

The Marcus Gynn Newmarket 10k 2018

Results

Position	Vest	Gun time	Name	Catagory	Club
1	103	0:36:15.41	Michael Gilbert	MS	Haverhill RC
2	127	0:36:50.83	Kieran Hayles	MS	Sudbury Joggers
3	102	0:37:16.38	Chris Gay	MS	Newmarket Joggers
4	300	0:37:22.6	Andrew Bell	MS	Haverhill RC
5	280	0:37:31.53	Neil Turner	MV50	
6	12	0:37:45.34	Tony Bacon	MS	Haverhill RC
7	248	0:38:04.58	Darren Sheppard	MV45	Framlingham flyers
8	298	0:38:15.86	Peter Hewitt	MV45	Ealing Southall and Middlese AC
9	263	0:38:58.17	Dave Solomon	MV50	Felixstowe Road Runners
10	172	0:39:04.75	Scott Manning	MS	Framlingham Flyers
11	271	0:39:23.25	Gary Taylor	MS	Felixstowe Road Runners
12	46	0:39:33.42	Steve Brooke	MV45	Felixstowe Road Runners
13	162	0:39:40.53	Chris Leek	MV40	Framlingham Flyers
14	136	0:39:43.08	Richard Holmes	MV40	Umara Sports Club
15	18	0:39:48.92	Lee Barber	MS	Framlingham Flyers
16	2	0:40:03.87	Daniel Aguilar-Agon	MV55	Cambridge and Coleridge AC
17	223	0:40:09.23	Alastair Read	MV40	Felixstowe Road Runners
18	231	0:40:17.91	Neil Rosewell	MV40	
19	47	0:40:57.78	Robin Brookes	MV45	Harwich Runners
20	212	0:41:06.72	David Percy	MV40	Haverhill RC
21	258	0:41:16.7	James Smith	MS	Cambridge and Coleridge AC
22	185	0:41:36.86	Kelly Mepham	FS	Haverhill RC
23	292	0:41:36.9	Mark White	MV45	Haverhill RC
24	64	0:41:43.89	Ben Clarke	MV50	
25	145	0:41:48.47	Benjamin Jacobs	MV40	Felixstowe Road Runners
26	91	0:41:50.77	Ian Elden	MV40	Ipswich Jaffa
27	190	0:42:17.66	Lee Morgan	MV45	Felixstowe Road Runners
28	106	0:42:27.87	Jessica Gooderham	FS	Saint Edmund Pacers

29	111	0:42:41.04	John Greener	MV45	Saint Edmund Pacers
30	78	0:42:50.29	Paul Dockerill	MV40	Newmarket joggers
31	284	0:42:52.42	Mathieu Vidot	MS	
32	189	0:43:29.44	Chris Moore	MS	
33	125	0:43:41.89	Robin Harper	MV40	Felixstowe Road Runners
34	13	0:43:59.82	Cliff Bailey	MV55	Thetford AC
35	279	0:44:12.9	Kate Hodgkiss	FS	Harwich Runners
36	229	0:44:21.64	Stuart Roberts	MV55	
37	32	0:44:33.63	Claudine Benstead	FV55	Harwich Runners
38	93	0:44:40.63	Matthew Faupel	MV50	Vegan Runners
39	36	0:44:41.88	Andrew Bonner	MS	Ely Runners
40	219	0:45:17.4	Hannah Pollard	FS	Newmarket Joggers
41	109	0:45:19.5	Collette Green	FS	Felixstowe Road Runners
42	29	0:45:22.74	Robin Belsom	MV55	Ipswich Jaffa
43	196	0:45:36.47	Stephen Murton	MV50	West Suffolk Wheelers
44	126	0:45:39.61	Stephen Hatten	MV50	Saint Edmund pacers
45	274	0:45:43.06	Lauren Thomas	FS	
46	222	0:46:12.01	Jamie Randall	MV50	Haverhill RC
47	105	0:46:19.27	Ian Gooderham	MV50	Saint Edmund Pacers
48	261	0:46:19.86	Ray Smith	MS	
49	209	0:46:31.27	Luke Pavey	MS	
50	220	0:46:47.23	Stephen Pretty	MV60+	Stowmarket Striders
51	240	0:46:56.29	Nigel Schofield	MV50	Saint Edmund Pacers
52	104	0:47:33.47	Mark Gilley	MS	
53	33	0:47:41.06	David Bethell	MV40	
54	191	0:47:47.58	Vaughan Morris	MV55	Stowmarket Striders
55	246	0:47:59.72	Rebecca Sharpe	FS	Ely Runners
56	277	0:48:03.54	Sam Tisbury	MS	
57	184	0:48:12.89	Gerald Meah	MV60+	Cambridge and Coleridge AC
58	205	0:48:17.32	Jonathan Ollington	MV50	Newmarket Joggers
59	291	0:48:21.47	Chris Wells	MS	Sudbury Joggers
60	299	0:48:25.65	Kevin Millard	MS	Haverhill RC
61	176	0:48:28.47	Karl Mayers	MS	Red Lodge Runners
62	234	0:48:31.49	Steven Rue	MV60+	Saint Edmund Pacers
63	143	0:48:57.33	Phil Hymers	MV60+	Saint Edmund Pacers
64	43	0:49:07.84	Russel Breyer	MV55	Ipswich Triathlon Club
65	66	0:49:08.3	Hayley Coates	FS	Saint Edmund Pacers

