

## BURY ROAD EFFORTS

Turn left out of the Leisure centre and ALONG Exning rd. Turn right towards Tescos to the 1<sup>st</sup> meet point at the park & ride entrance opposite Tescos. Turn right and continue to the 2<sup>nd</sup> meet point at the bottom of Bury rd by the clocktower. From here the effort session up Bury rd will be discussed.

- MEETING POINTS
- BEGINNER / SLOWER ROUTE
- INTERMEDIATE ROUTE
- ADVANCED ROUTE

