

Newmarket Joggers: Members' Grand Prix Championship 2012

Age adjusted times calculated using WMA 2006 and WMA 2010 tables.

Excel macros and tables derived from <http://www.howardgrubb.co.uk/athletics/wmalookup06.html> and used with permission.

All queries to: debbie@newmarketjoggers.co.uk or mike@newmarketjoggers.co.uk

(Don't forget to let Debbie or Mike know when you're playing your wild card one week before the event)

Race number and name:				1	2	3	Race 4		Race 5		Race 6		Race 7		Race 8		Wildcard race						
Race date and type:							10/05/2012		07/06/2012		05/07/2012		02/08/2012		06/09/2012								
Records for this distance (M,F):							0:12:54		0:12:54		0:12:54		0:12:54		0:12:54								
Place	Firstname	Surname	Gender	Total points	Score	Score	Score	Gun time	Score	Gun time	Score	Gun time	Score	Gun time	Score	Gun time	Score	Date	Event	Type	Time	Adjusted time	Score
1	Paul	Holley	M	775	86	87	90	0:16:45	85	0:17:04	84	0:16:32	86	0:16:05	89	0:17:41	81	11/03/12	Cambridge Half	Half.Mar	01:13:05	1:08:06	87
2	Greg	Davis	M	666	88	85	89	0:17:44	83	0:18:13	80	0:17:47	83	0	0:19:03	77	14/10/12	Peterborough 1/2	Half.Mar	01:22:23	1:12:44	81	
3	Ursula	Ransom	F	572	0	72	76	0:20:55	72	0:21:45	69	0:21:17	71	0:20:49	72	0:21:37	70	15/07/12	East Harling 10k	10km	00:43:28	0:42:41	70
4	Martyn	Taylor	M	566	72	71	74	0:18:39	69	0:19:11	67	0:18:30	70	0:18:07	71	0	23/09/12	Ipswich Half	Half.Mar	01:22:46	1:22:45	72	
5	Lisa	Redman	F	507	64	0	65	0:24:19	63	0:24:15	63	0:23:38	64	0:23:26	65	0:25:10	61	11/03/12	Cambridge Half	Half.Mar	01:49:31	1:46:36	62
6	Denys	Olefir	M	506	0	70	0	0:17:51	72	0:18:11	71	0:17:28	74	0:17:13	75	0:17:54	72	06/05/12	Thurston 10k	10km	00:36:50	0:36:49	72
7	Sue	Stoten	F	491	62	0	63	0:26:19	62	0:26:27	62	0:26:43	61	0:26:36	62	0:28:09	58	07/10/12	Abington 10k	10km	00:54:38	0:49:08	61
8	Jonathan	Clarke	M	480	67	0	71	0:20:56	68	0:21:09	67	0:20:40	69	0:19:40	72	0:21:26	66						0
9	Stephen	Edwards	M	456	78	75	78	0:19:00	76	0:19:27	74	0:19:25	75	0	0	0	0						0
10	Adrian	Whittle	M	443	63	0	67	0:23:51	60	0:22:51	63	0:23:04	62	0:22:07	65	0:22:55	63						0
11	Martin	Gear	M	441	72	0	0	0:17:29	74	0:17:26	74	0:17:08	75	0:17:09	75	0:18:09	71						0
12	Mark	Childs	M	427	0	0	69	0:19:21	72	0:19:59	69	0:18:53	73	0:18:21	76	0:20:23	68						0
13	Alex	Cairns	M	426	70	0	0	0:19:41	69	0:19:18	71	0:18:57	72	0:18:33	74	0:19:30	70						0
14	Mike	Sales	M	396	53	0	56	0:25:09	56	0	0	0:23:52	59	0:23:14	61	0:25:56	55	15/07/12	St Ives 10k	10km	00:51:03	0:47:24	56
15	Dave	Cheese	M	379	0	0	0	0:21:10	79	0:22:00	76	0:21:28	77	0:21:35	77	0:23:36	70						0
16	Chris	Aylmer	M	366	0	59	62	0:26:41	61	0	0	0:26:48	60	0	0	0:27:32	59	08/04/12	Massey Fergus 5Mile		00:43:15	0:32:19	65
