

# Winter Handicap 2018-2019



Course Record for Women:			18.38			Course Record for Men:			15.51		
Joanna Cole 2011/2012						Denys Olefir 2014/2015					
Course PB	First Name	Surname	SB	2nd Oct 2018	6th Nov 2018	4th Dec 2018	8th Jan 2019	5th Feb 2019	5th Mar 2019	Beginners Group 5K	2nd Apr 2019
17.09	Chris	Gay	17.09	17.09	17.50		17.50				
17.10	Danny	Peeling	17.36	17.36							
17.03	Sam	Sadler	18.02	18.30	18.13	18.10	18.02				
18.20	Simon	Harris	18.34	18.40			18.34				
18.39	Jason	Bevan	18.39	18.39							
17.42	Mark	Hayward	18.42	18.42	18.49		19.26				
19.07	Grainne	Brennan	19.07	19.07	19.26	V	19.46				
18.23	James	Thomson	19.29	19.33	19.29	19.41					
19.47	Jamie	Rule	19.47				19.47				
19.38	Jon	Brooker	19.51		19.54		19.51				
20.09	Stuart	Sowerby	20.09		20.09						
20.10	Malcolm	McConnell	20.37	20.57	20.37	20.38					
20.44	Simon	Cockerton	20.44	20.44		20.44					
20.47	Isabella	Soro	20.47	20.47	21.45	21.27					
21.04	Craig	Ladley	21.04	22.38			21.04				
20.03	Jonathan	Ollington	21.05		21.12	21.05	21.06				
19.30	Neil	Williamson	21.06		21.06	25.57					
21.18	James	Tweed	21.18	21.18		21.27					
20.33	Noel	Benn	21.19		21.19						
21.00	Richard	Jones	21.26	21.26							
21.36	Steve	Cousins	21.36	21.36		22.22					
21.42	Emma	Newman	21.42	22.05	21.56	21.51	21.42				
19.30	Stephen	Edwards	21.47	21.47							
22.23	Daryl	Moran	22.23	22.42	23.20	23.11	22.23				
22.48	Olivia	Carter	22.48		22.48						
21.37	John	Duke	23.03	23.35		23.03					
22.18	Giles	Macrow	23.17		23.17	25.06	24.12				
22.05	Ruth	Eberhardt	23.17		24.06	23.19	23.17				
22.17	Richard	Groom	23.19	23.19	V	23.24					
22.56	Alan	Shand	23.22	V	24.09	23.48	23.22				
21.04	Clive	Purbrook	23.25	23.25	V						
23.33	Danielle	Jones	23.33	23.33		24.24	24.11				
23.56	Hannah	Parsons	23.56	25.36	24.13		23.56				
23.59	Kevin	Pearson	23.59	24.37		23.59					
24.06	Jackie	Hall	24.57	24.57							
21.16	Jim	Withers	25.01	25.01	25.32						
25.14	Baz	Colley	25.14	25.15	25.14	25.30	26.02				
25.20	Dave	Crowley	25.20	25.20			25.56				
23.23	Dominic	Doe	25.49				25.49				
25.01	Malcolm	Osborn	25.50	25.56	25.50	25.54					
25.52	Lisa	Howlett	25.52			25.52					
25.53	Adam	Orriss	25.53		25.53						
26.02	Jill	O'Grady	26.02	26.21			26.02				
24.45	Cathy	Russell	26.14	26.14	V	26.37					
25.32	Jan	Holmes	26.18	26.54	27.16	26.18					
27.35	Sarah	Kinston	27.35	30.01	28.15	27.47	27.35				
27.05	Meera	Mahadevan	27.36				27.36				
25.28	Chris	Aylmer	27.55	28.03	28.54	27.55	28.34				
27.55	Aaron	Burns	27.55			27.55					
28.00	Rebecca	Fordham	28.00	29.33	28.00		28.10				
28.19	Iain	Perry	28.19				28.19				
28.24	Sianie	Painter	28.24	V			28.24				
28.33	Alison	McKenzie	28.33		29.03		28.33				
28.03	Alan	Thornhill	28.38	29.36	29.25	28.38					
28.50	Alexia	Smithson	28.50	30.24	29.15	28.50	29.07				
29.03	Ian	Woodroffe	29.03		29.49	29.36	29.03				
28.42	Rebecca	Hannah	29.54	29.54			30.27				
29.57	Orla	Dockery	29.57	32.17	31.27	29.58	29.57				
24.49	Lana	Zinchenko	30.12			30.12					
30.20	Caroline	McIntosh	30.20	30.20	V	31.07	32.01				
25.36	Kate	Warboys	30.34	30.34							
30.25	Jacqueline	Henley	31.21	31.21	31.51						
31.30	Jenny	Osborn	32.31	32.31			34.04				
27.45	Isabel	Vicente	34.02				34.02				
34.45	Christine	Conway-Jarrett		V	V	V	V				
24.03	Helen	Wass		V	V	V	V				
28.24	Gillian	Green		V							
25.54	Sara	Williams				V	V				
17.16	Neil	Pollard					V				
20.17	Hannah	Pollard					V				
	Carol	Challinor				V	V				

Total Runners	64	43	33	32	34						
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Record Attendance	V	Volunteers	New PB
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