

# Marcus Gynn Newmarket 10k

## Open

<i>Position</i>	<i>Number</i>	<i>Name</i>	<i>Cat</i>	<i>Actual time</i>	<i>Club</i>
1	71	Chris Darling	MO	0:33:40.24	
2	11	Chris Balmer	MO	0:35:14.29	Ryston Runners
3	216	Neil Pollard	MO	0:35:49.4	Newmarket Joggers
4	195	Andrew Mynott	M40	0:36:06.3	Saffron Striders
5	139	Adam Howlett	M45	0:36:36.7	Framlingham Flyers
6	254	Andrew Southwood	MO	0:36:53.09	
7	243	Darren Sheppard	M45	0:37:50.63	Framlingham Flyers
8	3	Jon Anderson	M50	0:37:56.19	Cambridge & Coleridge AC
9	208	Nick Palmer	M40	0:38:08.92	Stowmarket Striders
10	271	Neil Turner	M45	0:38:30.32	
11	1	Daniel Aguilar-agon	M50	0:39:20.96	Cambridge & Coleridge AC
12	165	Martin Lawrence	M50	0:39:30.7	Haverhill RC
13	218	Andy Quick	M45	0:40:02.41	Haverhill RC
14	252	James Smith	MO	0:40:18.39	Cambridge & Coleridge AC
15	43	Trevor Bunch	M40	0:40:28.23	Haverhill RC
16	183	Tom Mccusker	MO	0:40:32.91	
17	17	Howard Beasley	M55	0:40:36.73	Saint Edmund Pacers
18	279	Mark White	M45	0:40:39.4	Haverhill RC
19	42	Piotr Bulacz	M45	0:40:54.84	Sudbury Joggers
20	69	Matthew Crane	MO	0:41:03.32	Saint Edmund Pacers
21	127	Mark Harriott	M45	0:41:10.61	South Derbyshire Road Runners
22	119	John Greener	M45	0:41:17.09	Saint Edmund Pacers
23	194	Jon Murfin	M40	0:41:49.32	
24	44	Conrad Burgess	M40	0:41:55.42	
25	237	Bethany Runciman	FO	0:42:15.07	
26	5	Paul Andrews	M40	0:42:20.98	Gateshead Harriers & AC
27	93	Mark Elliott	MO	0:42:22.67	BRJ Run & Tri
28	213	David Percy	M40	0:42:37.88	Newmarket Joggers
29	157	Jan Kading	M40	0:42:59.83	
30	103	Yusuf Firat	M50	0:43:06.43	Haverhill RC
31	269	Mary Ann Tuli	F45	0:43:17.57	Haverhill RC
32	80	Michael Dennison	MO	0:43:26.2	
33	52	Michael Carrea	M40	0:43:34.05	Wootton Road Runners
34	187	Kevin Millard	MO	0:43:50.98	Haverhill RC
35	192	Tom Morley	MO	0:44:02.09	
36	22	Robin Belsom	M55	0:44:08.41	Ipswich JAFFA
37	201	Jonathan Ollington	M45	0:44:15.63	
38	63	Jonathan Coles	M45	0:44:27.72	
39	115	Ian Gooderham	M50	0:44:35	Saint Edmund Pacers
40	147	Andy Ison	M45	0:44:36.1	
41	175	Giles Macrow	M45	0:44:41.45	Newmarket Joggers
42	116	Steve Grange	MO	0:44:44.57	
43	259	Suzanne Tautz	FO	0:44:47.54	Cambridge & Coleridge AC
44	161	Daniel Kitchie	MO	0:45:08.23	Cambridge & Coleridge AC
45	203	Sarah Osborne	FO	0:45:12.61	Newmarket Cycling & Triathlon
46	224	Nikki Reeves	F40	0:45:16.91	South Derbyshire Road Runners
47	186	Gerald Meah	M55	0:45:18.74	Cambridge & Coleridge AC
48	188	Kirsty Millard	FO	0:45:19.84	Haverhill RC
49	253	William Smith	MO	0:45:33.7	
50	275	Peter Warland	M50	0:45:37.6	Stowmarket Striders
51	91	Ruth Eberhardt	F40	0:45:42.75	Newmarket Joggers
52	77	Ben Deakin	U21M	0:45:53.34	Stafford Harriers
53	174	Ker Macrosson	M60	0:46:06.53	Stowmarket Striders
54	106	Peter French	M60	0:46:08.21	
55	219	Jamie Randall	M50	0:46:15.42	Haverhill RC
56	236	Steven Rue	M60	0:46:19.14	Saint Edmund Pacers