66	67	0:49:12.8	Simon Cockerton	MS	Newmarket Joggers
67	188	0:49:16.15	Greg Mills	MV60+	
68	75	0:49:28.81	Richard Dempsey	MV50	Woodbridge Shufflers
69	22	0:49:44.29	Alex Batho	MV45	
70	133	0:49:50.23	Frank Holmes	MV45	BRJ Run and Tri
71	54	0:49:53.63	Eleanor Burke	FS	Harwich Runners
72	77	0:49:54.51	Salvador Diaz	MS	
73	113	0:49:55.65	Colin Groom	MV50	
74	7	0:49:56.27	Stuart Appleby	MV50	
75	92	0:50:13.8	Andrew Elliott	MV45	Stowmarket Striders
76	180	0:50:21.74	Eamonn McCusker	MV60+	Ryston Runners
77	70	0:50:25.03	Stephen Cornell	MV50	
78	293	0:50:28.72	Graham Wigley	MV60+	Framlingham Flyers
79	168	0:50:32.03	Michele Macrelli	MS	
80	79	0:50:40.2	Lisa Dove	FS	Sudbury Joggers
81	281	0:50:46.26	Christopher Underwood	MS	Saint Edmund Pacers
82	39	0:51:02.05	Paul Brand	MS	
83	276	0:51:04.51	Melanie Tindale	FV40	Eye Community Runners
84	206	0:51:27.78	Craig Osborn	MV55	
85	203	0:51:35.24	Steve Oglesby	MV40	Haverhill RC
86	257	0:51:39.63	Glyn Smith	MV60+	Cambridge and Coleridge AC
87	198	0:51:43.73	John Nevin	MV60+	Haverhill RC
88	150	0:51:44.34	Peter Johnson	MV60+	Saint Edmund Pacers
89	171	0:51:45.97	Cliff Manning	MV55	Sudbury Joggers
90	128	0:51:58.05	Michelle Haynes	FS	Haverhill RC
91	195	0:52:03.43	Jan Murton	FV50	West Suffolk Wheelers
92	48	0:52:18.54	Michelle Brown	FS	
93	272	0:52:22.71	Daniel Tee	MS	Newmarket CTC
94	28	0:52:24.06	Catherine Belsom	FV45	Stowmarket Striders
95	269	0:52:30.87	Rhys Tappenden	MV45	Red Lodge Runners
96	174	0:52:33.85	Dawn Marshall	FV55	Saint Edmund Pacers
97	252	0:52:34.47	Lydia Simmons	FS	Saint Edmund Pacers
98	165	0:52:38	Tasmin Long	FS	Newmarket Joggers
99	60	0:52:57.51	Mik Carr	MV60+	Bungay Black Dog RC
100	224	0:52:59.41	Jeremy Reader	MV40	Newmarket Joggers
101	86	0:52:59.44	John Duke	MV55	Newmarket Joggers
102	235	0:52:59.45	Jamie Rule	MS	Newmarket Joggers

