

2013 - 2014 5k HANDICAP

RESULTS

NAME	SB	01.10.13	05.11.13	03.12.13	07.01.14	04.02.14	04.03.14	01.04.14
Paul Holley	16:14					16:44	16:40	16:14
Denys Olefir	16:25	16:25	16:44					
Martyn Taylor	17:20						17:36	17:20
Sam Sadler	17:24	17:26	17:40	17:57	18.21	17:53	17:27	17:24
Chris Gay	17:47	18:09			18.29	18:00	17:47	
Robin Clifford	17:51						17:51	
Ben Blowes	17:55		19:03	19:10		18:06	17:55	
Ben Jay	18:13	18:13		18:40			18:20	
Joe Sadler	18:15	20:45		18:48		18:38		18:15
Alex Cairns	18:30	18:30	18:43		19.02			
Michael Stead	18:41					19:36		18:41
Simon Harris	18:45					19:19	18:45	
Jason Beeton	18:54		19:37	18:54				
Alan Fayle	18:59		18:59					
Ursula Ransom	19:23			19:31				19:23
Nick Conway	19:24	19:24						
Kevin Connolly	19:30						19:30	
Neil Williamson	19:33					19:33		
Justin Long	19:34	19:41					19:34	
Nik Chapman	19:56							19:56
Nicky Chapman	20:33	21:38		21:40		21:31	20:57	20:33
Marcus Hall	20:36							20:36
Joanna Cole	20:38				21:35	20:38		
Adrian Whittle	20:53							20:53
Paul Francis	21:02					21:02		
Grainne Brennan	21:03			21:37				21:03
Edward Hodson	21:04		21:49	21:04				
David Smith	21:22							21:22
Marcus Gynn	21:24	22:43						21:24
Alan Adams	21:28	21:53	21:42	21:28	21.55	22:35		22:10
Kristopher Locke	21:33					21:33		
Paul Dockerill	21:37		23:24	21:50	21.58			21:37
Manuel Marchi	21:37					25:53	22:42	21:37
David Cheese	21:40	22:55	22:18	22:30		22:10		21:40
Charles Shoolbred	21:46	22:09	22:05	21:46	22.41	22:56		22:05
Steve Cousins	22:08	22:08						
Julie Sheldrick	22:16							22:16
Effie Gray	23:01				23:01		23:38	
Clive Purbrook	23:05					25:14	23:44	23:05
Peter Cotton	23:32	23:32						
Dominic Doe	23:32		23:50				23:32	
Mark Kent	23:49	23:49	24:58					
Jim Withers	24:18							24:18
Emilie Girard	24:37							24:37
Charles Bell	24:49			24:49				
Carolynn Anderson	25:02			25:02	25.57			
Natasha Jones	25:32					26:35	25:32	
Bee Chapman	25:46	25:46						
Mike Sales	25:54			31:05	26.32			25:54
Jo Cracknell	26:10			26:10				
Brian Munns	26:48							26:48
Svitlana Zinchenko	27:23							27:23
Mary Marsh	27:54	27:54						
Angela Barnes	27:54				30.12	28:20	27:54	
Malcolm Osbourn	28:00							28:00
Chris Aylmer	28:20	28:20						
Gillian Green	28:24						29:02	28:24
Isabel Vincente	28:35	28:35	29:54					30:46
Sarah Sales	29:07			31:02	30.58			29:07
Michelle Barnes	29:31				30.59			29:31
Pearl Fay	30:32							30:32
Lisa Winnington	31:15							31:15
Debbie Town	31:58							31:58
Leigh Hall	32:40							32:40
Jenny Osbourn	33:42							33:42
Debbie Read	33:59							33:59
Kirsty Bonham	34:09							34:09
Kate Noakes	39:17							39:17
Keith Page	43:16							43:16

Fastest time overall for 2013/2014 Paul Holley 16:14 & Female Ursula Ransom 19:23