

Newmarket Joggers: Members' Grand Prix Championship 2017

Age adjusted times calculated using WMA 2006 and WMA 2010 tables and based on age at the start of the year.  
Excel macros and tables derived from <http://www.howardgrubb.co.uk/athletics/wmalockup06.html> and used with permission.  
All queries to: [debbe@newmarketjoggers.co.uk](mailto:debbe@newmarketjoggers.co.uk)



(Don't forget to let Debbie know when you're playing your wild card one week before the event)

Place	Racer Date	Firstname	Surname	Gender	Total pts	XC Stowmarket 15/01/2017			XC Bury 19/02/2017			XC Hawerhill 26/03/2017			KH Impington 27/04/2017			KH Ely 11/05/2017			KH Salford Walden 29/06/2017			KH Hawerhill 13/07/2017			KH C&C 03/08/2017			XC Framingham 05/11/2017			Wildcard race		
						Gun time	Adjusted time	Pts	Gun time	Adjusted time	Pts	Gun time	Adjusted time	Pts	Gun time	Adjusted time	Pts	Gun time	Adjusted time	Pts	Gun time	Adjusted time	Pts	Gun time	Adjusted time	Pts	Gun time	Adjusted time	Pts	Gun time	Adjusted time	Pts		Date	Event
1	Clive	Purbrook	M	650	00:46:31	00:37:05	72	00:43:58	00:35:03	77	00:42:15	00:33:41	70	00:22:49	00:18:11	71	00:23:05	00:18:24	70	00:22:48	00:18:11	71	00:23:32	00:18:46	69	00:23:00	00:18:20	70	0	01/10/17	Abingdon 10k	00:47:29	0:37:51	70	
2	Helen	Wass	F	633	00:49:25	00:43:05	70	00:47:55	00:41:47	73	00:47:05	00:41:03	74	00:24:21	00:21:14	70	00:24:46	00:21:36	69	00:24:03	00:20:58	71	00:24:52	00:21:41	68	00:24:29	00:21:21	69	0	01/10/17	Abingdon 10k	00:50:17	0:43:31	69	
3	Jim	Witmers	M	595	00:53:49	00:42:32	65	00:50:09	00:39:38	69	00:48:56	00:38:40	69	00:24:19	00:19:13	67	00:24:58	00:19:38	66	00:24:26	00:19:18	67	00:24:43	00:19:32	66	00:24:28	00:19:20	67	0	24/09/17	Jolly Jaggers 10k	00:53:55	0:42:36	68	
4	John	Ajmer	M	587	00:57:45	00:44:00	61	00:53:54	00:41:04	65	00:52:06	00:39:42	68	00:27:17	00:20:47	63	00:27:48	00:21:11	61	00:26:44	00:20:22	63	00:27:53	00:21:15	61	00:26:38	00:22:35	67	0	07/07/17	Great Bentley	00:46:49	0:35:40	59	
5	Giles	Macrow	M	529	00:49:21	00:43:31	65	00:47:25	00:41:48	64	00:42:38	00:37:35	71	00:22:31	00:19:51	65	00:22:49	00:20:07	64	00:21:35	00:19:02	68	00:21:47	00:19:12	67	00:21:34	00:19:01	68	0						
6	Mark	Hayward	M	527	00:36:31	00:35:45	75	00:34:41	00:33:57	79	0	0	0	00:17:20	00:16:58	76	0	0	0	00:17:30	00:17:08	75	00:18:09	00:17:46	73	00:17:52	00:17:29	74	0	15/10/17	Peterborough Ha	01:19:46	1:19:10	75	
7	Hannah	Pollard	F	501	00:43:10	00:42:36	71	00:42:27	00:41:54	72	0	0	0	00:21:11	00:20:54	71	00:20:57	00:20:51	72	00:20:53	00:20:37	72	00:21:01	00:20:45	71	00:20:50	00:20:34	72	0						
