



June 2019

Sun	Mon	Tuesday	Wed	Thursday	Fri	Sat
						1
2	3	4 Lode Run SR12	5	6 Newmarket 5k KH	7 Fram 5	8
9	10	11 Out & Back SE4 (JC)	12	13 3 Churches SR2	14 Sudb 5	15
16	17	18 Track Only	19	20 Committee Meeting gov Hamilton Hill Efforts SE3	21 Bury 5	22
23	24	25 Race Course Efforts SE1 (JC)	26	27 Newmarket 10K Course SR6	28 Stow 5	29
30	1	2	3	4	5	6