Newmarket Joggers Men's Grand Prix Championship 2019

Age Grade % calculated using WMA 2015 tables and based on actual age in years on the day of the race.
Age Grade % (rounded down to nearest whole number) = points awarded per person per race.
Calculator downloaded from http://www.howardgrubb.co.uk/athletics/wmalookup15.html and freely available online.
All queries to: chris.aylmer@newmarketjoggers.co.uk

	Newmarket Jogger			Event:	Stowmarket XC			Bury St Eds XC			Fritton Lake XC			Haverhill XC			KH 5K Cambridge CTC			KH 5K Ely			KH 5K Saffron Walden			KH 5K Haverhill			KH 5K Cambridge C&C			Framlingham XC			Wild Cards				
				est. dist:	5.3m			5.1m			4.2m			5.0m																								
				Date:	Sunday 20/01/2019			Sunday 17/02/2019			Sunday 10/03/2019			Sunday 24/03/2019			Thursday 18/04/2019			Thursday			Thursday 11/07/2019			Thursday 01/08/2019			Thursday			Sunday 03/11/2019?								
Place	First Name	Surname. played wild card*	Age Band	Total Points	Time	Age Grade %	Points	Time	Age Grade %	Points	Time	Age Grade %	Points	Time	Age Grade %	Points	Time	Age Grade %	Pts	Time	Age Grade %	Pts	Time	Age Grade %	Pts	Time	Age Grade %	Pts	Time	Age Grade %	Pts	Time	Age Grade %	Pts	Date	Event	Time	Age Grade %	Pts
1	Neville	Clarke	65-69	442	42:12	69.04	69	38:00	73.68	73	31:42	72.13	72	38:01	72.12	72	20:36	80.83	80	21:42	76.73	76																	
2	Malcolm	Osbourn	70-74	381	50:10	61.76	61	47:10	63.07	63	37:53	64.14	64	47:55	60.83	60	26:03	67.88	67	27:04	66.19	66																	
3	Chris	Aylmer	65-69	341	55:38	53.89	53	49:10	58.58	58	43:04	54.57	54	49:48	56.63	56	27:09	62.98	62	29:06	58.76	58														06/10/2019	Abington 10K			
4	Jeremy	Reader	45-49	333	48:39	50.43	50	43:33	54.15	54	34:50	55.60	55	41:48	55.30	55	23:23	60.8	60	23:50	59.65	59																	
5	Clive	Purbrook	60-64	329	46:22	61.68	61	41:26	66.33	66	35:08	63.90	63				23:12	70.55	70	23:43	69.01	69																	
6	Greg	Davis	55-59	299	38:28	69.84	69	33:33	76.95	76	27:51	75.88	75							19:26	79.50	79																	
7	Jim	Withers	60-64	285	54:28	53.00	53	51:09	54.22	54				49:44	54.62	54	26:37	62.05	62	26:37	62.05	62																	
8	Alan	Thornhill*	70-74	280							44:06	54.42	54	52:44	54.61	54	30:06	58.03	58	30:41	56.93	56														06/05/2019	Breckland 10K	1:01:56	58.37	58
9	Jon	Brooker	50-54	279	39:34	66.76	66	36:32	69.48	69				36:30	68.17	68	19:51	76.66	76																			
10	Mark	Hayward	35-39	274	39:52	58.03	58	33:17	66.85	66							17:15	77.78	77	18:12	73.72	73																	
11	Chris	Howell	45-49	274				33:47	70.94	70				34:57	67.72	67	22:10	65.56	65	19:58	72.79	72																	
12	Sam	Sadler	30-34	261	35:37	63.92	63	31:23	69.73	69				34:39	61.86	61				19:09	68.58	68																	
13	Henry	Hamilton-Gould	35-39	256	39:50	58.08	58	36:12	61.46	61							19:27	68.98	68	19:20	69.40	69																	
14	Brian	Munns	55-59	237							36:31	57.42	57	43:55	57.12	57	25:18	60.61	60	24:16	63.19	63																	
15	Marc	Drury	45-49	202				36:58	63.80	63							20:43	69.11	69	20:25	70.12	70																	
16	Jamie	Rule	30-34	184	39:48	57.20	57	35:46	61.18	61							19:58	66.11	66																				
17	Baz	Colley	50-54	170										44:01	54.68	54	24:36	59.96	59	25:27	57.96	57																	
18	Chris	Gay	30-34	152													16:44	78.88	78	17:40	74.72	74																	
19	Neil	Pollard	40-44	151				29:12	77.74	77				30:00	74.17	74																							
20	Bertie	Tweed	15-19	141													17:31	75.64	75	21:26	66.80	66																	
21	Stuart	Sowerby	45-49	138													20:33	69.18	69	20:27	69.52	69																	
22	James	Thomson	30-34	129				35:21	61.76	61							19:14	68.02	68																				
23	James	Tweed	45-49	127										38:21	60.76	60	21:18	67.21	67																			
24	Jason	Bevan	25-29	125	36:39	61.80	61													20:18	64.04	64																	
25	Craig	Ladley	35-39	123													20:59	63.54	63	22:11	60.11	60																	
26	Dominic	Doe	55-59	121													25:03	61.21	61	25:29	60.17	60																	
27	Mike	Sales	50-54	120													24:22	61.49	61	25:19	59.18	59																	
28	Richard	Groom	40-44	119													23:01	60.39	60	23:27	59.28	59																	
29	Giles	Macrow	50-54	117													23:05	64.4	64	27:37	53.83	53																	
30	Joe	Cormack	35-39	113													23:39	56.38	56	23:21	57.10	57																	
31	Paul	Holley	50-54	83																18:00	83.89	83																	
32	Simon	Harris	40-44	74																18:50	74.34	74																	
33	Stephen	Cousins	60-64	70													22:44	70.82	70																				
34	Jonathan	Ollington	50-54	68																21:39	68.67	68																	
35	Richard	Wilkinson	45-49	68																20:48	68.35	68																	
36	Andrew	Taylor	45-49	65													21:53	65.42	65																				
37	Paul	Dockerill	40-44	63	37:14	63.38	63																																
38	Wayne	Hogg	30-34	63																20:49	63.41	63																	
39	Alan	Shand	60-64	63																25:50	63.94	63																	
40	Adam	Maltpress	40-44	62																21:47	62.97	62																	
41	Martyn	Taylor	35-39	62	37:05	62.38	62																																
42	Dave	Crowley	45-49	59													24:18	59.8	59																				
43	Stephen	Edwards	50-54	58	45:32	58.02	58																																
44	Anthony	Garth	45-49	54										43:45	54.10	54																							
45	Daryl	Moran	25-29	52				41:13	52.81	52																													
46	Rob	Kingsley	45-49	52																27:28	52.49	52																	
47	Ian	Norman	50-54	49													30:04	49.45	49																				
48	Adrian	Whittle	50-54	49													31:03	49.01	49																				