

# Newmarket Joggers: Members' Grand Prix Championship 2017

Age adjusted times calculated using WMA 2006 and WMA 2010 tables and based on age at the start of the year.  
 Excel macros and tables derived from <http://www.howardrubb.co.uk/athletics/wmalookup06.html> and used with permission.  
 All queries to: debbie@newmarketjoggers.co.uk  
 (Don't forget to let Debbie know when you're playing your wild card one week before the event)



| Race Date |             | XC Stowmarket 15/01/2017 |        |           | XC Bury 19/02/2017 |               |     | XC Hawerhill 26/03/2017 |               |     | KH Impington 04/04/2017 |               |     | KH Ely 11/05/2017 |               |     | KH Salford Walden 29/06/2017 |               |     | KH Hawerhill 13/07/2017 |               |     | KH C&C 03/08/2017 |               |     | XC Framingham TBA |               |     | Wildcard race |       |      |               |     |
|-----------|-------------|--------------------------|--------|-----------|--------------------|---------------|-----|-------------------------|---------------|-----|-------------------------|---------------|-----|-------------------|---------------|-----|------------------------------|---------------|-----|-------------------------|---------------|-----|-------------------|---------------|-----|-------------------|---------------|-----|---------------|-------|------|---------------|-----|
| Place     | Firstname   | Surname                  | Gender | Total Pts | Gun time           | Adjusted time | Pts | Gun time                | Adjusted time | Pts | Gun time                | Adjusted time | Pts | Gun time          | Adjusted time | Pts | Gun time                     | Adjusted time | Pts | Gun time                | Adjusted time | Pts | Gun time          | Adjusted time | Pts | Gun time          | Adjusted time | Pts | Date          | Event | Time | Adjusted time | Pts |
| 1         | Clive       | Purbrook                 | M      | 580       | 00:46:31           | 00:37:05      | 72  | 00:43:58                | 00:35:03      | 77  | 00:42:15                | 00:33:41      | 70  | 00:22:49          | 00:18:11      | 71  | 00:23:05                     | 00:18:24      | 70  | 00:22:48                | 00:18:11      | 71  | 00:23:32          | 00:18:46      | 69  | 00:23:00          | 00:18:20      | 70  | 0             | 0     | 0    | 0             |     |
| 2         | Helen       | Wass                     | F      | 564       | 00:49:25           | 00:43:05      | 70  | 00:47:55                | 00:41:47      | 73  | 00:47:05                | 00:41:03      | 74  | 00:24:21          | 00:21:14      | 70  | 00:24:46                     | 00:21:36      | 69  | 00:24:03                | 00:20:58      | 71  | 00:24:52          | 00:21:41      | 69  | 00:24:29          | 00:21:21      | 69  | 0             | 0     | 0    | 0             |     |
| 3         | Chris       | Wylmer                   | M      | 557       | 00:57:45           | 00:44:00      | 61  | 00:53:54                | 00:48:13      | 65  | 00:52:06                | 00:39:42      | 66  | 00:27:17          | 00:20:47      | 63  | 00:27:48                     | 00:21:11      | 60  | 00:26:44                | 00:20:22      | 63  | 00:27:53          | 00:21:15      | 61  | 00:29:38          | 00:23:35      | 57  | 0             | 0     | 0    | 0             |     |
| 4         | Jim         | Winters                  | M      | 533       | 00:53:49           | 00:42:32      | 63  | 00:50:09                | 00:38:38      | 68  | 00:48:56                | 00:38:40      | 68  | 00:24:18          | 00:19:13      | 67  | 00:24:48                     | 00:19:36      | 64  | 00:24:26                | 00:19:18      | 67  | 00:24:43          | 00:19:32      | 66  | 00:24:38          | 00:19:20      | 67  | 0             | 0     | 0    | 0             |     |
| 5         | Giles       | Macrow                   | M      | 529       | 00:49:21           | 00:43:31      | 62  | 00:47:25                | 00:41:48      | 64  | 00:42:38                | 00:37:35      | 71  | 00:22:31          | 00:19:51      | 65  | 00:22:49                     | 00:20:07      | 64  | 00:21:35                | 00:19:02      | 68  | 00:21:47          | 00:19:12      | 67  | 00:21:34          | 00:19:01      | 68  | 0             | 0     | 0    | 0             |     |