8	Neil	Pollard	M	472	0	0	0	00:34:29	00:33:05	81	0	0	0	00:17:21	00:16:37	78	00:17:21	00:16:39	78	00:16:59	00:16:17	79	00:17:30	00:16:47	77	00:17:04	00:16:22	79	0						
9	James	Thomson	J	465	0	0	0	00:39:00	00:38:54	69	0	0	0	00:18:30	00:18:27	70	00:19:19	00:19:16	67	00:19:09	00:19:06	68	00:19:24	00:19:21	67	00:19:51	00:19:48	65	0	01/10/17	Hertfordshire 10k	00:45:02	0:44:55	59	
10	Elizabeth	Barter	F	461	00:48:06	00:48:06	63	00:47:41	00:47:41	64	00:43:35	00:43:35	70	00:22:26	00:22:26	66	00:22:19	00:22:19	66	00:22:06	00:22:06	67	00:22:38	00:22:38	65	0	0	0	0	0	0	0	0	0	
11	Belinda	Schofield	F	438	00:56:24	00:43:39	70	00:53:03	00:41:09	74	00:51:19	00:39:43	76	0	0	0	0	0	0	00:25:01	00:20:08	74	00:26:56	00:20:50	71	00:26:18	00:20:21	73	0						
12	Nicky	Chapman	F	437	00:42:46	00:42:21	72	00:42:20	00:41:56	72	0	0	0	00:20:29	00:20:17	73	00:20:30	00:20:18	73	00:20:19	00:20:07	74	0	0	0	0	0	0	0	0	0	0	0		
13	Isabel	Vincente	F	437	01:02:37	00:55:58	54	00:59:07	00:52:50	57	00:52:58	00:47:20	64	00:29:05	00:26:00	57	00:28:09	00:25:09	59	00:34:18	00:30:39	48	00:42:19	00:37:49	39	00:28:15	00:25:15	59	0						
14	Stephen	Edwards	M	434	00:44:33	00:39:20	70	00:41:05	00:35:21	76	0	0	0	00:21:05	00:18:09	71	00:20:38	00:17:45	73	0	0	0	00:20:58	00:18:03	71	00:20:27	00:17:36	75	0						
15	Sarah	Sales	F	430	0	0	0	00:52:40	00:48:08	63	00:51:06	00:46:52	65	00:27:06	00:24:46	63	00:27:24	00:25:02	59	00:26:28	00:24:11	61	00:26:55	00:24:09	61	00:26:25	00:23:14	64	0	22/10/17	Cambridge Town	00:52:56	0:48:09	62	
16	Jennifer	Osburn	F	428	01:11:55	00:49:23	61	01:14:00	00:50:49	61	01:08:16	00:46:52	65	00:36:36	00:25:08	59	00:35:59	00:24:42	60	0	0	0	00:35:04	00:24:05	61	0	0	0	0	01/10/17	Abingdon 10k	01:12:32	0:48:36	62	
17	Martyn	Taylor	M	424	00:37:42	00:36:54	73	00:36:27	00:35:41	75	0	0	0	00:18:40	00:18:16	71	00:19:18	00:18:53	68	00:19:22	00:18:57	69	00:19:07	00:18:43	69	0	0	0	0	0	0	0	0		
18	Stephen	Dockenill	M	416	0	0	0	00:29:10	00:27:34	71	00:37:45	00:38:13	74	00:19:37	00:18:49	69	00:19:53	00:19:04	69	0	0	0	00:20:10	00:19:21	67	00:20:07	00:19:18	67	0						
19	Pearl	Fay	F	414	01:02:16	00:50:13	60	01:01:45	00:49:48	61	00:59:31	00:48:00	63	0	0	0	00:32:21	00:26:05	57	00:31:26	00:25:21	58	00:32:52	00:25:49	57	00:31:27	00:25:22	58	0						
20	Malcolm	Osburn	M	395	00:54:59	00:40:42	66	0	0	0	00:51:10	00:37:52	71	00:28:07	00:19:20	67	00:26:35	00:19:41	66	0	0	0	00:27:51	00:20:37	63	0	0	0	0	01/10/17	Abingdon 10k	00:57:05	0:42:15	62	
21	Jeremy	Reader	M	381	00:43:07	00:39:50	67	00:42:40	00:39:25	68	0	0	0	00:23:18	00:21:32	60	00:22:00	00:20:20	63	00:22:39	00:20:56	62	00:22:43	00:20:59	61	0	0	0	0	0	0	0	0		