17	Clive	Purbrook	M	344	0	68	71	0	0	0	0	0:23:05	67	0:22:05	70	0:22:54	68						0
18	Natalia	Allen	F	343	0	0	0	0:22:09	68	0:22:30	68	0:21:52	70	0:21:32	71	0:23:05	66						0
19	Simon	Harris	M	339	0	0	0	0:19:43	67	0:19:41	67	0:19:14	69	0:18:48	71	0:20:15	65						0
20	Gina	Browse	F	321	54	52	55	0	0	0:29:18	52	0	0	0:27:07	56	0:29:40	52						0
21	Robin	Clifford	M	315	0	0	0	0	0	0:17:46	79	0:17:23	80	0:17:47	79	0:18:20	77						0
22	Marjie	Davis	F	315	62	63	67	0	0	0	0	0:25:25	64	0:27:33	59	0:27:33	59						0
23	Jo	Cole	F	306	0	0	0	0:18:53	78	0:19:12	77	0	0	0:19:15	77	0:20:04	74						0
24	Neil	Williamson	M	306	0	0	0	0:21:55	60	0:21:58	60	0:22:08	60	0:20:45	64	0:21:21	62						0
25	Vincent	Coogan	M	298	77	75	0	0	0	0	0	0:18:23	71	0:17:27	75	0	0						0
26	Matthew	Harvey	M	290	0	0	0	0	0	0:17:55	73	0:18:31	70	0:18:19	71	0:17:17	76						0
27	Susannah	Rush	F	270	0	0	0	0	0	0:23:43	66	0:22:43	69	0:22:22	70	0:24:13	65						0
28	Sam	Sadler	M	268	0	0	0	0:20:19	63	0	0	0:19:10	67	0:18:26	70	0:19:02	68						0
29	Paolo	Fratto	M	259	0	0	0	0	0	0:20:25	63	0:19:40	66	0:19:24	66	0:20:11	64						0
30	Nik	Chapman	M	247	0	0	0	0:22:21	60	0:21:17	63	0:20:43	65	0	0	0:22:53	59						0
31	Brian	Munns	M	235	79	77	79	0	0	0	0	0	0	0	0	0	0						0
32	Jamie	Shaw	M	234	0	78	0	0:16:49	77	0	0	0	0	0:16:22	79	0	0						0
33	Gemma	Waterhouse	F	233	0	0	0	0:25:24	58	0:25:43	58	0:27:43	54	0:23:27	63	0	0						0
34	Carolynn	Anderson	F	232	0	0	0	0:24:36	61	0:25:57	58	0	0	0:25:32	59	0	0	25/11/12	Hadleigh 10m	10Mile	01:33:13	1:31:13	54
35	Dave	McLaughlin	M	230	0	0	0	0	0	0:24:38	55	0:23:37	57	0	0	0:22:49	59	16/09/12	GNR	Half.Mar	01:42:34	1:40:22	59
36	Bee	Chapman	F	216	0	0	0	0:30:41	52	0:27:49	58	0:27:32	58	0	0	0:33:08	48						0
37	Richard	Wilkinson	M	201	0	0	0	0:19:34	69	0	0	0	0	0:19:53	68	0:21:02	64						0
38	Mary	Marsh	F	196	0	0	0	0	0	0:27:55	68	0:28:29	66	0	0	0:30:39	62						0
39	Julie	Sheldrick	F	183	0	0	0	0:25:17	59	0:24:16	61	0:23:30	63	0	0	0	0						0
40	Diana	Thomas	F	174	55	57	62	0	0	0	0	0	0	0	0	0	0						0
41	Jennie	Grimwood	F	167	55	54	58	0	0	0	0	0	0	0	0	0	0						0
42	Lisa	Gregory	F	158	0	0	0	0	0	0	0	0:28:26	52	0:26:09	57	0:30:00	49						0
43	Henry	Taylor	M	145	0	0	0	0:17:39	73	0:17:50	72	0	0	0	0	0	0						0
44	Ben	Blowes	M	135	0	0	0	0:19:40	69	0:20:28	66	0	0	0	0	0	0						0
45	Belinda	Schofield	F	134	0	66	68	0	0	0	0	0	0	0	0	0	0						0
46	Alan	Simpson	M	133	0	0	0	0	0	0	0	0:21:40	64	0:20:12	69	0	0						0
47	Ben	Jay	M	132	0	0	0	0	0	0:20:09	67	0	0	0:20:35	65	0	0						0
48	Keith	Williams	M	129	0	0	0	0	0	0	0	0	0	0:22:24	67	0:24:03	62						0
49	Georgina	Adams	F	128	0	0	0	0:23:01	64	0:22:57	64	0	0	0	0	0	0						0
50	Julia	Winterburn	F	117	0	0	0	0	0	0:25:46	59	0	0	0	0	0:26:20	58						0

