

Winter Handicap 2016-2017



Course record for Men

Course record for Women


15.51 Denys Olefir 2014/2015

18.38 Joanna Cole 2011/2012

Course PB	NAME	SB	04/10/16	01/11/16	06/12/16	03/01/17	02/02/17	07/03/17	Beginners 20/03/17	04/04/17
15.51	Denys Olefir	16.07		16.53	16.07	16.15	17.14			
16.07	Paul Holley	17.09	17.09				17.35			
17.16	Neil Pollard	17.16		17.21	17.16	17.19				V
17.52	Mark Haywood	17.24	17.52		18.09	18.32	18.16			17.24
17.44	Alex Cairns	17.38			17.53					17.38
17.40	Chris Gay	18.06	18.19	18.06						
18.43	James Thomson	18.23	20.12	19.28	19.12	18.43	18.47	18.37		18.23
19.02	Wayne Hogg	18.31			19.44		19.02			18.31
19.27	Andy Scott	19.02	20.00	19.36	19.45		19.39	20.47		19.02
19.30	Grainne Neary	19.11					20.26			19.11
19.38	Jon Brooker	19.38	19.52	19.38	19.43		20.10			21.00
19.58	Paul Dockerill	19.50		19.58	19.58		19.55	19.50		
19.56	Gavin Moody	19.56	20.25	19.56	20.12		21.07			20.01
19.30	Steve Edwards	20.51					20.56	20.51		
20.41	David Onley	21.01				21.01				
26.23	Jamie Rule	21.02					26.23			21.02
21.07	Jeremy Reader	21.07		21.13	21.14	21.07	21.09	V		22.30
21.07	Chris Connett	21.07					21.07			
19.22	Richard Wilkingson	21.31						21.31		
21.38	Hannah Pollard	21.38		21.38		V				V
19.30	Neil Williamson	21.44	23.44							21.44
21.56	David Blackstock	21.56	21.56			23.12		V		
22.02	Brian Finlay	22.02			23.18	22.02				
21.57	Steve Cousins	22.03						22.03		
21.37	John Duke	22.04	22.49		22.09	V	22.21	22.04		22.11
21.04	Clive Purbrook	22.10	22.33	23.58			22.55	22.22		22.10
19.23	Ursula Ransom	22.17	22.17							
22.17	Aaron Dennis	22.17	23.01	22.35	22.17		22.21			
22.05	Ruth Eberhardt	22.17		22.42	22.17	22.43		V		
24.02	Liz Barter	22.19	25.19		24.20	24.02				22.19
23.08	Neil Whitehead	23.04					23.54			23.04
22.05	Rob Jania	23.18					23.19	23.18		
23.25	Tony Garth	23.25		23.25		24.03				
23.29	Ben Case	23.29			23.29					
23.39	Rebecca Oettle	23.39			23.39	23.39				
20.53	Adrian Whittle	23.40			23.40					
24.02	Giles Macrow	24.01				24.02	24.01			
22.56	Alan Shand	24.02	24.55	25.00	25.41	26.20	26.22	26.21		24.02
24.03	Helen Wass	24.03	25.11	24.19	24.03	24.19	24.28			
22.48	Lisa Redman	24.10				24.10				
21.16	Jim Withers	24.10	24.45	24.58	24.25	24.35	25.22	25.24		24.10
24.11	Milly Pudney	24.11			24.11					
23.23	Dominic Doe	24.16			26.05	25.13	25.04	24.16		24.25
24.27	Richard Groom	24.27		24.27			V			
24.45	Cathy Russell	24.32	26.23					25.06		24.32
24.06	Jackie Hall	24.39				24.39				
24.54	Sara Williams	24.54							24.54	
25.01	Jo Curtis	25.01	25.01			25.29		V		
19.26	Brian Munns	25.10		V	25.10					V
24.49	Lana Zinchenko	25.14	25.21			V	25.25			25.14
25.17	David Crowley	25.17							25.17	
25.30	Sonia McClintock	25.30								25.30
25.50	Alix Jones	25.50				25.50				
23.40	Mike Sales	25.53	25.53							V
25.58	Jade Andrews	25.58	25.58							
26.46	Vicky Russell-Hopkinson	26.00	28.30			28.43				26.00
27.21	Kevin Grimes	26.08							27.21	26.08
24.23	Belinda Schofield	26.09	26.09	26.25	26.33		26.19	26.27		
25.01	Malcolm Osborn	26.14	27.25	26.16	26.14	26.42				
26.17	Ellie Bithal	26.17								26.17
25.56	Alice Leadbeter	26.30			26.30					
25.28	Chris Aylmer	26.43	28.37	27.01	26.43	27.30	27.48	28.29		27.22
25.52	Linda McCormack	27.04				27.31	27.04	27.58		
27.15	Lisa Winnington	27.33	29.23			28.07	27.33			

