

Newmarket Joggers: Members' Grand Prix Championship 2013

Age adjusted times calculated using WMA 2006 and WMA 2010 tables and based on age at the start of the year.

Excel macros and tables derived from <http://www.howardgrubb.co.uk/athletics/wmalookup06.html> and used with permission.

All queries to: debbie@newmarketjoggers.co.uk or mike@newmarketjoggers.co.uk

(Don't forget to let Debbie or Mike know when you're playing your wild card one week before the event)

Races: Date:				1	2	3	4	5	KH Haverhill 05/07/2012		6	KH Newmarket 02/08/2012		7	KH C&C 06/09/2012		8	Wildcard race				W	
Place	Firstname	Surname	Gender	Total points	Points	Points	Points	Points	Points	Gun time	Adjusted time	Points	Gun time	Adjusted time	Points	Gun time	Adjusted time	Points	Date	Event	Time	Adjusted time	Points
1	Paul	Holley	M	616	90	89	92	0	85	00:16:59	00:15:20	84			0	00:16:06	00:14:32	89	10/03/13	Cambridge Half	01:14:47	1:08:24	87
2	Charles	Shoolbred	M	586	80	74	77	0	70	00:22:43	00:17:48	73	00:23:00	00:18:01	72	00:23:12	00:18:10	71	07/07/13	Newmarket 10k	00:49:49	0:39:01	69
3	Denys	Olefir	M	544	80	78	80	0	75	00:16:36	00:16:34	78			0	00:17:04	00:17:01	76		Leicester Marathor	02:42:20	2:42:20	77
4	Jason	Beeton	M	528	65	65	69	0	64	00:19:15	00:19:15	67	00:19:37	00:19:37	66	00:19:11	00:19:11	67	15/09/13	GNR	01:31:39	1:31:39	65
5	Martyn	Taylor	M	504	73	0	74	0	70	00:17:50	00:17:45	73	00:18:05	00:18:00	72	00:17:55	00:17:50	72	03/11/13	Lode Half	01:24:34	1:24:34	70
6	Ursula	Ransom	F	500	66	74	77	0	68			0	00:21:14	00:20:52	71	00:20:13	00:19:52	74	03/11/13	Lode Half	01:35:47	1:34:09	70
7	Carolynn	Anderson	F	491	62	61	65	0	57	00:25:34	00:25:01	59	00:25:20	00:24:47	60	00:23:51	00:23:20	63	13/11/13	Scenic 7	00:58:43	0:57:27	64
8	Christopher	Gay	M	417	70	0	0	0	67	00:18:46	00:18:46	69	00:18:35	00:18:35	69	00:18:26	00:18:26	70	13/10/13	Peterborough Half	01:22:24	1:22:24	72
9	Greg	Davis	M	405	85	84	85	0	0			0			0	00:18:32	00:16:13	80	21/04/13	London marathon	03:16:59	2:56:26	71
10	Neil	Williamson	M	404	67	0	0	0	66	00:19:41	00:19:01	68	00:20:00	00:19:19	67	00:19:30	00:18:50	68		Wissey Half	01:28:34	1:26:58	68
11	Stephen	Edwards	M	383	80	78	80	0	0	00:19:55	00:17:42	73			0	00:20:04	00:17:50	72					0
12	Michelle	Barnes	F	381	53	53	54	0	54	00:25:46	00:25:44	58	00:28:41	00:28:39	52	00:26:06	00:26:04	57					0
13	Bee	Chapman	F	374	66	66	0	0	61	00:25:44	00:23:31	63	00:28:02	00:25:37	58	00:26:50	00:24:31	60					0
14	Alex	Cairns	M	350	71	0	0	0	67	00:19:29	00:18:25	70	00:19:47	00:18:42	69	00:18:42	00:17:40	73					0
15	Christopher	Aylmer	M	306	0	0	62	0	59	00:26:32	00:20:58	62			0	00:25:27	00:20:07	64	31/03/13	Massey Ferguson 10k	00:44:55	0:35:30	59
16	Belinda	Schofield	F	304	77	75	78	0	0			0			0			0	11/06/13	Clevedon 10k	00:50:15	0:41:04	74
17	Martin	Gear	M	289	79	0	0	0	63	00:17:18	00:17:15	75	00:17:54	00:17:51	72			0					0
18	Ben	Jay	M	277	70	71	0	0	0			0	00:20:44	00:20:03	64	00:18:39	00:18:02	72					0
19	Natalia	Allen	F	274	0	0	0	0	67	00:21:59	00:21:24	69	00:22:29	00:21:53	68	00:21:43	00:21:08	70					0
20	Sam	Sadler	M	270	0	0	0	0	56	00:18:05	00:18:05	71	00:18:04	00:18:04	71	00:17:54	00:17:54	72					0
21	Adrian	Whittle	M	270	70	0	0	0	65	00:21:12	00:18:59	68			0	00:21:23	00:19:09	67					0
22	Neville	Clarke	M	246	82	80	84	0	0			0			0			0					0
23	Clive	Purbrook	M	215	75	0	0	0	68			0			0	00:21:38	00:17:51	72					0
24	Simon	Harris	M	209	0	0	0	0	68	00:18:45	00:18:07	71			0	00:18:59	00:18:21	70					0
25	Paul	Francis	M	207	0	0	0	0	0	00:20:50	00:18:57	68	00:20:09	00:18:20	70	00:20:35	00:18:44	69					0
26	Sue	Stoten	F	199	66	65	68	0	0			0			0			0					0
27	Brian	Munns	M	196	67	66	63	0	0			0			0			0					0
28	Alan	Simpson	M	194	69	0	0	0	0	00:20:32	00:19:07	67	00:23:47	00:22:09	58			0					0
29	Marjie	Davis	F	192	64	64	64	0	0			0			0			0					0
30	Alan	Adams	M	189	64	64	0	0	61			0			0			0					0
31	Nik	Chapman	M	181	59	0	0	0	0	00:21:54	00:21:00	61	00:22:08	00:21:14	61			0					0
32	Mike	Sales	M	169	0	0	61	0	52	00:25:32	00:23:03	56			0			0					0
33	David	Cheese	M	148	0	0	0	0	0	00:21:35	00:16:45	77	00:23:25	00:18:10	71			0					0
34	Jim	Withers	M	140	0	68	72	0	0			0			0			0					0
35	Nicky	Chapman	F	136	68	0	68	0	0			0			0			0					0
36	Ben	Blowes	M	136	0	0	0	0	69			0	00:20:21	00:19:14	67			0					0
37	Joe	Richer	M	135	68	0	0	0	0			0			0	00:20:29	00:19:13	67					0
38	Keith	Williams	M	132	0	0	0	0	65	00:22:17	00:19:11	67			0			0					0
39	Lisa	Redman	F	132	65	0	67	0	0			0			0			0					0
40	Tracey	Apperley	F	131	66	0	65	0	0			0			0			0					0
41	Nick	Conway	M	129	0	0	0	0	0	00:20:20	00:20:00	64			0	00:20:08	00:19:49	65					0