103	200	0:53:04.42	Emma Newman	FS	Newmarket Joggers
104	42	0:53:07.94	Claire Bransby	FV45	Harwich Runners
105	216	0:53:18.76	Susanna Phillips	FV40	
106	152	0:53:33.58	John Kent	MS	Red Lodge Runners
107	285	0:53:49.81	Paul Wade	MV50	
108	55	0:53:55.26	Niall Burke	MS	Harwich Runners
109	236	0:54:05.54	Peter Russell	MV60+	Framlingham Flyers
110	15	0:54:11.92	Stephen Baldock	MV55	Ipswich Jaffa
111	11	0:54:19.52	Mark Artley	MV45	
112	160	0:54:50.31	Ilan Lay	MV40	
113	100	0:54:50.65	Teresa Franklin	FV50	Haverhill RC
114	21	0:54:51.75	Dan Barwise	MS	
115	232	0:54:52.11	Nikki Royse	FS	Tri2o
116	202	0:54:57.55	Ewa Niezgodka	FS	
117	74	0:55:03.94	Melonie Deakin	FV45	Stafford Harriers
118	278	0:55:07.53	Cheryl Trundle	FV60+	Haverhill RC
119	177	0:55:10.89	Paul McAllister	MV50	Hadleigh Hares
120	259	0:55:19.3	Keelan Smith	MS	The Saxons
121	73	0:55:20.43	Ben Deakin	MU21	Stafford Harriers
122	245	0:55:23.14	David Seymour	MV55	Felixstowe Road Runners
123	112	0:55:26.96	Kate Greener	FV40	
124	255	0:55:28.51	Roger Slade	MV50	
125	251	0:55:31.43	Joanna Simcock-Sims	FS	
126	243	0:55:35.9	Colin Seltzer	MV50	10k Tourists
127	250	0:55:42.67	Ian Sillett	MV60+	Felixstowe Road Runners
128	3	0:55:53.72	Mark Allen	MV60+	Woodbridge Shufflers
129	118	0:56:01.06	Steve Hannah	MS	
130	253	0:56:04.85	Ashley Simpson	MS	DB Run Club
131	85	0:56:10.44	Chris Duck	MS	
132	157	0:56:20.62	Craig Ladley	MS	Haverhill RC
133	297	0:56:31.39	Svitlana Zinchenko	FS	Newmarket Joggers
134	114	0:56:41.91	Simon Haffenden	MV55	Saint Edmund Pacers
135	201	0:56:45.9	Paul Newman	MV55	Rushmere Community Runners
136	71	0:56:45.93	Ruth Cowlin	FV50	Sudbury Joggers
137	211	0:56:58.45	Sarah Pegram	FS	Godmanchester RC
138	101	0:57:01.28	Juliet Garnham	FV40	Stowmarket Striders
139	10	0:57:05.66	Ross Arnold	MS	Haverhill RC

140	151	0:57:10.91	Stephen Kelly	MV50	
141	267	0:57:29.2	Brent Swann-Auger	MV55	10k tourists
142	76	0:57:31.12	Lucy Denny	FS	DB Run Club
143	207	0:57:31.18	Malcolm Osbourn	MV60+	Newmarket Joggers
144	218	0:57:32.45	Lara Pocock	FS	Suffolk Trail Runners
145	179	0:57:44.03	Natasha McCracken	FV45	Vegan Runners
146	215	0:57:58.2	Sandy Phillips	FV50	Ipswich Jaffa
147	35	0:58:07.7	Nicola Bissett	FV40	
148	169	0:58:10.53	Grahame Macrow	MV40	
149	239	0:58:11.35	Julie Sayer	FV50	
150	41	0:58:30.82	Roger Brand	MV60+	Saint Edmund Pacers
151	1	0:58:41.73	Helaine Addison	FV40	Red Lodge Runners
152	273	0:58:52.12	David Tharby	MV45	
153	138	0:58:52.19	John Hubbard	MV60+	
154	199	0:58:56.03	Charlotte Nevison	FV45	Ely Runners
155	56	0:59:01.03	Steve Butler	MV40	Haverhill RC
156	226	0:59:07.04	Ellis Reinman	FS	
157	186	0:59:25.66	Jenny Merry	FS	Sudbury Joggers
158	31	0:59:36.74	Arron Benstead	MS	
159	233	0:59:37.85	Rita Rue	FV55	Saint Edmund Pacers
160	121	0:59:51.43	Ian Harfield	MS	Godmanchester RC
161	44	0:59:52.28	Kristina Bright	FS	Haverhill RC
162	30	0:59:52.3	Clare Bennett-Smith	FS	
163	27	0:59:58.17	Samantha Bell	FS	
164	116	1:00:05.52	Tina Hamilton	FV45	Saffron Striders
165	134	1:00:09.62	Jan Holmes	FV50	Newmarket Joggers
166	5	1:00:10.45	Claire Anderson	FV45	Haverhill RC
167	95	1:00:10.84	Yusuf Firat	MV55	Haverhill RC
168	266	1:00:26.73	Nicola Stevenson	FV55	Felixstowe Road Runners
169	69	1:01:05.69	Michelle Cooper	FV40	
170	40	1:01:18.71	Rachel Brand	FS	
171	45	1:01:31.45	Joanne Brooke	FV45	Felixstowe Road Runners
172	90	1:01:32.16	Benjamin John Eccleston	MS	Cambridge Ducklings
173	107	1:01:36.54	Ann Granger	FV55	The Saxons
174	178	1:02:11.56	Lynda McCormack	FV55	Newmarket Joggers
175	194	1:02:51.96	Katie Murray	FS	
176	217	1:02:52.74	Moira Pinkney	FV60+	Ipswich Triathlon Club