| 6         | Hannah      | Pollard                  | F      | 501       | 00:43:10           | 00:42:36      | 71  | 00:42:27                | 00:41:54      | 72  | 00:40:41                | 00:35:21      | 76  | 00:21:11          | 00:20:54      | 71  | 00:20:57                     | 00:20:41      | 72  | 00:20:53                | 00:20:37      | 72  | 00:21:01          | 00:20:45      | 71  | 00:20:50          | 00:20:34      | 72  | 0             | 0     | 0    | 0             |     |
| 7         | Neil        | Pollard                  | M      | 472       | 0                  | 0             | 0   | 00:34:29                | 00:33:05      | 61  | 0                       | 0             | 0   | 00:17:19          | 00:16:37      | 78  | 00:17:21                     | 00:16:59      | 79  | 00:16:59                | 00:16:17      | 79  | 00:17:30          | 00:16:47      | 77  | 00:17:04          | 00:16:22      | 77  | 0             | 0     | 0    | 0             |     |
| 8         | Elizabeth   | Barter                   | F      | 461       | 00:48:06           | 00:48:06      | 63  | 00:47:41                | 00:47:41      | 64  | 00:43:35                | 00:43:35      | 70  | 00:22:26          | 00:22:26      | 66  | 00:22:19                     | 00:22:19      | 66  | 00:22:06                | 00:22:06      | 67  | 00:22:38          | 00:22:38      | 65  | 0                 | 0             | 0   | 0             | 0     | 0    | 0             |     |
| 9         | Mark        | Hayward                  | M      | 452       | 00:36:31           | 00:35:45      | 75  | 00:34:41                | 00:33:57      | 79  | 0                       | 0             | 0   | 00:17:20          | 00:16:58      | 76  | 0                            | 0             | 0   | 00:17:30                | 00:17:08      | 75  | 00:18:09          | 00:17:46      | 73  | 00:17:52          | 00:17:29      | 74  | 0             | 0     | 0    | 0             |     |
| 10        | Belinda     | Schofield                | F      | 438       | 00:56:24           | 00:43:39      | 70  | 00:53:09                | 00:41:08      | 74  | 00:51:19                | 00:39:43      | 76  | 0                 | 0             | 0   | 00:20:30                     | 00:20:18      | 73  | 00:20:31                | 00:20:30      | 74  | 00:20:56          | 00:20:50      | 71  | 00:26:18          | 00:20:21      | 73  | 0             | 0     | 0    | 0             |     |
| 11        | Nicky       | Chapman                  | F      | 437       | 00:42:46           | 00:42:21      | 72  | 00:42:20                | 00:41:56      | 72  | 0                       | 0             | 0   | 00:20:29          | 00:20:17      | 73  | 00:20:30                     | 00:20:18      | 73  | 00:20:19                | 00:20:07      | 74  | 0                 | 0             | 0   | 00:20:55          | 00:20:23      | 73  | 0             | 0     | 0    | 0             |     |
| 12        | Isabel      | Vincentes                | F      | 437       | 01:02:37           | 00:55:58      | 54  | 00:59:07                | 00:52:50      | 57  | 00:52:58                | 00:47:20      | 64  | 00:28:05          | 00:26:00      | 57  | 00:28:09                     | 00:25:09      | 59  | 00:34:18                | 00:30:39      | 48  | 00:42:19          | 00:37:49      | 39  | 00:28:15          | 00:25:15      | 59  | 0             | 0     | 0    | 0             |     |
| 13        | Stephen     | Edwards                  | M      | 434       | 00:44:33           | 00:38:20      | 70  | 00:41:05                | 00:35:21      | 76  | 0                       | 0             | 0   | 00:21:05          | 00:18:09      | 71  | 00:20:38                     | 00:17:45      | 73  | 0                       | 0             | 0   | 00:20:58          | 00:18:03      | 71  | 00:20:27          | 00:17:36      | 73  | 0             | 0     | 0    | 0             |     |
