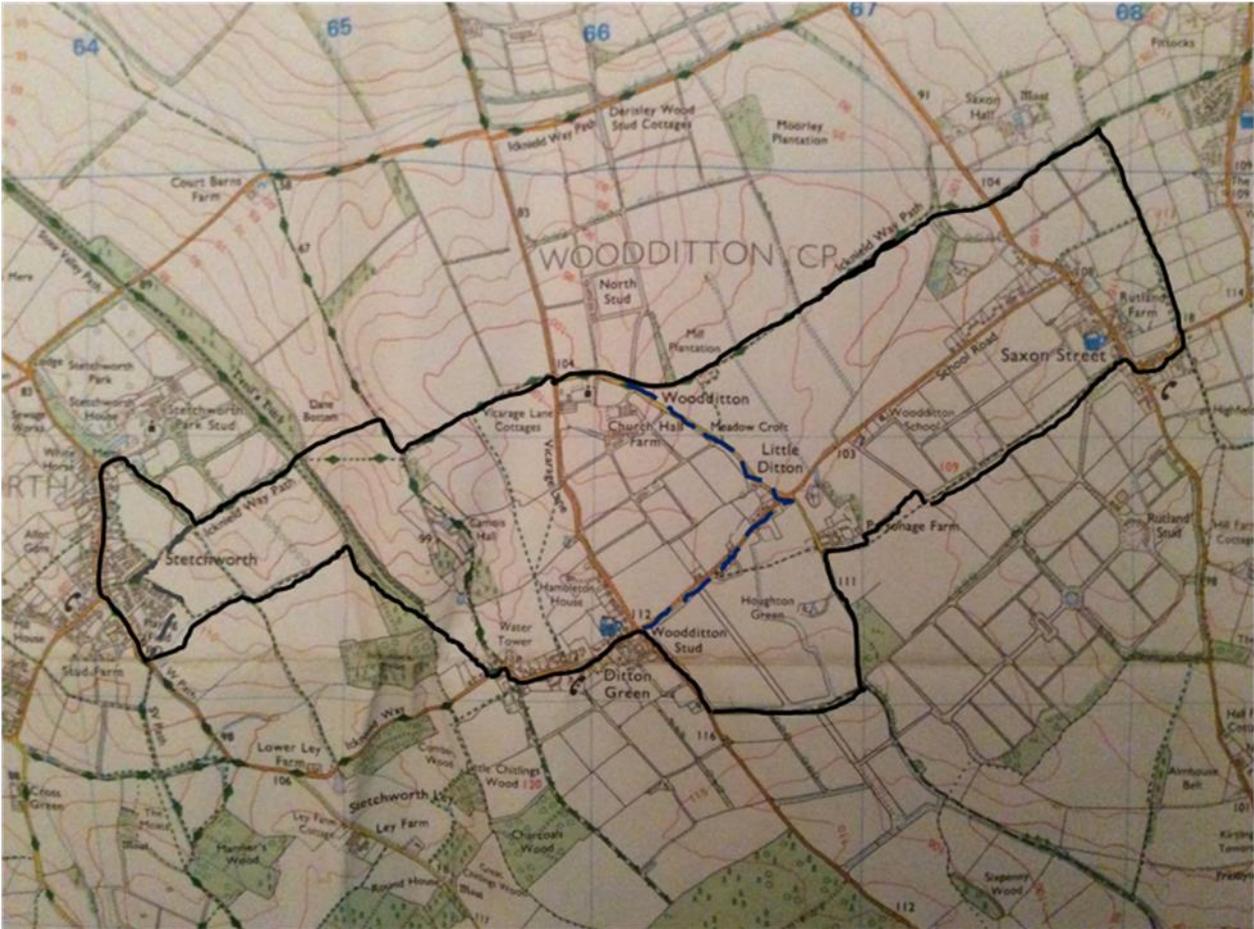


Stetchworth 7 mile route.

1. Go across the leisure centre playing field and through gap in hedge (top right).
2. Run down field turn right and then shortly go through a gap in the hedge on the left (**Note path can be rutted here**) continue straight on down the field along hedge (with hedge on your left) and then enter wood.
3. Follow path through wood and then go diagonally across the field and then down a small path and reach the road. First meeting point
4. Turn left and follow 10k route through village turning right at the cross road and then left up the path (**again path can be rutted just before stud**) and around the back of the stud, after gate turn left and continue down track and just prior to the 10 k water stop turn right by the wedding venue and follow path around the side of the field.
5. At the bottom of the field go through the hedge and follow path through the stud fields and then passing cottages on left. Go through gate in picket fence and meet at the road. 2nd meet point.
6. Turn right and then immediately left follow road around to the left and just before the speed limit signs go through the gate, follow path through stud.
7. Go through the gate just past stable buildings turn left and run down the hedge lined path (**again path can be rutted**). Next cross the road, going through the kissing gate across the field through a small wooded area.
8. Continue up the track eventually briefly rejoining the 10 k route passing the church which is on the left.
9. At T junction go straight across the road and down the farm track, bearing right at the bottom of the hill, then after about 400 metres turn left and run up a clear path between two fields.
10. Go across the dyke and continue up the fields turning right at the top of the second field down a tree lined path. Can be cut short here by continuing straight on and turning left at top of third field just past hedge.
11. At road turn left and then left onto the high street, continue up the high street passing the pub and continue along the road to the Ellesmere centre.
12. Option to meet at the Pub afterwards for a drink.

Stetchworth run 4.3 mile option (follow dashed blue lines)

1. As 7 mile option until point 4. Instead of turning right at the crossroads continue straight on and turn left at the next cross roads (Maypole lane) and follow road around passing church on the left.
2. At T junction go straight across the road and down the farm track, bearing right at the bottom of the hill, then after about 400 yards turn left and run up a clear path between two fields.
3. Go across the dyke turning left at top of third field immediately past hedge.
4. Continue along back of gardens coming out at the top of the playing fields.
5. Option to meet at the Pub afterwards for a drink.



Black line- 7 mile route
Blue dashed lines- 4.3 mile route