177	68	1:03:16.57	Adrian Cole	MV55	Stowmarket Striders
178	49	1:03:29.08	Sara Brown	FS	Newmarket Joggers
179	208	1:03:32.6	Hannah Parsons	FV40	Newmarket Joggers
180	256	1:03:34.63	Jenny Small	FS	
181	254	1:03:44.53	Emily Skinner	FS	
182	204	1:04:08.76	Jill O'Grady	FS	Newmarket Joggers
183	225	1:04:17.54	Maria Reed	FV55	Haverhill RC
184	149	1:04:18.01	Steven Jeggo	MV45	Sudbury Joggers
185	140	1:04:19.17	Andrea Hunt	FS	Sudbury Joggers
186	8	1:04:33.73	Sharntelle Arlington	FS	
187	268	1:04:48.61	Chiara Talamonti	FS	
188	139	1:04:53.03	Craig Hubble	MS	
189	144	1:05:26.76	Josh Iron	MS	Haverhill RC
190	58	1:05:27.76	Pascal Canevet	MV45	
191	249	1:05:28.4	Horace Shuriah	MV45	Haverhill RC
192	37	1:05:35.72	Nicola Bowser	FV45	
193	166	1:05:35.81	Rachel Loveday	FV45	
194	124	1:05:58.65	Lisa Harling	FV45	
195	50	1:06:04.67	Alice Bugg	FV45	
196	247	1:06:06.18	Naomi Shelmerdine	FV45	
197	53	1:06:07.98	Mark Burgess	MS	
198	164	1:06:40.39	Andrea Long	FV45	
199	20	1:06:54.22	Emma Bartle	FV40	Newmarket Joggers
200	135	1:06:56.17	Julie Holmes	FV40	BRJ Run and Tri
201	65	1:07:20.64	Jo Clifton	FV45	The Saxons
202	192	1:07:50.16	Jim Mowatt	MV50	
203	283	1:08:13.11	Jo Vickery	FS	Haverhill RC
204	227	1:08:15.01	Beverley Reynolds	FV55	Haverhill RC
205	115	1:09:38.45	Kelly Hamed	FS	
206	153	1:10:03.62	William Kesterson	MV40	
207	214	1:10:06.84	Gavin Phillips	MV40	
208	131	1:10:17.48	Sandra Hiscox	FV55	Haverhill RC
209	221	1:10:53.22	Tim Quilter	MV45	
210	244	1:11:57.6	Brian Seymour	MS	
211	9	1:12:41.42	Steve Arlington	MV50	
212	182	1:13:10.52	Caroline Mcintosh	FV60+	Newmarket Joggers
213	197	1:13:13.52	Joan Nevin	FV60+	Haverhill RC

214	296	1:13:29.32	Victoria Woodward	FV40	
215	158	1:13:37.52	Duncan Lambourne	MS	
216	155	1:13:56.13	Sarah Kinston	FV40	Newmarket Joggers
217	132	1:14:03.94	Michelle Holden	FV45	Stowmarket Striders
218	122	1:15:07.33	Leanne Harfield	FS	Godmanchester RC
219	161	1:15:10.01	Hannah Lee	FS	
220	262	1:15:28.46	Angela Soames	FV40	Felixstowe Road Runners
221	14	1:15:28.75	Jane Bailey	FV60+	Felixstowe Road Runners
222	97	1:15:29.91	Paul Fletcher	MV40	
223	264	1:15:32.21	Sally Solomon	FV50	Felixstowe Road Runners
224	108	1:18:07.95	Andrew Grant	MV50	
225	82	1:18:08.05	Rebekah Downes	FS	
226	34	1:20:42.02	Tracey Bingham	FV50	
227	52	1:20:42.76	Conrad Burgess	MV40	
228	228	1:20:53.72	Steve Roberts	MS	Sudbury Joggers
229	4	1:22:47	Rachel Allen	FS	Newmarket Joggers
230	123	1:28:09.4	Andy Harling	MV45	
231	80	1:45:00	Amy Downes	FS	