| 14        | Marty       | Taylor                   | M      | 424       | 00:37:42           | 00:36:54      | 73  | 00:36:27                | 00:35:41      | 75  | 0                       | 0             | 0   | 00:16:40          | 00:16:16      | 71  | 00:16:40                     | 00:16:16      | 71  | 00:19:18                | 00:18:53      | 68  | 00:19:22          | 00:18:57      | 68  | 00:19:07          | 00:18:43      | 69  | 0             | 0     | 0    | 0             |     |
| 15        | Paul        | Dockerill                | M      | 416       | 0                  | 0             | 0   | 00:39:10                | 00:37:34      | 71  | 00:37:45                | 00:36:13      | 74  | 00:19:37          | 00:18:49      | 68  | 00:18:53                     | 00:19:04      | 68  | 0                       | 0             | 0   | 00:20:10          | 00:19:21      | 67  | 00:20:07          | 00:19:18      | 67  | 0             | 0     | 0    | 0             |     |
| 16        | Pearl       | Fay                      | F      | 414       | 01:02:16           | 00:50:13      | 60  | 01:01:45                | 00:49:48      | 61  | 00:59:31                | 00:48:00      | 63  | 0                 | 0             | 0   | 00:32:21                     | 00:26:05      | 57  | 00:31:26                | 00:25:21      | 58  | 00:32:01          | 00:25:49      | 57  | 00:31:27          | 00:25:22      | 58  | 0             | 0     | 0    | 0             |     |
| 17        | James       | Thomson                  | M      | 406       | 0                  | 0             | 0   | 00:39:00                | 00:38:54      | 69  | 0                       | 0             | 0   | 00:18:30          | 00:18:27      | 70  | 00:19:19                     | 00:19:16      | 67  | 00:19:09                | 00:19:06      | 68  | 00:19:24          | 00:19:21      | 67  | 00:19:51          | 00:19:48      | 65  | 0             | 0     | 0    | 0             |     |
| 18        | Reader      | Sales                    | M      | 361       | 00:43:07           | 00:39:50      | 67  | 00:42:40                | 00:39:25      | 68  | 0                       | 0             | 0   | 00:42:40          | 00:39:25      | 68  | 0                            | 0             | 0   | 00:42:40                | 00:39:25      | 68  | 00:42:40          | 00:39:25      | 68  | 00:42:40          | 00:39:25      | 68  | 0             | 0     | 0    | 0             |     |
| 19        | Mike        | Salles                   | M      | 378       | 0                  | 0             | 0   | 00:47:11                | 00:41:16      | 65  | 00:47:53                | 00:41:53      | 64  | 00:23:16          | 00:20:21      | 63  | 00:23:33                     | 00:20:36      | 63  | 00:23:17                | 00:20:22      | 63  | 00:24:24          | 00:21:21      | 60  | 0                 | 0             | 0   | 0             | 0     | 0    | 0             |     |
| 20        | Sarah       | Sabon                    | F      | 368       | 0                  | 0             | 0   | 00:52:40                | 00:48:08      | 60  | 00:52:70                | 00:44:46      | 60  | 00:27:24          | 00:25:02      | 59  | 00:27:24                     | 00:25:02      | 59  | 00:26:28                | 00:24:11      | 61  | 00:26:25          | 00:24:09      | 61  | 00:25:25          | 00:23:14      | 64  | 0             | 0     | 0    | 0             |     |
| 21        | Jennifer    | Osborn                   | F      | 366       | 01:11:55           | 00:49:23      | 61  | 01:14:00                | 00:50:49      | 60  | 01:08:16                | 00:46:52      | 65  | 00:38:36          | 00:25:08      | 59  | 00:35:59                     | 00:24:42      | 60  | 0                       | 0             | 0   | 00:35:04          | 00:24:05      | 61  | 0                 | 0             | 0   | 0             | 0     | 0    | 0             |     |
| 22        | Ruth        | Eberhardt                | F      | 348       | 0                  | 0             | 0   | 00:44:26                | 00:42:07      | 72  | 0                       | 0             | 0   | 00:16:28          | 00:15:12      | 72  | 00:16:28                     | 00:15:12      | 72  | 00:22:28                | 00:21:19      | 69  | 00:22:03          | 00:21:51      | 68  | 00:23:09          | 00:21:57      | 67  | 0             | 0     | 0    | 0             |     |
