

Newmarket Joggers: Members' Grand Prix Championship 2015

Age adjusted times calculated using WMA 2006 and WMA 2010 tables and based on age at the start of the year.

Excel macros and tables derived from <http://www.howardgrubb.co.uk/athletics/wmalookup06.html> and used with permission.

All queries to: debbie@newmarketjoggers.co.uk or mike@newmarketjoggers.co.uk

(Don't forget to let Debbie or Mike know when you're playing your wild card one week before the event)

Races:				1	2	3	KH Impingto	4	KH Saffron	5	KH Haverhi	6	KH Ely	7	KH C&C	8	XC Fram	8	Wildcard race				W	
Date:							30/04/2015		21/05/2015		02/07/2015		06/08/2015		10/09/2015		01/11/2015							
Place	Firstname	Surname	Gender	Total points	Points	Points	Points	Gun time	Points	Gun time	Points	Gun time	Points	Gun time	Points	Gun time	Points	Gun time	Points	Date	Event	Time	Points	
1	Greg	Davis	M	805	84	87	83	00:19:39	76	00:19:17	78	00:18:45	80	00:18:42	80	00:18:39	80	00:33:28	74	22/03/15	Stowmarket half	01:21:35	83	
2	Karine	Ferrin	F	694	75	78	74	00:20:51	73	00:22:20	68	00:21:39	71	00:22:06	69	00:22:24	68	00:40:49	61		Dublin half	01:58:55	57	
3	Helen	Wass	F	657	68	68	65	00:24:54	67	00:26:20	63	00:26:17	63	00:25:28	65	00:24:48	67	00:42:00	64	25/10/15	Town and Gown	00:50:29	67	
4	Paul	Holley	M	612	87	89	87	00:16:16	89		0	00:17:22	84	00:16:29	88		0		0		Langtoft 10k	00:34:14	88	
5	Clive	Purbrook	M	585	78	79	76	00:22:43	70	00:23:56	66	00:22:32	71	00:22:08	72		0		0	22/03/15	Stowmarket half	01:39:24	73	
6	Martyn	Taylor	M	578	74	80	75	00:19:21	67	00:19:35	67		0	00:18:45	70		0	00:30:13	71	08/03/15	Cambridge half	01:19:54	74	
7	Brian	Munns	M	567	64	66	63	00:22:29	66	00:23:59	62	00:23:02	65	00:22:43	65	00:29:35	50	00:37:19	66				0	
8	Isabel	Vincente	F	543	55	60	59	00:31:05	52	00:30:24	53	00:30:58	52	00:30:44	53	00:27:34	59	00:50:32	52	08/11/15	Scenic 7	01:09:29	48	
9	Mike	Sales	M	540	54	52	53	00:26:17	55	00:28:33	51	00:26:16	55	00:27:22	53	00:25:49	56	00:45:46	52	25/10/15	Town and Gown	00:51:33	59	
10	Jennifer	Osbourm	F	502	63	64	0	00:32:56	63	00:34:06	61		0	00:33:37	62	00:32:43	64	00:56:49	60		Abington 10K	01:06:06	65	
11	Sarah	Sales	F	487	57	54	55	00:29:25	54	00:32:18	49	00:30:18	52	00:28:25	56		0	00:49:06	53	25/10/15	Town and Gown	00:57:35	57	
12	Kate	Warboys	F	466	62	62	59	00:25:54	60	00:28:09	55		0	00:27:49	56	00:27:20	57		0	25/10/15	Town and Gown	00:57:54	55	
13	Pearl	Fay	F	454	57	0	55	00:29:16	61	00:32:08	56	00:32:02	56	00:30:07	59	00:33:59	53	00:50:49	57				0	
14	Ursula	Ransom	F	440	0	0	0	00:19:57	76	00:21:13	72	00:20:54	73	00:21:01	72	00:20:32	74	00:34:07	73				0	
15	Carolynn	Anderson	F	422	57	61	61	00:23:55	64	00:26:28	58	00:26:07	59	00:24:50	62		0		0				0	
