

## EXNING & STUDLANDS RUN

Turn left out of the Leisure centre and follow the road all the way through to Exning down to the White Horse on the corner of Swan Lane. From the White Horse continue straight into Exning and turn left at the post office through to 1<sup>st</sup> meet point at the end of Ducks Lane.

**B** - Return back to the Leisure Centre following the exning road back into Newmarket

**I & A** - Continue back along Exning rd into Newmarket and turn into the Studlands. Continue through Studlands to the 2<sup>nd</sup> meet point on the corner of Nimbus way. From here turn right onto Fordham rd passing Tescos store down to the 3<sup>rd</sup> meet point Rays Lane. Then a last effort up Smilers hill and back home.

- MEETING POINTS
- BEGINNER/SLOWER ROUTE
- INTERMEDIATE ROUTE
- ADVANCED ROUTE

