

FEBRUARY TRAINING SCHEDULE



Sunday	Mon	Tuesday	Weds	Thursday	Fri	Sat
			1	2 Yellow Brick Rd, Studlands & Exning	3	4
5	6	7 5K Handicap night timekeepers & helpers required contact Greg 0773 6635469	8	9 Exning & Ducks Lane, Studlands, Fordham Rd (option of Bury Road) Committee Meeting	10	11
12 St Valentine's 30k www.stamfordstriders.co.uk	13	14 Cherry Tree/Hamilton Road/Rowley Drive/Efforts Smilers Hill	15	16 Smilers Hill, Clocktower, Bury Rd, Granby Street, Wooditton Rd.	17	18
19 Bungay XC Suffolk League – Meet 9.15am Leisure Centre for car share. All Welcome. Club vest must be worn	20	21 Track session- Scaltback School, Meet to leave 6.20pm Leisure Centre or at Scaltback for 6.30pm. Bring drink/water & £1 track fee	22	23 Scaltback, Hamilton Rd, Avenue, Centre Drive	24	25 National Cross Country Parliament Hill Support your club – Newmarket Joggers competing!
26 Marathon Training Run 17 Miles Upend route Meet Leisure Centre 9am. Bike support required please let Greg know if you can help: 0773 6635469	27	28 Centre Drive Training session, Kenyan Hills	29			

www.newmarketjoggers.co.uk

TRAINING SESSIONS ARE ONLY OPEN TO FULLY PAID UP MEMBERS. FOR MEMBERSHIP PLEASE CONTACT DEBBIE@NEWMARKETJOGGERS.CO.UK