

# Winter Handicap 2018-2019



Course Record for Women: 18.38 Joanna Cole 2011/2012				Course Record for Men: 15.51 Denys Olefir 2014/2015							
Course PB	First Name	Surname	SB	2nd Oct 2018	6th Nov 2018	4th Dec 2018	8th Jan 2019	5th Feb 2019	5th Mar 2019	Beginners Group 5K	2nd Apr 2019
17.09	Chris	Gay	17.09	17.09	17.50		17.50	17.43	V		
17.10	Danny	Peeling	17.36	17.36							
17.03	Sam	Sadler	17.52	18.30	18.13	18.10	18.02	17.52	18.51		
18.20	Simon	Harris	18.34	18.40			18.34				
18.35	Jason	Bevan	18.35	18.39				18.35	18.45		
17.42	Mark	Hayward	18.40	18.42	18.49		19.26	18.40			
19.07	Grainne	Brennan	19.07	19.07		V	19.26	19.46			
18.23	James	Thomson	19.29	19.33	19.29	19.41		19.54			
19.47	Jamie	Rule	19.47				19.47				
19.38	Jon	Brooker	19.51		19.54		19.51		20.05		
19.59	Stuart	Sowerby	19.59		20.09			19.59			
19.46	Henry	Hamilton	20.16					20.16			
20.10	Malcolm	McConnell	20.37	20.57	20.37	20.38					
20.44	Simon	Cockerton	20.44	20.44		20.44					
20.44	Bobby	Jackson	20.44						20.44		
20.47	Isabella	Soro	20.47	20.47	21.45	21.27		21.10	21.05		
20.47	Craig	Ladley	20.47	22.38			21.04	20.49	20.47		
20.03	Jonathan	Ollington	20.50		21.12	21.05	21.06	21.06	20.50		
21.05	Richard	Wilkinson	21.05						21.05		
19.30	Neil	Williamson	21.06		21.06	25.57					
21.18	James	Tweed	21.18	21.18		21.27			21.34		
20.33	Noel	Benn	21.19		21.19						
21.00	Richard	Jones	21.26	21.26							
18.38	Joanna	Cole	21.29					23.34	21.29		
21.36	Steve	Cousins	21.36	21.36		22.22					
21.42	Emma	Newman	21.42	22.05	21.56	21.51	21.42				
19.30	Stephen	Edwards	21.47	21.47							
22.09	Hannah	Parsons	22.09	25.36	24.13		23.56	23.13	22.09		
22.17	Daryl	Moran	22.17	22.42	23.20	23.11	22.23	22.17			
22.33	Nick	Acklam	22.33					23.16	22.33		
22.48	Olivia	Carter	22.48		22.48						
22.50	Denis	Coman	22.50					22.50			
21.37	John	Duke	23.03	23.35		23.03					
23.14	Danielle	Jones	23.14	23.33		24.24	24.11	23.14			
22.18	Giles	Macrow	23.17		23.17	25.06	24.12	24.28			
22.05	Ruth	Eberhardt	23.17		24.06	23.19	23.17		24.13		
22.17	Richard	Groom	23.19	23.19	V	23.24		V			
22.56	Alan	Shand	23.22	V	24.09	23.48	23.22	V	V		
21.04	Clive	Purbrook	23.25	23.25	V						
23.59	Kevin	Pearson	23.59	24.37		23.59					
24.26	Baz	Colley	24.26	25.15	25.14	25.30	26.02		24.26		
23.18	Tony	Garth	24.29						24.29		
24.34	Adam	Orris	24.34		25.53			24.34			
23.23	Dominic	Doe	24.52				25.49	25.04	24.52		
24.06	Jackie	Hall	24.57	24.57							
21.16	Jim	Withers	25.01	25.01	25.32			26.44			
25.20	Dave	Crowley	25.20	25.20			25.56	25.27	25.06		
25.20	Claire	Acklam	25.20					25.20			
25.42	Jill	O'Grady	25.42	26.21			26.02	25.42	25.43		
25.01	Malcolm	Osborn	25.50	25.56	25.50	25.54					
25.52	Lisa	Howlett	25.52			25.52					
24.45	Cathy	Russell	26.14	26.14	V	26.37					
25.32	Jan	Holmes	26.18	26.54	27.16	26.18		28.28			
27.35	Sarah	Kinston	27.35	30.01	28.15	27.47	27.35	V			
27.05	Meera	Mahadevan	27.36				27.36				
25.28	Chris	Aylmer	27.55	28.03	28.54	27.55	28.34	29.28	V		
27.55	Aaron	Burns	27.55			27.55		28.47			
27.57	Rob	Kingsby	27.57					29.09	27.57		
28.00	Rebecca	Fordham	28.00	29.33	28.00		28.10	28.10	29.25		
28.19	Iain	Perry	28.19				28.19		29.26		
28.24	Sianie	Painter	28.24	V			28.24	29.14			
28.33	Alison	McKenzie	28.33		29.03		28.33				
28.03	Alan	Thornhill	28.38	29.36	29.25	28.38		29.32	29.34		
28.50	Alexia	Smithson	28.50	30.24	29.15	28.50	29.07	29.32			
29.03	Ian	Woodroffe	29.03		29.49	29.36	29.03				
29.33	Orla	Dockery	29.33	32.17	31.27	29.58	29.57	29.33			
28.42	Rebecca	Hannah	29.54	29.54			30.27				
30.04	Amanda	Smith	30.04						30.04		
24.49	Lana	Zinchenko	30.12			30.12					
30.20	Caroline	McIntosh	30.20	30.20	V	31.07	32.01	33.01	31.20		
25.36	Kate	Warboys	30.34	30.34							
28.28	Mandy	Davis	31.07					31.07			
30.25	Jacqueline	Henley	31.21	31.21	31.51			33.10			
31.30	Jenny	Osborn	32.31	32.31			34.04				
27.45	Isabel	Vicente	34.02				34.02				
39.15	Jason	Singh	39.15						39.15		
34.45	Christine	Conway-Jarrett		V	V	V	V	V	V		
24.03	Helen	Wass		V	V	V	V	V	V		
28.24	Gillian	Green		V					V		
25.54	Sara	Williams				V	V				
17.16	Neil	Pollard					V				
20.17	Hannah	Pollard					V				
	Carol	Challinor				V	V				

Total Runners	72	43	33	32	34	35	25		
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Record Attendance	V	Volunteers	New PB
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