Course PB	NAME	SB	04/10/16	01/11/16	06/12/16	03/01/17	02/02/17	07/03/17	Beginners 20/03/17	04/04/17
27.39	Isobel Rosa	27.39	29.24	27.39						
26.41	Vicky Elton	27.43			28.35	29.48	27.43			
28.58	Sharon Macfarlane	28.11	29.28		28.58		28.11			
27.16	Sandra Jaini	28.14				28.14				
25.36	Kate Warboys	28.32	V	28.32						
28.18	Lisa Jennings	28.43		28.43						
29.01	Alex Russell-Hopkinson	29.01	29.01			30.43				
30.47	Jan Holmes	29.06							30.47	29.06
29.47	Sarah Rowland	29.17	30.29	29.47	30.55		30.07	30.14		29.17
30.47	Emma Bartle	29.18							30.47	29.18
27.45	Isabel Vicente	29.19	31.22		29.20	31.20	29.19	32.32		V
30.45	Alice Greenwood	29.19					30.45			29.19
28.35	Emma Townsend	29.23	33.56	32.11	30.38	30.12	29.23	V		33.57
27.48	Sally Nicholson	29.35	29.35		V					
29.48	Keith Page	29.48		32.15	29.48	30.48	V			30.01
31.19	Mandy Davis	29.51							31.19	29.51
30.44	Emma Pugsley	29.57							30.44	29.57
29.35	Sharon Smith	30.02	30.42	30.09	30.02		31.50	32.33		
26.56	Mary Marsh	30.06	30.06				30.45	30.14		
30.08	Jane Smith	30.11	30.49	30.11	V	33.24				34.07
25.18	Angela Barnes	30.24							30.24	
30.53	Kirsty Buchanan	30.53				V	30.53			
30.56	Daphne Hurley	30.56	32.20		31.51	30.56		32.08		31.28
30.57	Stuart Janes	30.57				30.57				
28.58	Caroline Sheehan	30.57	31.23			32.22	31.27	31.12		30.57
30.57	Sharon Woodroffe	31.01	31.01		31.58		31.26	31.12		
30.03	Pearl Fay	31.02	V			31.15	31.02			31.13
31.12	Clodie Rolph	31.12							31.12	
28.55	Dan Regan	31.23				34.32				31.23
31.31	Joanne Cole	31.31	31.31							
35.10	Nichola Vaisey	31.37							35.10	31.37
31.53	Nicola Green	31.53							31.53	
28.24	Gillie Green	32.03	V		32.03					
32.03	Bianca Bower	32.03							32.03	
32.11	Christopher Bellwood	32.11							32.11	
33.46	Rachel Thomas	32.19							33.46	32.19
30.44	Jackie Henley	32.37	33.00		32.37	V				37.20
32.44	Jonathan Singer	32.44	34.28		32.44					
32.45	Carol McIntosh	32.45	34.02		32.45		V			33.15
32.52	Carly Shannon	32.52							32.52	
31.30	Jenny Osbourn	33.01	34.24	33.28	33.01	34.37				33.52
33.52	Asgar Ozhakkal	33.52							33.52	
35.03	Niamh McGroarty	33.54							35.03	33.54
34.14	Sharon Cook	34.14							34.14	
35.08	Rachel Allen	35.08							35.08	
32.03	Rhonda Waters	35.14		V						35.14
35.29	Andrew Rice	35.29							35.29	
36.50	Rebecca Hannah	35.40							36.50	35.40
38.04	Sarah Kinston	35.46							38.04	35.46
36.54	Karen Andrew	36.54							36.54	
41.22	Daniella Smith	37.20							41.22	37.20
37.30	Heather Bowers	37.30							37.30	
42.48	Sonia Orriss	40.52							42.48	40.52
43.49	Elizabeth King	41.22							43.49	41.22
28.43	Catherine Hawkes	0.00		V	V					
17.43	Greg Davis	0.00		V	V	V	V			V
19.00	Kevin Connolly	0.00	V							
34.45	Christine Conway-Jarret	0.00	V	V	V					V
	Total Runners	122	45	30	43	39	41	23	27	50

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 = Record Attendance

 = New PB

 V = Timekeepers

Those in red are approximate as we had bilateral stopwatch failure!!