57	284	Tim Wilson	M45	0:46:27.62	Newmarket Cycling & Triathlon
58	255	Sadie Spring	FO	0:46:30.27	Ely Runners
59	36	Michael Brentnall	M60	0:46:46.46	Cambridge & Coleridge AC
60	202	Roger Osborne	M55	0:46:51.34	

<i>Position</i>	<i>Number</i>	<i>Name</i>	<i>Cat</i>	<i>Actual time</i>	<i>Club</i>
61	261	Denys Taylor	M45	0:47:13.31	
62	290	Timothy Morgan-evan	MO	0:47:24.7	
63	13	Elizabeth Barter	FO	0:47:41.35	Newmarket Joggers
64	144	Philip Hymers	M60	0:47:41.81	Saint Edmund Pacers
65	94	Martin Ellwood	MO	0:47:53.61	
66	92	Andrew Elliott	M45	0:48:06.81	Stowmarket Striders
67	121	Andrew Griffiths	MO	0:48:10.85	Newmarket Cycling & Triathlon
68	268	Cheryl Trundle	F60	0:48:19.06	Haverhill RC
69	135	Ian Hickey	MO	0:48:21.66	
70	148	Cathy Ison	F40	0:48:26.11	
71	41	Leona Browne	FO	0:48:29.74	
72	277	David Waters	M45	0:48:29.95	
73	204	Yvonne Osborne	F55	0:48:36.14	
74	39	Philip Brown	M50	0:48:39.08	Saint Edmund Pacers
75	31	Steve Borondy	M50	0:48:47.77	Wootton Road Runners
76	251	Glyn Smith	M60	0:48:49.91	Cambridge & Coleridge AC
77	247	Ashley Simpson	MO	0:48:52.31	
78	273	Nuno Vidal	MO	0:48:56.87	Jogging Made Easy
79	8	Chris Axford	M50	0:48:57	Jogging Made Easy
80	185	Steve Mcnamara	M45	0:48:58.94	Stowmarket Striders
81	19	Wayne Bell	M50	0:48:59.78	
82	123	Colin Groom	M50	0:49:05.66	
83	32	Paul Brand	MO	0:49:13.51	
84	107	Glenn Fruish	M55	0:49:16.11	Haverhill RC
85	189	Greg Mills	M60	0:49:17.07	
86	160	Luke King	MO	0:49:17.16	
87	198	Geoffrey Newell	M50	0:49:17.22	
88	245	Charles Shoolbred	M60	0:49:18.5	Ipswich JAFFA
89	25	David Bethell	M40	0:49:20.61	
90	133	Steve Hennings	M50	0:49:21.14	Witham RC
91	15	Colin Batchelor	M40	0:49:25.63	
92	168	Richard Leet	M45	0:49:27.63	
93	260	Andrew Taylor	M40	0:49:32.78	Newmarket Joggers
94	38	Paul Brough	M45	0:49:34.37	Haverhill RC
95	104	Lloyd Fleming	M55	0:49:40.64	
96	67	Stephen Cornell	M50	0:49:53.14	
97	51	Richard Canning	MO	0:49:56.18	
98	90	Anna Eaton	F45	0:49:58.94	
99	132	Claudius Hempstead	M60	0:50:09.01	
100	131	Simon Hedges	MO	0:50:15.78	
101	7	Jenni Askew-martin	FO	0:50:24.94	
102	2	Stewart Aitken	M55	0:50:28.41	10k Tourists
103	212	Mark Pashler	M45	0:50:34.39	
104	241	Iaen Sell	M55	0:50:44.27	
105	199	Thera Noone	F45	0:51:03.89	
106	99	Matthew Faupel	M50	0:51:18.7	Vegan Runners
107	78	Melonie Jayne Deakin	F45	0:51:20.83	Stafford Harriers
108	105	Teresa Franklin	F50	0:51:25.94	Haverhill RC
109	21	Catherine Belsom	F45	0:51:28.59	Stowmarket Striders
110	60	John Clark	M40	0:51:38.21	BRJ Run & Tri
111	276	Sharon Warland	F50	0:51:46.52	Stowmarket Striders
112	149	Anna Jackson	FO	0:51:52.04	
113	283	Sara Williams	F40	0:51:59.04	Newmarket Joggers
114	14	Dan Barwise	MO	0:52:01.8	
115	240	Christina Sell	FO	0:52:03.88	
116	176	Melissa Mak	F40	0:52:13.91	Saint Edmund Pacers
117	180	Caroline Mcbride	F50	0:52:21.9	Newmarket Cycling & Triathlon
118	166	Ilan Lay	M40	0:52:48.75	
