

Women's XC Achievements Table 2019 YTD

Newmarket Joggers

First Name	Surname	Age band	Suffolk County Champ (10.2K) 6th Jan Time	Suffolk County Champ AG% 20th Jan Time	Stow-market XC (5.3m) 20th Jan Time	Stow-market AG%	Bury XC (5.1m) 17th Feb Time	Bury XC AG%	Bungay XC (4.2m) 10th Mar Time	Bungay AG%	Haver-hill XC (5.0m) 24th Mar Time	Haver-hill AG%	World Masters Poland 8K XC March 27th	World Master's AG%	Framling-ham XC (5.6m) 3rd Nov? Time	Framling-ham AG%	Wood-bridge XC (4.6m) 1st Dec?	Wood-bridge AG%	Overall SB XC AG%	CLUB STANDARD
Elke	Hausler	55-59											39:06	75.53					75.53	Diamond
Belinda	Schofield	60-64	60:39	67.24	54:26	61.88			41:10	63.77	50:09	63.11							67.24	Gold
Emma	Newman	30-34	47:41	65.08			38:42	64.00											65.08	Gold
Isabella	Soro	20-24					38:27	64.24	31:57	63.22	37:36	64.36							64.36	Silver
Jan	Holmes	55-59	59:24	62.60	54:46	56.21	47:19	62.45											62.60	Silver
Ruth	Eberhardt	45-49					43:12	61.07											61.07	Silver
Hannah	Parsons	40-44					43:13	60.05											60.05	Silver
Carol	McIntosh	65-69			62:18	57.17					56:09	59.94							59.94	Bronze
Sianie	Painter	50-54			55:45	53.87	50:03	57.61	42:03	55.85	50:08	56.32							57.61	Bronze
Jennifer	Osborn	70-74					63:20	57.18	52:52	55.45	63:02	56.24							57.18	Bronze
Rebecca	Fordham	45-49			52:06	54.38	48:32	56.04											56.04	Bronze
Danielle	Jones	20-24	55:53	55.38	48:33	52.97													55.38	Bronze
Jill	O'Grady	35-39					48:10	52.49											52.49	Tungsten
Svitlana	Zinchenko	40-44	65:55	48.09			50:03	50.52			51:49	48.05							50.52	Tungsten
Lisa	Jennings	45-49			58:46	47.67													47.67	Copper
Gillian	Green	55-59			68:53	45.80													45.80	Copper
Rebecca	Hannah	30-34			61:20	41.98													41.98	Iron

Men's XC Achievements Table 2019 YTD

Newmarket Joggers

First Name	Surname	Age band	Suffolk County Champ (10k) 6th Jan Time	Suffolk County Champ AG%	Stow-market XC (5.3m) 20th Jan Time	Stow-market AG%	Bury XC (5.1m) 17th Feb	Bury XC AG%	Bungay XC (4.2m) 10th Mar Time	Bungay AG%	Haver-hill XC (5.0m) 24th Mar Time	Haver-hill AG%	Framling-ham XC (5.6m) 3rd Nov Time	Framling-ham AG%	Wood-bridge XC (4.6m) 1st Dec	Wood-bridge AG%	Overall SB XC AG%	CLUB STANDARD	
Neil	Pollard	40-44	35:48	79.05			29:12	77.74			30:00	74.17					79.05	Diamond	
Greg	Davis	55-59			38:28	69.84	33:33	76.95	27:51	75.88								76.95	Diamond
Neville	Clarke	65-69	46:12	75.97	42:12	69.04	38:00	73.68	31:42	72.13	38:01	72.12						75.97	Diamond
Chris	Howell	45-49					33:47	70.94			34:57	67.72						70.94	Platinum
Sam	Sadler	30-34			35:37	63.92	31:23	69.73			34:39	61.86						69.73	Gold
Jon	Brooker	50-54			39:34	66.76	36:32	69.48			36:30	68.17						69.48	Gold
Stuart	Sowerby	45-49	42:54	68.61														68.61	Gold
Paul	Dockerill	40-44	41:23	68.39	37:14	63.38												68.39	Gold
Clive	Purbrook	60-64	51:12	67.25	46:22	61.68	41:26	66.33	35:08	63.90								67.25	Gold
Mark	Hayward	35-39			39:52	58.03	33:17	66.85										66.85	Gold
Alan	Shand	60-64	51:58	66.26														66.26	Gold
Malcolm	Osborn	70-74			50:10	61.76	47:10	63.07	37:53	64.14	47:55	60.83						64.14	Silver
Marc	Drury	45-49					36:58	63.80										63.80	Silver
Martyn	Taylor	35-39			37:05	62.38												62.38	Silver
Jason	Bevan	25-29			36:39	61.80												61.80	Silver
James	Thomson	30-34	44:43	61.09			35:21	61.76										61.76	Silver
Chris	Aylmer	65-69	58:35	61.71	55:38	53.89	49:10	58.58	43:04	54.57	49:48	56.63						61.71	Silver
Henry	Hamilton-Gould	35-39			39:50	58.08	36:12	61.46										61.46	Silver
Jamie	Rule	30-34			39:48	57.20	35:46	61.18										61.18	Silver
James	Tweed	45-49									38:21	60.76						60.76	Silver
Jim	Withers	60-64	59:27	58.48	54:28	53.00	51:09	54.22			49:44	54.62						58.48	Bronze
Stephen	Edwards	50-54			45:32	58.02												58.02	Bronze
Brian	Munns	55-59							36:31	57.42	43:55	57.12						57.42	Bronze
Neil	Williamson	40-44	50:51	56.96														56.96	Bronze
Jeremy	Reader	45-49			48:39	50.43	43:33	54.15	34:50	55.60	41:48	55.30						55.60	Bronze
Baz	Colley	50-54	58:05	52.80							44:01	54.68						54.68	Tungsten
Alan	Thornhill	70-74							44:06	54.42	52:44	54.61						54.61	Tungsten
Anthony	Garth	45-49									43:45	54.10						54.10	Tungsten
Daryl	Moran	25-29					41:13	52.81										52.81	Tungsten