22	Neil	Sales	M	378	0	0	0	00:47:11	00:41:16	65	00:47:53	00:41:53	64	00:23:16	00:20:21	63	00:23:33	00:20:36	63	00:24:24	00:21:21	60	0	0	0	0	0	0	0	0	0	0	0	0	
23	Carol	McIntosh	F	360	01:11:55	00:52:31	58	0	0	0	0	0	0	00:33:13	00:24:15	61	00:32:99	00:23:29	63	00:33:31	00:24:28	60	00:32:52	00:24:00	62	0	15/10/17	Lakeheneth Natu	01:14:26	0:53:18	56				
24	Puth	Eberhardt	M	348	0	0	0	00:44:26	00:42:07	72	0	0	0	00:23:18	00:21:32	60	00:22:39	00:20:56	62	00:23:03	00:21:51	68	00:23:09	00:21:57	67	0	0	0	0	0	0	0	0		
25	Deryn	Clair	M	335	00:31:43	00:31:13	83	0	0	0	0	0	0	00:16:06	00:15:51	81	0	0	0	0	0	0	00:16:14	00:15:58	81	0	0	0	0	0	0	0	0		
26	Neville	Clarke	M	329	00:44:38	00:34:57	72	00:41:13	00:32:17	83	00:39:04	00:30:36	88	00:20:23	00:15:58	81	0	0	0	00:21:01	00:20:55	62	00:20:46	00:20:40	62	00:20:31	00:20:25	63	0	0	0	0	0	0	0
27	Jamie	Rule	M	310	0	0	0	00:44:36	00:44:23	60	0	0	0	00:21:01	00:20:55	62	0	0	0	00:20:44	00:20:38	63	00:20:46	00:20:40	62	00:20:31	00:20:25	63	0	0	0	0	0	0	0
28	Jackie	Hall	F	304	00:51:50	00:50:27	60	00:49:38	00:48:19	63	0	0	0	00:25:54	00:25:13	59	00:24:30	00:23:51	62	00:25:17	00:24:37	60	0	0	0	0	0	0	0	0	0	0	0	0	
29	John	Holmes	F	303	0	0	0	00:29:14	00:24:51	63	00:29:14	00:24:51	63	00:30:06	00:25:37	58	00:27:51	00:23:41	63	00:28:56	00:24:36	58	0	0	0	0	0	0	0	0	0	0	0	0	
30	Jon	Brooker	F	302	00:40:53	00:35:28	76	0	0	0	00:38:32	00:33:26	80	00:20:13	00:17:32	74	0	0	0	00:20:41	00:17:57	72	0	0	0	0	0	0	0	0	0	0	0	0	
31	Richard	Groom	M	302	0	0	0	00:45:34	00:43:04	62	00:44:45	00:42:18	63	00:22:39	00:21:24	60	00:23:00	00:21:44	59	00:23:39	00:22:21	58	0	0	0	0	0	0	0	0	0	0	0	0	
32	Chris	Howell	M	296	0	0	0	00:19:27	00:17:42	73	00:45:06	00:35:57	75	0	0	0	00:20:16	00:18:26	70	00:19:31	00:17:45	73	0	0	0	0	0	0	0	0	0	0	0	0	
33	Alan	Shand	M	271	00:50:01	00:39:52	67	0	0	0	00:49:07	00:39:09	69	00:22:51	00:22:51	65	00:23:47	00:23:47	62	00:22:44	00:22:44	65	00:22:47	00:22:47	65	0	0	0	0	0	0	0	0		
34	Rebecca	Oettle	F	257	0	0	0	00:49:35	00:42:19	63	0	0	0	00:30:59	00:29:59	49	00:29:26	00:28:48	53	0	0	0	00:24:01	00:20:30	63	0	00:23:33	00:20:06	64	0	24/09/17	Jolly Jaggers 10k	00:46:24	0:39:36	66
35	Brian	Mums	M	256	0	0	0	00:49:35	00:42:19	63	0	0	0	00:30:59	00:29:59	49	00:29:26	00:28:48	53	0	0	0	00:24:01	00:20:30	63	0	00:23:33	00:20:06	64	0	0	0	0	0	0
36	Lisa	Warrington	F	254	01:00:02	00:58:45	52	01:01:24	01:00:05	50	0	0	0	00:36:22	00:32:06	46	00:36:35	00:32:18	46	00:40:01	00:35:20	42	00:35:00	00:30:54	48	0	0	0	0	0	0	0	0		
37	Jackie	Henley	F	235	01:05:06	00:57:28	53	0	0	0	0	0	0	00:25:46	00:25:20	58	00:26:05																		