119	215	Susanna Phillips	FO	0:52:51.42	
120	282	Graham Wigley	M55	0:52:51.85	Framlingham Flyers
121	47	Steve Butler	M40	0:52:53.37	
122	34	Roger Brand	M60	0:53:07.2	Saint Edmund Pacers
123	221	Jeremy Reader	M40	0:53:14.37	Newmarket Joggers
124	87	John Duke	M50	0:53:14.42	Newmarket Joggers

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125	150	Rob Jaina	M40	0:53:14.58	Newmarket Joggers
126	266	Jessica Tilley	FO	0:53:15.95	Newmarket Joggers
127	274	Simon Wall	M40	0:53:16.18	
128	244	Paul Sherritt	M50	0:53:26.61	Haverhill RC
129	9	Jack Axford	U21M	0:53:36.26	Jogging Made Easy
130	197	Charlotte Nevison	F45	0:53:36.51	Ely Runners
131	209	Richard Panter	M50	0:53:37.32	
132	86	Chris Duck	MO	0:53:46.49	
133	73	Julia Darling	F55	0:53:48.02	
134	61	Graham Clennell	MO	0:53:50.33	
135	57	Stewart Chalmers	M60	0:54:02.25	Haverhill RC
136	262	Paul Taylor	M45	0:54:09.66	Jogging Made Easy
137	248	Roger Slade	M45	0:54:12.2	
138	68	Ruth Cowlin	F50	0:54:14.34	Sudbury Joggers
139	122	Kevin Grimes	M55	0:54:17.57	Newmarket Joggers
140	229	Paul Roberts	MO	0:54:27.83	
141	151	Trish Jarvis	F50	0:54:27.83	Jogging Made Easy
142	265	Di Thomas	FO	0:54:30.88	Newmarket Cycling & Triathlon
143	226	Anji Rippon	FO	0:54:32.78	Gateshead Harriers & AC
144	102	Marco Ferri	M40	0:54:32.78	CSR RC
145	257	Brent Swann-auger	M55	0:54:39.91	10k Tourists
146	12	Helen Bardwell	F45	0:54:45.89	
147	200	Carl Oldford	MO	0:54:55.52	Haverhill RC
148	113	Laura Gibbey	FO	0:54:59.6	
149	81	Lucy Denny	FO	0:55:00.16	
150	50	Tim Canham	M40	0:55:07.26	Run For Your Life
151	217	Dave Price	M45	0:55:09.9	Newmarket Joggers
152	49	Abi Canham	FO	0:55:13.83	Run For Your Life
153	267	Paul Trochimiuk	MO	0:55:17.83	
154	65	Tom Cooke	MO	0:55:28.93	
155	184	Sonia McIntock	F55	0:55:36.69	Newmarket Joggers
156	18	Steve Bedney-gevork	M40	0:55:37.96	
157	64	Ray Cooke	M50	0:55:41.05	Bedford Harriers
158	158	William Kesterson	MO	0:55:44.76	
159	242	Colin Seltzer	M50	0:55:45.55	10k Tourists
160	114	Etienne Gill	M50	0:55:51.3	
161	118	Eleanor Green	FO	0:56:03.42	
162	163	Adam Langford	MO	0:56:05.63	
163	214	Gavin Phillips	MO	0:56:25.48	
164	125	Amy Hall	FO	0:56:32.59	
165	26	Charlotte Biggs	FO	0:56:32.86	
166	96	Brodie Evans	MO	0:56:39.59	LGSS L&D Team
167	62	Adrian Cole	M55	0:56:51.46	Stowmarket Striders
168	250	Jenny Small	FO	0:57:34.39	
169	278	Terrie Waters	F40	0:57:42.92	
170	280	Angela Whiting	F50	0:57:49.16	Stowmarket Striders
171	23	Arron Benstead	MO	0:58:07.07	
172	140	John Hubbard	M60	0:58:10.07	
173	235	Rita Rue	F55	0:58:20.15	Saint Edmund Pacers
174	182	Natasha Mccracken	F40	0:58:55.24	
175	181	Lynda McCormack	F55	0:59:08.17	Newmarket Joggers
176	84	Rachel Dougan	FO	0:59:14.54	
177	33	Rachel Brand	FO	0:59:27.45	
178	155	David Jones	M60	0:59:37.26	Stowmarket Striders
179	289	Alison Wilson	F50	0:59:58.75	
180	145	Josh Iron	U21M	1:00:21.68	