| 23        | Denys       | Oleif                    | M      | 335       | 00:31:43           | 00:31:13      | 86  | 00:31:19                | 00:30:49      | 87  | 0                       | 0             | 0   | 00:16:06          | 00:15:51      | 81  | 0                            | 0             | 0   | 00:16:14                | 00:15:58      | 81  | 0                 | 0             | 0   | 0                 | 0             | 0   | 0             | 0     | 0    | 0             | 0   |
| 24        | Malcolm     | Osborn                   | M      | 333       | 00:54:59           | 00:40:42      | 66  | 00:51:10                | 00:37:52      | 71  | 00:56:07                | 00:42:02      | 67  | 00:26:07          | 00:19:20      | 67  | 00:26:35                     | 00:19:41      | 66  | 0                       | 0             | 0   | 00:27:51          | 00:20:37      | 62  | 0                 | 0             | 0   | 0             | 0     | 0    | 0             |     |
| 25        | Neil        | Clarke                   | M      | 329       | 00:44:38           | 00:34:57      | 77  | 00:41:13                | 00:32:17      | 63  | 00:39:04                | 00:30:36      | 86  | 00:20:23          | 00:15:58      | 81  | 0                            | 0             | 0   | 00:20:23                | 00:15:58      | 81  | 0                 | 0             | 0   | 0                 | 0             | 0   | 0             | 0     | 0    | 0             | 0   |
| 26        | Jamie       | Rule                     | M      | 310       | 0                  | 0             | 0   | 00:44:36                | 00:44:23      | 63  | 0                       | 0             | 0   | 00:21:01          | 00:20:55      | 62  | 0                            | 0             | 0   | 00:20:44                | 00:20:38      | 63  | 00:20:46          | 00:20:40      | 62  | 00:20:31          | 00:20:25      | 63  | 0             | 0     | 0    | 0             |     |
| 27        | Jackie      | Hall                     | F      | 304       | 00:51:50           | 00:50:27      | 58  | 00:49:38                | 00:48:19      | 63  | 0                       | 0             | 0   | 00:25:54          | 00:25:13      | 59  | 00:24:30                     | 00:23:51      | 62  | 00:25:17                | 00:24:37      | 60  | 0                 | 0             | 0   | 0                 | 0             | 0   | 0             | 0     | 0    | 0             | 0   |
| 28        | Carol       | Michosh                  | F      | 304       | 01:11:55           | 00:52:31      | 58  | 0                       | 0             | 0   | 00:18:02                | 00:16:55      | 78  | 00:18:17          | 00:17:09      | 75  | 0                            | 0             | 0   | 00:33:09                | 00:32:39      | 63  | 00:33:31          | 00:34:28      | 60  | 00:32:52          | 00:34:00      | 62  | 0             | 0     | 0    | 0             |     |
| 29        | Holmes      | Brooker                  | M      | 302       | 00:40:53           | 00:35:28      | 76  | 0                       | 0             | 0   | 00:29:14                | 00:24:51      | 63  | 00:30:08          | 00:25:37      | 58  | 00:27:51                     | 00:23:41      | 63  | 00:28:56                | 00:24:36      | 60  | 00:28:56          | 00:24:36      | 60  | 00:27:55          | 00:23:44      | 62  | 0             | 0     | 0    | 0             |     |
| 30        | Jon         | Brooker                  | M      | 302       | 00:40:53           | 00:35:28      | 76  | 0                       | 0             | 0   | 00:20:13                | 00:17:32      | 74  | 0                 | 0             | 0   | 00:20:41                     | 00:17:57      | 72  | 0                       | 0             | 0   | 0                 | 0             | 0   | 0                 | 0             | 0   | 0             | 0     | 0    | 0             |     |