42	Jeff	Almeida-King	M	127	0	0	0	0	0	0	00:20:50	00:20:23	63	00:20:30	00:20:04	64	0
43	Chris	Mesnard	M	125	0	0	0	0	0	0	00:20:36	00:20:36	63	00:20:43	00:20:43	62	0
44	Chris	Eyre	M	123	0	0	63	0	60	0			0			0	0
45	Ian	Beamish	M	119	0	0	0	0	57	00:21:00	00:20:57	62				0	0
46	Katie	Margarson	F	118	0	0	0	0	57	0			0			0	0
47	Mark	Kent	M	105	0	0	0	0	0	0	00:24:21	00:24:21	61			0	0
48	Lisa	Jennings	F	102	52	0	50	0	0	0	00:25:31	00:24:50	52	00:25:05	00:24:24	53	0
49	Robin	Clifford	M	75	0	0	0	0	0	0	00:18:49	00:17:15	75			0	0
50	Chris	Howell	M	72	0	0	0	0	0	0	00:19:02	00:17:51	72			0	0
51	Peter	Cotton	M	70	0	0	0	0	0	0			0	00:24:08	00:18:23	70	0
52	Noel	Benn	M	68	68	0	0	0	0	0			0			0	0
53	Michael	Ball	M	66	0	66	0	0	0	0			0			0	0
54	Susannah	Rush	F	65	0	0	0	0	65	0			0			0	0
55	Isabel	Vincente	F	65	0	0	0	0	0	0			0	00:24:18	00:22:39	65	0
56	Jonathon	Muffett	M	64	0	0	0	0	64	0			0			0	0
57	Tracey	Apperley	F	64	0	0	0	0	64	0			0			0	0
58	David	McLaughlin	M	63	63	0	0	0	0	0			0			0	0
59	Kevin	Connolly	M	63	0	0	63	0	0	0			0			0	0
60	Lynda	McCormack	F	63	0	0	0	0	0	0			0	00:27:05	00:23:19	63	0
61	Marcus	Gynn	M	59	59	0	0	0	0	0			0			0	0
62	Caroline	Sheehan	F	58	0	0	0	0	58	0			0			0	0
63	Dominc	Doe	M	58	0	0	0	0	58	0			0			0	0
64	Verity	MacMahon	F	56	56	0	0	0	0	0			0			0	0
65	Gina	Browse	F	56	56	0	0	0	0	0			0			0	0
66	Jennie	Grimwood	F	55	55	0	0	0	0	0			0			0	0
67	Stephen	Symonds	M	54	0	0	0	0	0	0	00:24:41	00:23:41	54			0	0
68	Brian	Abbott	M	53	0	0	0	0	53	0			0			0	0
69	Maxine	Copland	F	49	49	0	0	0	0	0			0			0	0