181	246	Horace Shuriah	M45	1:00:23.94	Haverhill RC
182	141	Craig Hubble	MO	1:01:03.24	
183	46	Mark Burrows	M50	1:01:33.03	
184	75	Mandy Davis	F50	1:01:42.25	Newmarket Joggers
185	16	Alan Michael Bavey	M40	1:01:57.87	
186	97	Paul Evans	M55	1:02:06.14	LGSS L&D Team
187	40	Sara Brown	FO	1:02:40.02	Newmarket Cycling & Triathlon
188	85	Sally Doyle	F50	1:03:06.21	

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189	154	Jane Johannessen	F60	1:03:06.73	
190	178	Michelle Marshall	FO	1:03:28.17	
191	24	Vicky Benstead	FO	1:03:32.4	
192	98	Daniel Everitt	M40	1:03:37.02	Haverhill RC
193	287	Clare Everitt	F40	1:03:38.92	Haverhill RC
194	172	Rachel Loveday	F45	1:03:45.33	
195	37	Sue Brentnall	F50	1:03:48.46	Cambridge & Coleridge AC
196	152	Natalie Jay	FO	1:04:08.04	
197	272	Jo Vickery	FO	1:04:20.81	Haverhill RC
198	59	Jamie Chase	MO	1:04:24.64	Witchford Village College
199	156	Jennifer Jones	F40	1:04:34.15	
200	20	Christopher Bellwood	M45	1:04:46.06	Newmarket Joggers
201	136	Julie Holland	F50	1:05:11.15	LGSS L&D Team
202	223	Maria Reed	F55	1:05:13.88	Haverhill RC
203	29	Darren Bird	M45	1:05:15.4	
204	128	Lynn Hawkins	F50	1:05:49.63	Burwell Runners
205	53	Stacy Carter	FO	1:05:51.5	
206	193	Jim Mowatt	M50	1:06:00.31	
207	169	Andrea Long	F45	1:06:02.65	
208	28	Amanda Bird	F45	1:06:14.55	Ipswich JAFFA
209	48	Martina Byrne	F50	1:06:41.04	Witham RC
210	291	Pascal Camevet	M40	1:06:42.58	
211	100	Pearl Fay	F55	1:06:49.9	Newmarket Joggers
212	55	Carol Challinor	F45	1:06:51.69	
213	56	Noel Challinor	M45	1:06:53.94	
214	167	Hannah Lee	FO	1:07:30.61	
215	4	Lewis Andrews	MO	1:07:30.75	
216	153	Mary Jennings	F60	1:08:13.01	
217	74	Louise Davis	F45	1:08:28.04	LGSS L&D Team
218	264	Andrew Thake	MO	1:08:28.23	LGSS L&D Team
219	220	Fiona Read	FO	1:08:29.52	LGSS L&D Team
220	108	Rose Garner	F55	1:09:09.99	
221	109	Vince Garner	M50	1:09:10.36	
222	231	Clodie Rolph	FO	1:09:28.81	Newmarket Joggers
223	10	Jane Bailey	F60	1:09:53.27	Felixstowe Road Runners
224	171	Gina Long	F55	1:09:57.5	
225	227	Em Ritchie	F40	1:10:03.61	Witchford Village College
226	88	Andy Dye	M50	1:10:39.35	
227	89	Cheryl Dye	F50	1:10:39.59	
228	234	Sarah Rowland	F50	1:10:50.52	Newmarket Joggers
229	206	Keith Page	M55	1:11:18.21	Newmarket Joggers
230	120	Alice Greenwood	FO	1:11:19.28	Newmarket Joggers
231	162	Duncan Lambourne	MO	1:13:01.26	
232	225	Andrew Rice	M45	1:13:03.93	Newmarket Joggers
233	79	Sarah Dean	FO	1:14:56.68	
234	111	Sue Gent	F50	1:15:44.13	
235	110	Bev Gelder	F40	1:15:44.19	
236	137	Mandy Hooker	F40	1:15:44.38	
237	143	Ian Hurley	MO	1:16:52.95	Drink Utd
238	170	Andrew Long	M55	1:17:18.28	
239	138	Jo Hopkins	F45	1:22:23.1	
240	288	Max Sinclair	MO	1:22:46.19	
241	58	David Chase	MO	1:23:54.23	Witchford Village College
242	30	Sarah Borondy	F50	1:26:04.79	
243	130	Sue Hayward	F45	1:36:46.1	LGSS L&D Team
244	70	Lesley Currie	F45	1:36:46.25	LGSS L&D Team