16	Jane	Smith	F	397	0	0	0	00:31:05	58	00:33:06	55	00:32:51	55	00:31:56	57	00:30:04	60	00:56:40	52		Abington 10K	01:02:15	60	
17	Jim	Withers	M	383	65	0	65	00:24:59	64	00:26:53	60	00:25:07	64	00:24:31	65		0		0				0	
18	Alex	Cairns	M	377	0	0	0	00:18:29	75	00:18:56	73	00:18:12	76	00:18:05	77	00:18:10	76		0				0	
19	Joe	Brown	M	368	0	0	0	00:17:09	75	00:17:44	73	00:18:33	70	00:17:20	74	00:16:53	76		0				0	
20	Sam	Sadler	M	365	0	0	0	00:17:21	74	00:18:38	69	00:18:03	72	00:17:40	73	00:16:52	77		0				0	
21	Dave	Williams	M	362	0	0	0	00:18:02	76	00:18:52	73	00:18:39	74	00:18:07	76	00:21:49	63		0				0	
22	Christopher	Gay	M	358	73	0	0		0	00:19:08	68	00:18:24	70	00:17:53	72	00:17:20	75		0				0	
23	Marjie	Davis	F	356	0	0	58	00:27:23	61	00:29:05	58	00:28:11	59		0	00:27:12	62	00:47:14	58				0	
24	Stephen	Cousins	M	343	0	0	0	00:21:59	70	00:23:24	66	00:22:39	68	00:22:30	69	00:22:03	70		0				0	
25	Alan	Shand	M	332	0	0	0	00:23:28	68	00:25:26	63	00:24:18	65	00:23:54	67	00:23:01	69		0				0	
26	Neville	Clarke	M	321	82	83	80		0		0		0		0		00:35:05	76				0		
27	Gavin	Moody	M	306	0	0	0	00:22:08	60	00:23:06	58	00:21:56	61	00:20:45	64	00:21:03	63		0				0	
28	Chris	Aylmer	M	300	0	0	0		0		0	00:28:47	58	00:28:08	59	00:26:56	62	00:45:48	60	23/10/15	Thurlow 5	00:45:07	61	
29	Belinda	Schofield	F	296	77	73	72	00:25:15	74		0		0		0		0		0				0	
30	Simon	Harris	M	286	0	0	0	00:18:47	72	00:19:30	69	00:19:00	71		0	00:18:26	74		0				0	
31	Jon	Brooker	M	269	0	0	70		0	00:22:53	64	00:22:00	67		0	00:21:31	68		0				0	
32	Craig	Sargent	M	268	0	0	0	00:19:30	67	00:19:44	66	00:19:41	66	00:18:58	69		0		0				0	
33	Jason	Beeton	M	263	0	0	0	00:19:11	67		0	00:19:46	65	00:18:52	69	00:21:01	62		0				0	
34	Beth	Price	F	255	0	0	0	00:29:06	51	00:30:03	49	00:30:27	49	00:28:43	52	00:27:39	54		0				0	
35	Jackie	Henley	F	254	0	0	0	00:32:05	51		0	00:32:26	50	00:31:27	52	00:30:21	54		0	01/11/15	Bonfire Burn	01:11:12	47	
36	Kathryn	Lawrie	F	242	0	0	0	00:24:37	63		0	00:26:52	57	00:24:22	63	00:25:54	59		0				0	
37	Svitlana	Zinchenko	F	233	59	0	0	00:25:01	60	00:26:06	57		0		0		00:42:43	57				0		
38	Jeremy	Reader	M	230	0	0	0	00:22:42	61	00:24:36	56		0	00:23:28	59		00:42:15	54				0		
39	Dominic	Doe	M	230	0	0	0		0	00:25:43	58	00:25:53	57	00:25:27	58	00:26:12	57		0				0	
40	Charles	Shoolbred	M	230	76	78	76		0		0		0		0		0		0				0	
41	Sally	Nicholson	F	225	57	0	0	00:27:58	59	00:31:09	53		0	00:29:23	56		0		0				0	
42	David	Smith	M	223	0	0	56	00:22:26	58	00:24:20	53	00:23:01	56		0		0		0				0	
43	Jackie	Hall	F	223	0	0	0	00:27:39	54		0	00:28:29	53	00:26:05	58	00:25:50	58		0				0	
44	Nicky	Chapman	F	220	72	75	73		0		0		0		0		0		0				0	

