



November 2019

Sun	Mon	Tuesday	Wed	Thursday	Fri	Sat
					1	2
3	4	5 EH 5K Handicap	6	7 WR 8 Scaltback, Hamilton Road Wellington Pub, Centre Drive, Meadow Lane, Duchess Drive Clocktower c 6.5M	8	9
10	11	12 EI Top of the hill efforts	13	14 WR 10 Smilers Hill, Yellow Brick Road, Studlands, Exning C 6M	15	16
17	18	19 Track Only	20	21 AGM No Training	22	23
24	25	26 WR 4 Bury Rd, Granby St, St John's Ave, Crockfords Road, Avenue	27	28 EE Scaltback efforts	29	30