| 31        | Richard     | Groom                    | M      | 302       | 0                  | 0             | 0   | 00:45:34                | 00:43:04      | 62  | 00:44:45                | 00:42:18      | 63  | 00:22:39          | 00:21:24      | 60  | 00:23:00                     | 00:21:44      | 59  | 00:23:39                | 00:22:21      | 58  | 0                 | 0             | 0   | 00:20:11          | 00:18:22      | 70  | 0             | 0     | 0    | 0             |     |
| 32        | Chris       | Howell                   | M      | 286       | 0                  | 0             | 0   | 00:19:27                | 00:17:42      | 73  | 00:20:16                | 00:18:26      | 70  | 00:19:31          | 00:17:45      | 73  | 0                            | 0             | 0   | 00:19:31                | 00:17:45      | 73  | 0                 | 0             | 0   | 00:20:11          | 00:18:22      | 70  | 0             | 0     | 0    | 0             |     |
| 33        | Rian        | Shand                    | M      | 271       | 00:50:01           | 00:39:52      | 67  | 00:49:07                | 00:39:09      | 69  | 00:45:06                | 00:35:57      | 75  | 0                 | 0             | 0   | 00:22:51                     | 00:22:51      | 65  | 00:23:47                | 00:23:47      | 65  | 00:22:47          | 00:22:47      | 65  | 0                 | 0             | 0   | 0             | 0     | 0    | 0             |     |
| 34        | Rebecca     | Oettle                   | F      | 257       | 0                  | 0             | 0   | 00:22:51                | 00:22:51      | 65  | 00:23:47                | 00:23:47      | 65  | 00:22:44          | 00:22:44      | 65  | 00:22:47                     | 00:22:47      | 65  | 0                       | 0             | 0   | 00:29:00          | 00:28:23      | 52  | 0                 | 0             | 0   | 0             | 0     | 0    | 0             |     |
| 35        | Lisa        | Winnington               | F      | 254       | 01:00:02           | 00:58:45      | 52  | 01:01:24                | 01:00:05      | 50  | 0                       | 0             | 0   | 00:30:39          | 00:29:59      | 49  | 00:29:26                     | 00:28:48      | 51  | 0                       | 0             | 0   | 00:35:00          | 00:30:54      | 48  | 0                 | 0             | 0   | 0             | 0     | 0    | 0             |     |
| 36        | Jackie      | Henley                   | F      | 236       | 01:05:06           | 00:57:28      | 53  | 0                       | 0             | 0   | 00:36:22                | 00:32:06      | 48  | 00:36:35          | 00:32:18      | 46  | 00:40:01                     | 00:35:20      | 42  | 00:35:00                | 00:30:54      | 48  | 0                 | 0             | 0   | 0                 | 0             | 0   | 0             | 0     | 0    | 0             | 0   |
| 37        | Svetlana    | Zinchenko                | F      | 233       | 00:51:22           | 00:50:20      | 62  | 0                       | 0             | 0   | 00:25:46                | 00:25:20      | 58  | 00:28:05          | 00:25:38      | 58  | 00:30:35                     | 00:27:37      | 47  | 00:30:23                | 00:27:26      | 47  | 00:30:23          | 00:27:26      | 47  | 0                 | 0             | 0   | 0             | 0     | 0    | 0             |     |
| 38        | Christopher | Bellwood                 | M      | 230       | 0                  | 0             | 0   | 00:31:46                | 00:28:41      | 45  | 00:31:49                | 00:28:43      | 45  | 00:30:49          | 00:27:49      | 46  | 00:30:35                     | 00:27:37      | 47  | 00:30:23                | 00:27:26      | 47  | 00:30:23          | 00:27:26      | 47  | 0                 | 0             | 0   | 0             | 0     | 0    | 0             |     |
| 39        | Simon       | Harris                   | M      | 225       | 0                  | 0             | 0   | 00:18:02                | 00:16:55      | 78  | 00:18:17                | 00:17:09      | 75  | 0                 | 0             | 0   | 00:33:09                     | 00:32:39      | 63  | 00                      |               |     |                   |               |     |                   |               |     |               |       |      |               |     |