19)	35-39	62	37:05	62.38	62																																	
47	Dave	Crowley	45-49	59													24:18	59.8	59																					
48	Eliot	Bentley	45-49	58																												45:41	58.19	58					
49	Stephen	Edwards	55-59	58	45:32	58.02	58																																	
50	Tom	Elton (2)	50-54	54																												49:34	54.98	54					
51	Anthony	Garth (to 03/19)	45-49	54										43:45	54.10	54																								
52	Robert	Hawkins	55-59	52																												53:24	52.81	52					
53	Daryl	Moran	25-29	52				41:13	52.81	52																														
54	Ian	Norman	50-54	49													30:04	49.45	49																					
55	Keith	Page	60-64	37																												78:53	37.35	37					